# WAIT UNTIL 8TH

Did you know that the average age a child gets a smartphone is 10

years old and that children are spending between 6 and 9 hours a day on media?

Childhood is changing, and the negative impact of too much screen time is hitting kids hard.

The good news is that there are wonderful resources to help parents delay the smartphone and give their children more time smartphone free.

## WHY TAKE THE PLEDGE?

### **EMPOWERMENT**

The Wait Until 8th pledge empowers parents to rally together to delay giving children a smartphone until at least 8th grade. By banding together, this will decrease the pressure felt by kids and parents alike over the kids having a smartphone.

#### FOR **SMARTPHONES** ONLY

Please note that this pledge is for smartphones only! If you would like your child to have a basic phone that just calls and texts, you still can sign the pledge! The basic phone avoids many of the distractions and dangers of the smartphone.

### STRENGTH IN **NUMBERS**

A pledge becomes "active" once 10 or more families from a grade at a school sign. The organizers designed the pledge this way so you don't have to fear "what if I am the only parent that signs this in my kid's grade." This takes the pressure off because the pledge only kicks in once at least 10 families sign from your grade.

#### TAKE THE PLEDGE **TODAY**

TO SIGN THE PLEDGE **PLEASE CLICK HERE:** 

TTPS://WWW.WAITUNTIL8 TH.ORG/TAKE-THE-**PLEDGE** 

**WIN A \$20 AMAZON GIFT CARD!** THE FIRST FIVE TO SIGN WILL WIN!