



WELCOME!

PARENT UNIVERSITY

SUCCESSFULLY NAVIGATING THE

TRANSITION YEARS

INSIDE AND OUTSIDE OF SCHOOL

JANUARY 25, 2023



WHAT TRANSITIONS DO OUR STUDENTS EXPERIENCE?



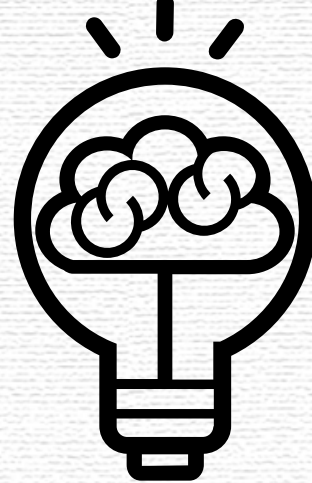
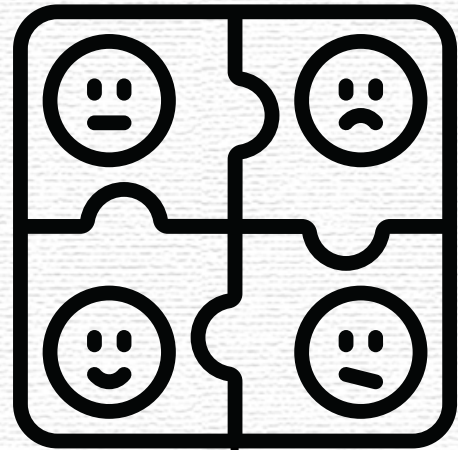
FOUR AREAS OF DEVELOPMENT IMPACTED BY TRANSITION

Emotional

Physical

Intellectual

Physiological



WHAT TRANSITIONS DO OUR STUDENTS EXPERIENCE?

Transitioning: school → home, home → school

Transitioning: school day, within the school building

Transitioning: lesson to lesson (moment to moment)

Transitioning: grade to grade

Transitioning: building to building & beyond (primary school → elementary school → middle school → high school → post-secondary)



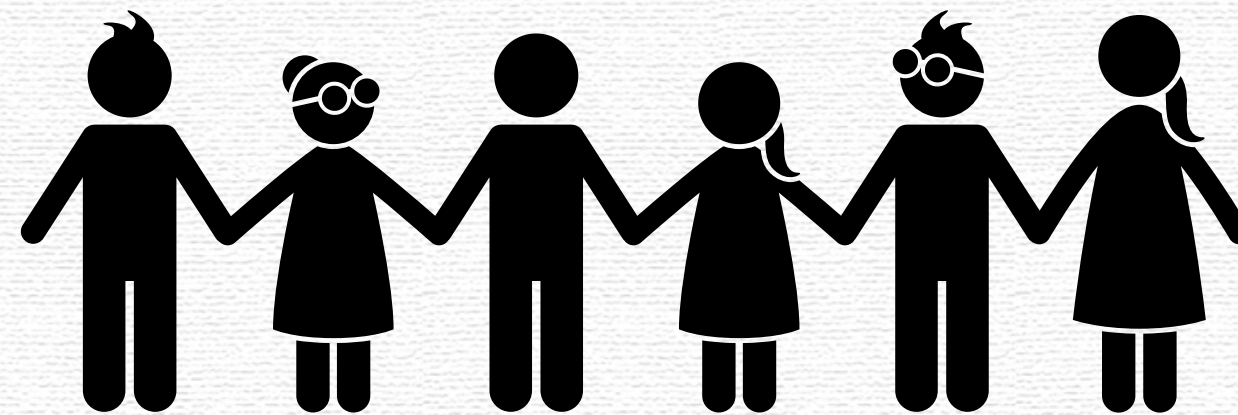
WHAT SKILLS OR AREAS IMPACT TRANSITIONS?

- relationship building/ connectedness
- flexibility
- executive functioning- ability to organize varying stimuli and experiences
- self advocacy
- active listening
- stamina
- motivation (intrinsic, extrinsic)



TRANSITION SUPPORT MANAGEMENT

- How can parents and teachers support students with transitions?
- How can students seek support when experiencing transitions?
- What are the "look fors" in successful transitions?



RESOURCES

Parent University Resources, January 25, 2023

Successfully Navigating the Transition Years Inside and Outside of School

The Value of Active Listening



edutopia.org

The Value of Active Listening

5 Yoga Practices for School-Day Transitions



edutopia.org

5 Yoga Practices for School-Day Transitions

5 Strategies to Improve Students' Listening Skills



edutopia.org

5 Strategies to Improve Students' Listening Skills

Helping Students Develop Executive Function Skills



edutopia.org

Helping Students Develop Executive Function Skills

Supporting Kids Through Times of Change



edutopia.org

supporting-students-times-change-elena-aguiar

The Gift of Failure: How the Best Parents Learn to Let Go So Their Children Can Succeed



amazon.com

★★★★★ 767

The Gift of Failure: How the Best Parents Learn to Let Go So Their Children Can Succeed

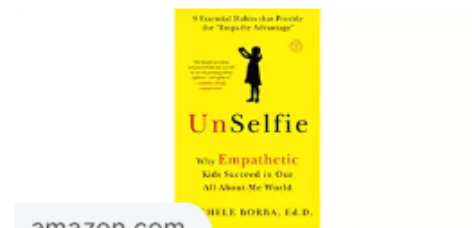
Why Do Kids Have Trouble with Transitions?



childmind.org

How Can We Help Kids With Transitions? - Child Mind Institute

UnSelfie: Why Empathetic Kids Succeed in Our All-About-Me World



amazon.com

★★★★★ 675

UnSelfie: Why Empathetic Kids Succeed in Our All-About-Me World

Making Transitions Work for Students and Teachers



edutopia.org

Making Transitions Work for Students and Teachers

How Can We Help Kids with Transitions?



childmind.org

How Can We Help Kids With Transitions? - Child Mind Institute

Strategies that Help Students Manage Transitions



edutopia.org

Strategies That Help Students Manage Transitions



Thank You!

WHEEL OF NAMES

