

Spa Retreat Custom Packages

SPA RENEWAL

50 minutes aromatherapy massage with revitalizing back treatment, 50 minutes custom facial, halotherapy salt cave session or sauna, mimosa \$260 regular price \$300

SPA DAY ESCAPE

80 minutes custom aromatherapy massage with hot stone accents. 50 minutes body wrap, 50 minutes customized facial. Mimosa and spa lunch. \$450 Regular price \$510

PLEASE CHECK THE WEBSITE FOR CURRENT SPECIALS, CALENDAR OF SALT CAVE CLASSES AND EVENTS LIKE SALT CAVE YOGA AND SOUND BATHS

Wellness Treatments

HALOTHERAPY SALT CAVE 30 mins \$30 45 mins \$35

Naturally sourced Himalayan salt produces negative ions that fight free radicals, the environment acts as a powerful anti-inflammatory, improves immune function and respiratory conditions such as asthma, allergies, bronchitis, and sinus congestion. Sessions have a calming effect and are safe for children. Groups of 6 or more receive a 20% discount.



FULL SPECTRUM INFRARED SAUNA 30 mins \$30

Infrared sauna sessions have been proven to reduce pain, assist in muscle recovery, improve cardiovascular health, burn calories and assist in collagen support and skin health.

ESSENTIAL SPA INFORMATION

SUNDAY & MONDAY CLOSED

TUESDAY - FRIDAY 9-6 | SATURDAY 9-7

Please arrive at least 15 minutes prior to your appointment, arriving late will limit your treatment time. Locker room facilities are available for use and include showers, changing room, and amenities. Our relaxation lounge or spa patio is the perfect place to unwind before or between services. Our spa is open to hotel guest as well as our local guests. We offer custom packages to groups and private events when booked in advance.

Our spa supports our guests by offering the natural products used in our services. We also offer gift cards in any dollar amount. Walk ins are welcome however we do recommend booking yours services in advance to guarantee your preferred day and time. We require a credit card at the time of booking. You may choose to pay a different way at the time of checkout. In the event that you need to cancel or reschedule your service we do require 24 hours notice to a avoid a charge of 50%. The spa charges a 20% service fee at the time of checkout, this includes a gratuity for your provider. Please let us know of any health conditions or if you are pregnant at the time of booking and your service for your protection. We welcome well behaved children into our spa to receive services as long as a parent or guardian is present. We ask that cell phones be silenced and conversations be kept at a low volume out of respect for other guests.

We Now Carry



CERTIFIED FREE OF GMO'S SYNTHETIC HERBICIDES & PESTICIDES



emerge brighter

7610 S. New Braunfels Ave. | San Antonio | TX 78235
(210) 982-4030 | eforeaspasa.com





Create Your Journey

eforea spa at Embassy Suites Brooks is a place like no other where you will reconnect with yourself and emerge brighter. Enjoy customized, results driven services utilizing local farm to treatment ingredients. Try our salt cave. Halotherapy salt cave with imported salt is a unique healing therapy inspired by the salt caves in Poland.

Massage 25 mins \$65

HEAD & FACE
Find clarity. This illuminating experience draws from mystical practices of ancient Indian massage and powerful Thai therapies.

BACK, NECK AND SHOULDER
Bring relief with this focused massage. Traditional Swedish massage and trigger point therapy bring deep relaxation in this quick pick me up.

FOOT REFLEXOLOGY
Ground yourself, this foot and legs experience combines the richness of ancient Egyptian reflexology with techniques rooted in Native American healing.

RIGHT THERE!
Enjoy customized massage in the area of your choice or add to your existing service.

Massage enhancements

Hot Stones	\$15	Hand Treatment	\$15
Cupping	\$15	Foot Treatment	\$15
Warming CBD Oil	\$15	Back Treatment	\$15

TENSION TAMER 50 mins \$120 80 mins \$170
Combination of massage techniques including Swedish, deep tissue, and trigger point may be used in this customized service.

CUSTOM MASSAGE WITH INTENTIONAL AROMATHERAPY 50 mins \$125 80 mins \$175
Create your perfect massage experience with aromatherapy. Renew and balance mind and body. Choose your aromatherapy blend and intention and enjoy the benefits of customized massage.

MUSCLE MELT STONE MASSAGE 50 mins \$140 80 mins \$185
Warm stones combine with custom massage and vitamin rich aromatherapy oil, easing muscle tension.

MOM TO BE 50 mins \$120 80 mins \$170
Prenatal massage safely relieves soreness and improves circulation and mobility by utilizing Swedish relaxation techniques. Providers will go over specific needs and concerns.

COUPLES RETREAT 50 mins \$260 80 mins \$380
Unwind and connect in our couple’s massage suite. Choose the perfect aromatherapy oil for your customized massage. 80 Minute couples salt COUPLES SALT CAVE 80 mins \$600

BACK AND FOOT REVIVE 50 mins \$135
Dry brushing exfoliates and encourages circulation, healing desert clay detoxifies and reduces inflammation in this native Aztec inspired treatment. Foot and lower leg massage rejuvenates and deeply relaxes the body before targeted back massage relieves muscle tension.



Face

SKINSATIONAL CUSTOM FACIAL 50 mins \$125 80 mins \$175
Customized facial begins with a skincare consultation, exfoliation, masking, facial massage, serum, and moisturizer. Leaves your skin feeling balanced and renewed.

SKIN RESCUE CLARIFYING 50 mins \$125
This facial incorporates exfoliation, extractions and healing mask to remove built up toxins. Soothing toner, serum and moisturizer replenish and refresh bringing a healthy complexion.

ANTI-AGING WITH NUFACE REJUVENATION 80 mins \$180
Enzyme exfoliation, Tightening mask and NuFace’s patented microcurrent technology lift and firm while smoothing fine lines and wrinkles. This facial experience will leave you red carpet ready!

GENTLEMEN’S FACIAL 50 mins \$125
Balancing and rejuvenating, this gentlemen’s facial is customized to men’s skincare needs. Deep pore cleansing, massage, and mask are included. Skin is left feeling fresh and renewed, reducing the effects of sun damage.

SPARKLE & SHINE MICRODERM WITH OXYGEN 50 mins \$135
Diamond tip microdermabrasion is a safe, non-invasive treatment that gently resurfaces the skin while increasing circulation. Oxygen delivers serum deeper into dermal layers of the skin. For a smoother more radiant complexion.

EXPRESS PICK ME UP FACIAL 25 mins \$70
This customized facial is created to our guests specific needs. Cleansing, exfoliation, steam and hydration are included.

AWAY WE GLOW BACK FACIAL 25 mins \$70 50 mins \$130
Powerful enzymes and botanicals deeply clean, exfoliate and renew. Each treatment is customized and may include steam, extractions, and massage.

Inclusives Face	Waxing Services
Eye Treatment \$15	Brows Cleanup \$20
NuFace \$15	Lip or Chin \$20
Light Therapy \$15	
Enzyme Boost \$10	

Body

RAINDROP THERAPY 50 mins \$135
Young Living’s therapeutic grade essential oils blend with signature feathering techniques derived from the native Lakota in this holistic journey inspired by the northern lights.

AROMA GLOW BOTANICAL BODY POLISH 50 mins \$125
Your choice of seasonal body polish, exfoliates and renews dehydrated skin. Aloe and shea butter lotion replenish vital nutrients while leaving a glowing complexion.

CUSTOM BODY WRAP 50 mins \$125 80 mins \$170 (includes massage time)
Choose from the following: DETOXIFY | TIGHTEN AND TONE | NOURISHING HYDRATION
Relax and renew, your journey begins with exfoliation and scented warm towel compress. Next the body mask of your choice revitalizes and goes to work on your skin while you enjoy a relaxing scalp or foot massage. Finally a nourishing, antioxidant rich moisturizer hydrates leaving you with a fabulous glow!

