

# THE LCA DISCOVERY LEADERSHIP PROGRAM FOR YOUTH & FAMILIES



## Benefits of the Yearround Youth Program:

Conflict resolution training addresses the dynamics that lead to miscommunication and aggression. By teaching community members nonviolent communication techniques how to de-escalate intense situations, we will help encourage healthier relationships and outcomes at home and school.

The leadership pathway offers youth, ages 11 to 19, guidance in identifying their true passion and journey. It incorporates social change activism goals so they may fully lead and contribute to building a more equitable, and prosperous future.

Cultural arts education allows students to work on a variety of projects, including tracing the history of Latino Civil & Human Rights work in Washington state and nationally. Plus, they can participate in visual and music arts in a student-centered curriculum based in our civic center and access to the LCA recording studio located in Burien, WA.



## Benefits of the Year-round Family Program:

Parents will acquire communication tools allowing them to establish a mutual dialogue and be involved with their children and create balanced healthy relationships.

Learn the challenges their children may be experiencing to offer them effective coping skills and open communication with parents.

Parent support groups to share lived experiences and support one another to build a stronger community network.

## BE PART OF CHANGE.

# EQUITY STARTS WITH YOU.

The Discovery Leadership Program for Youth & Families was created to help the Latino community reach its full potential.

By leveraging effective communication tools, a Spanish-speaking staff, and a culture-infused approach, community members will learn how to improve familial relationships, create their education goals, increase graduation rates, and engage in vocational pre apprenticeship programs.

With your support, the Discovery Leadership Program for Youth & Families and promote early mental health intervention, and build strong families that make Latino communities thrive.

## JOIN US!

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[info@latinocivalliance.org](mailto:info@latinocivalliance.org)  
[www.latinocivalliance.org](http://www.latinocivalliance.org)