## Garden City PTA Joint Elementary PTA Meeting Tuesday, January 12, 2021 Held Virtually via Zoom

Call to Order: 7:17 pm by Stratford PTA Director Michelle Persaud

**General Meeting:** 

Quorum: a quorum of 30 members was met.

Handouts: Agenda Sign-ups: None

Approval of previous draft minutes: None

Welcome: Stewart PTA Director Zeynep Vitale and Stratford PTA Director Michelle Persaud

Garden City PTA recently joined Amazon Smile. Choose "PTA New York Congress 10-319 Garden City PTA" as your preferred charity and a percentage of your purchase proceeds will be donated to the schools. A link can be found on the PTA website.

## **Committee Reports and Event Announcements:**

**PARP (Pick a Reading Partner):** (Colleen Ciullo) Thanks to all who have participated so far in our year long PARP program. The following events are coming up in January:

- 1/13/21 Virtual visit and read aloud for K-2 students with Garden City Public Library.
- 1/20/21 Virtual visit and "book tasting" for 3-5 students with Garden City Public Library.
- 1/21/21 Virtual author read aloud of our One School, One Book selection "Dear Dragon" by Josh Funk.
  - Register on the PARP website on the PTA webpage

To find out more, email parp@gardencitypta.org.

**Parent University:** (Lauren Kennedy) Will be virtual this year on Thursdays during the month of Februrary. Offerings will include:

- 3-part series on Executive Functioning
- Sessions on COVID impact/Screen Time
- Cooking Class from The Well Seasoned Chef

Registration will go out at the end of January

<u>Guest Speakers:</u> Mrs. Michele Vincent (Stewart/Stratford Social Worker), Mrs. Monica Saavedra (Stewart School Psychologist), Dr. Gina Torinincaso (Stewart School Psychologist), and Dr. Melina Mendelson (Stratford School Psychologist)

## "Supporting the Social and Emotional Health of Families in the Era of COVID-19"

- Topics:
  - o Quarantine Fatigue—How can we persevere during the winter?
  - Reframing Negative Thoughts
  - Screen Time Considerations
  - o Supporting Our (and our Families') Social and Emotional Health
- See Powerpoint Presentation which accompanies the minutes for details.
- Consult the monthly Social Work Newsletters for ongoing updates.

**Adjournment:** Meeting adjourned at 8:07 pm.

Minutes submitted by Joy Jankunas, Stewart School PTA Secretary