

BODY TREATMENTS

GLOW BABY GLOW BODY POLISH 45-\$130

Aromatic Botanical body polish exfoliates and renews dehydrated skin. A relaxing vitamin rich lotion application replenishes vital nutrients, leaving you with a glowing complexion.

TROPICAL ESCAPE HYDRATING TREATMENT WITH MASAGE 80-\$190

Gentle exfoliation and firming peptide mask renews the skin during this deeply hydrating and firming treatment. Cold pressed organic coconut oil hydrates and nourishes the skin during your full body massage.

DETOX WRAP 50-\$130 80-\$190

Improve circulation and relieve joint and muscle tension with our Detox body wrap. Lymphatic dry brush exfoliation prepares the body for a mud mask formulated to promote decongestion and waste elimination, firming skin cream finishes this treatment, leaving you with smoother more supple skin.

PACKAGES

Spa Renewal \$280 *regular price \$320*

50 minute customized aromatherapy massage with hand or foot treatment, 50 minute custom facial, halotherapy salt cave session and a mimosa.

Spa Day Escape \$450 *regular price \$535*

80 minute customized aromatherapy massage, 45 minute body polish, 50 minute radiance facial, salt cave session, spa lunch with a mimosa and full size retail gift.

PLEASE SCAN THE QR CODE TO BOOK ONLINE TO VIEW CURRENT SPECIALS



Certified Free of GMO's Synthetic Herbicides & Pesticides

FOREO NUFACE epicuren

HALOTHERAPY SALT CAVE

45 MINUTES \$40

Halotherapy is a healing therapy that has been used in many countries for hundreds of years. Naturally sourced Himalayan salt produces negative ions that fight free radicals, the environment acts as a powerful anti-inflammatory, improves immune function and respiratory conditions such as asthma, allergies, bronchitis, and sinus congestion. Meditative sound bath in the salt cave offered monthly.



FULL SPECTRUM INFRARED SAUNA 45-\$30

Infrared sauna sessions have been proven to reduce pain, assist in muscle recovery, and improve cardiovascular health.



ESSENTIAL SPA INFORMATION

Please arrive at least 15 minutes early. Locker room facilities are available for use and include showers, changing room, and amenities. Our relaxation lounge or spa patio is the perfect place to unwind before or between services. Our spa is open to hotel guests as well as local guests and walk-ins are welcome. Please contact the spa for private events. We offer gift cards in any dollar amount. A credit card is required at the time of booking. In the event that you need to cancel or reschedule your service we require 24 hours notice to avoid a charge of 50%. The spa charges a 20% service fee at the time of checkout, this includes a gratuity for your provider. Please let us know of any health conditions at the time of booking. We ask that cell phones be silenced and conversations be kept at a low volume out of respect for other guests.



(210) 982-4030

7610 S NEW BRAUNFELS AVE.
SAN ANTONIO, TX 78235

OPEN TUESDAY THRU SUNDAY

eforeaspasa.com

