

What is NaPro Technology?

NaPro Technology is a medical & surgical speciality in which a provider undergoes an unique training program to learn how to interpret "biomarkers" of a woman's menstrual cycle in order to diagnose and treat many common gynecological problems, naturally.

Conditions We Treat

- Infertility
 - Recurrent miscarriage
 - Polycystic Ovarian Syndrome
 - Endometriosis
 - Abnormal Uterine Bleeding
 - Primary Amenorrhea
 - Functional Hypothalamic Amenorrhea
 - Premenstrual Syndrome (PMS)
 - Postpartum Depression
 - Chronic Pelvic Pain
 - Ovarian Cysts
 - Perimenopause/Menopause
 - Osteoporosis
 - **Progesterone Support in Pregnancy
- **Offered by Sharon only through
<https://MyCatholicDoctor.com>

Sharon Best, PA-C, MHS

provides NaProTechnology
Gynecological services
through:

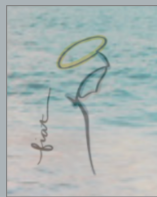
Natural Women's Health

Dr. Monique Ruberu, MD
727 Welsh Road, Ste 101
Huntingdon Valley, PA 19006
Ph: 215-939-4251

AND

MyCatholicDoctor

Telehealth
(for Florida residents only)
ph: 314-888-5233, ext 1111



For inquires:

email Sharon:
stbest8@gmail.com

<https://queenofheartsfertility.org/>

Queen of Hearts Fertility Care & Napro Technology

ProLife Gynecological Health Care & Infertility Services

Sharon Best, PA-C, MHS



Access website via QR code I

Fertility Care Practitioners who teach charting

Monica Bergeron, CFCP
monica.bergeron@mycatholicdoctor.com

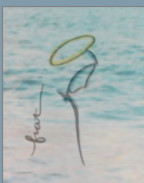
Therese Rodriguez, RN, CFCP
call/text 301-512-7451

Bernadette Powell, PA-C, CFCP
Call/Text: 864-404-8424

Gabriela Marigliano, PA-C, FCPI
Call/Text: 609-827-0211

Kaitlyn Sceski, CFCP
Call/Text: 484-889-9519

Jamie Hobor, BS, CFCP
call/text 314-888-5233, ext 1123



What is the Creighton Model System (CrMS)?

NaPro Technology services go hand-in-hand with the Creighton Model System (CrMS) of menstrual charting.

NaPro providers are trained to recognize "biomarkers" which help to adequately diagnose and treat many common underlying gynecological conditions.

The biomarkers also tell the couple when they are fertile and infertile, allowing them to use the Creighton Model System to either achieve a pregnancy or to avoid a pregnancy when necessary.

Over 30 years of research has been done at the St. Paul VI Institute in Omaha, Nebraska by Dr. Thomas Hilgers, MD.

CrMS is the cornerstone of NaPro Technology.

Fertility Care Practitioners who teach charting:

Marie DiCecco, MS, CFCP
Call/Text: 610-202-4751

Emily Parrish, RN, BSN, CFCP
Call/Text: 267-897-3891

Liz Parrish, RN, BSN, CFCP
Call/Text: 267-221-1185

Marcia Niznan, CFCP
Calls only: 610-789-4547

Helen LaFrance,, PA, CFCP
Call only: 610-436-8323

Kaitlin McCann, PA-C, FCPI
call/text 215-526-7526



Capture the QR code to read
bios of our FCPs