**Queen of Hearts Fertility Care & NaPro Technology Website**: <https://queenofheartsfertility.org/>

1. [**Home page**](https://queenofheartsfertility.org/)*(What is NaPro Technology?)* 
   * NaProTECHNOLOGYis a medical & surgical practice specialty in which a medical provider (MD, DO, PA-C, or NP) undergoes an intensive and unique training program to learn how to interpret "biomarkers" of the Creighton Model chart, in order to adequately diagnose and treat many common gynecological problems, *naturally* and in union with Catholic Church teaching.
2. [**NaPro page**](https://queenofheartsfertility.org/napro)(Examples of conditions we treat):
   * [Infertility & Recurrent Miscarriage](https://queenofheartsfertility.org/infertility)
   * [Polycystic Ovarian Syndrome](https://queenofheartsfertility.org/pcos)
   * [Endometriosis](https://queenofheartsfertility.org/endo)
   * [Amenorrhea/ Functional Hypothalamic Amenorrhea](https://queenofheartsfertility.org/fha)
   * [Premenstrual Syndrome (PMS)](https://queenofheartsfertility.org/pms)
   * Postpartum Depression
   * Chronic Pelvic Pain
   * Dysfunctional Uterine Bleeding
   * [Perimenopause & Menopause Symptoms](https://queenofheartsfertility.org/menopause)
   * Ovarian Cysts
   * Uterine Fibroids
   * [Pelvic Adhesions](https://queenofheartsfertility.org/laparoscopy)
   * Chronic vaginal discharge
3. [**CrMS page**](https://queenofheartsfertility.org/crms)**:** *(What is the Creighton Model System CrMS?)* 
   * The CrMS is a standardized method of charting a woman’s menstrual cycle.
   * A NaPro provider is trained to recognize “biomarkers” which help him/her diagnose and treat underlying gynecological conditions. The ‘biomarkers” also tell the couple when they are naturally fertile and infertile, allowing them to use the system to achieve or to avoid a pregnancy when necessary.
   * Over 30 years research has been done on the CrMS at the [St. Paul VI Institute](https://popepaulvi.com/unite/) in Omaha, NE. CrMS is the basis for NaProTECHNOLOGY services.
4. [**Laparoscopy** **Page**](https://queenofheartsfertility.org/laparoscopy): *(How are NaPro Surgeons different from Mainstream medicine ObGyn surgeons?)* 
   * NaPro Surgeons are especially trained to use a “Near-Adhesion-Free” Technique when performing their surgeries.
   * All pelvic surgeries and procedures are well-known to cause “adhesions” (scar tissue).
   * This is an expected outcome and accepted as unavoidable among mainstream ObGyn surgeons. Adhesions in the pelvic cavity are well known to cause many problems, including but not limited to: infertility, pelvic pain, and in some cases blockage of the bowels (intestinal obstruction), which can be a medical emergency.
   * NaPro surgeons use special instruments and "non-adhesive-producing" suture material. They close all areas, bury their sutures and will sometimes cover the organs with an anti-adhesion Gortex graph.
   * NaPro Surgeons also reconstruct the pelvic organs and tissues to make them appear as if they were never damaged. This is affectionally referred to as “Pelvic Plastic Surgery”.
5. [**Prayer Page**](5.%09Prayer%20Page) (to download this “NaPro Talking Points for Clergy” document)
   * Prayers I say for all of my patients daily. Please join me..
   * Men, Women & the Mystery of Love will help you teach true love.
   * JPII’s words cut to the heart because they are Truth.