



# ACHIEVE

L C A P R O G R A M

## THE LCA ACHIEVE (SEL) PROGRAM FOR YOUTH (K-12) MIDDLE & HIGH SCHOOL

### Benefits of the ACHIEVE PROGRAM



ACHIEVE is an after-school youth empowerment program with three-course components intended to support each student individually based on their current circumstances and needs. Along with student support, the program is intended to provide family and peer support to strengthen student and parental engagement in order to enhance overall student life achievement.

With your support, the ACHIEVE (SEL) Program for Youth & Families and promote early mental health intervention, and build strong families.

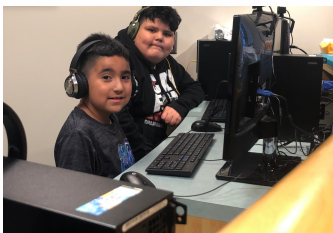


Expression through The Arts: Students exhibit Art Work In Community Art Exhibit Event or Mural Painting. Students also become published writers!

Communication & Leadership Tools: Students learn conflict resolution techniques to encourage healthier communication outcomes at school and home.

Youth Advocacy: Students learn how to advocate for themselves in their community.

\*All Supplies Provided in Student& Parent Engagement workshops.



**Family Supportive Services:** The Navigator speaks the family's preferred language is assigned to support the family every week and to assess needs throughout the entirety of the program. Parents will acquire communication tools allowing them to establish a mutual dialogue, be involved with their children, and create balanced healthy relationships.

Parents will also learn effective coping skills to learn the challenges their children may be experiencing and to keep open communication with them. Parent support groups will help share lived experiences and support one another to build a stronger community network.

The COVID-19 pandemic has seriously impacted students, and many are struggling to attend in person or remotely, all of which highlight the importance of constant engagement and support between parents and students.

**Social-Emotional Learning:** Students engage in an evidence-based social-emotional learning curriculum, learn about themselves, their culture, and build confidence and resilience.

**College & Beyond Planning/Pre-Apprenticeship Programs:** Students participate in workshops to identify their strengths and begin to think about their life goals through multiple workshops and healthy goal setting. \*Seniors in the program during college application season receive college application assistance and Pre- Apprenticeship application support.

**For more information:**  
Call 206.402.3677  
[info@latinocivalliance.org](mailto:info@latinocivalliance.org)  
[www.latinocivalliance.org](http://www.latinocivalliance.org)

**About us: Latino Civic Alliance (LCA) is a Washington statewide 501(c)3 organization that promotes advocacy and programming for youth and families with wrap-around education and leadership programs for Latinos in Washington state by encouraging social responsibility, cultural awareness, equity, and inclusion of all people.**