

RECOMMENDED NAPRO SURGEONS:

- occasionally, I will recommend an expedited referral to a NaPro surgeon.
- NaPro surgeons undergo the same training as a “mainstream” ObGyns, in that they complete four years of medical school and three years of a residency program.
- all NaPro surgeons must complete an additional year of specialized training in a NaPro surgical fellowship at the [St. Paul VI Institute](#) in Omaha, NE.

Pennsylvania:

[Dr. Naomi Whittaker, MD](#) sees patients through UPMC Divine Mercy Women's Health at three locations. However, she is booking new patient evaluations at least one year in advance.

- 1 Dunwoody Drive Carlisle, PA 17015, ph: 717-218-1820; FAX: 717-221-5410.
- 225 Grandview Avenue, Suite 302 Camp Hill, PA, 17011, ph: 717-988-9015
- 1824 Good Hope Rd. Enola, PA, 17025, ph: 717-988-9015

[Instagram](#) page (with lots of great education)

[Dr. William Nolan, MD](#) is working with Dr. Whittaker and also sees patients through *UPMC Divine Mercy Health*, ph: 717-988-9015. Dr. Nolan may be able to schedule new patients within a reasonable time period.

Steubenville Ohio:

[Dr. Blaise Milburn, MD](#) sees patients through the *Trinity Health System* in Steubenville, OH, ph: 740-264-8600.

Omaha, Nebraska:

[Dr. Theresa Hilgers, MD](#) sees patients through the St. Paul VI Institute in Omaha, NE.

[Dr. Catherine Keefe, MD](#) sees patients through the St. Paul VI Institute in Omaha, NE.

[Dr. Michaela Behrens, MD](#) sees patients through the St. Paul VI Institute in Omaha, NE.

The process for out of state patients is explained [here](#):
St. Paul VI Institute general phone line: ph: 402-390-6600).

EDUCATION:

- information about a NaPro *Bilateral Ovarian Wedge Resection* (BOWR) can be found [here](#).
- information explaining why a NaPro laparoscopy is superior can be found [here](#).