

# Benadryl or Diphenhydramine

Liquid  
(12.5mg/5ml or 12.5mg/tsp)

Capsules  
(25mg)

Every 6 hrs

Weight	Dose
<3m or <12lbs	(5mg/kg/day) / 4 = dose
12-16 lbs	$\frac{1}{2}$ – $\frac{3}{4}$ tsp q 6hr (2.5ml – 3.75ml)
17-24 lbs	$\frac{3}{4}$ – 1 tsp q 6hr (3.75ml – 5ml)
25-32 lbs	1 tsp – 1.5 tsp q 6hr (5ml – 7.5ml)
33-40 lbs	1.5 tsp - $1\frac{3}{4}$ tsp q 6hr (7.5ml – 8.75ml)
41-48 lbs	$1\frac{3}{4}$ tsp – 2 tsp q 6hr (8.75ml – 10ml)
49-56 lbs	2 tsp – 2.5 tsp q 6hr (10ml – 12.5ml)
57-100 lbs	2.5 tsp OR 1 cap (25mg) (12.5ml) q 6hr
>100 lbs Adult	4 tsp OR 1-2 cap (25mg-50mg) (20ml) q 4 hr

Benadryl is an antihistamine. Diphenhydramine blocks the effects of the naturally occurring chemical histamine in the body. It is used to treat sneezing; runny nose; itching, watery eyes; hives; rashes; and other symptoms of allergies and the common cold.