



PRECISION
HEALTHCARE TECHNOLOGY
Changing Healthcare
to Lifecare

YOU OWE GOOD HEALTH TO YOURSELF & FAMILY!

MENTAL HEALTH

For compliance, patient engagement, and revenue you are required to keep current assessment data to validate medical necessity for RX use and its misuse.

[Please click here for more information on Precision Healthcare Technology.](#)

In life we are all striving to maintain balance between constantly varying degrees of wellness and illness whether physical, mental, emotional, or environmental. Sometimes the slightest thing, or a combination of events can knock us off this fine balance, thus exacerbating the negative or the positive. Our best weapon is awareness, and it is free for you to download, store and track your personal progress.

Here are three simple self-assessments or tools that you may choose to assist your journey.

This is your private and secure information and can never be shared except by you. For more on [our privacy policies please click here.](#)

1. [Health Risk Assessment](#)

There are 19 questions, with simple pull-down menu options, covering a variety of overall areas.

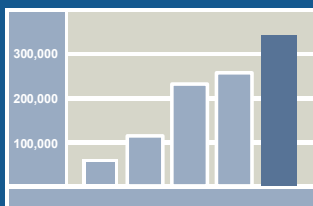
2. [General Anxiety & Depression](#)

Seven questions to help you remain aware of trends from your feelings within and how they affect your daily wellbeing.

3. [Social Determinants of Health](#)

This assessment displays a potential result of where you are on the first two assessments and can provide a great early warning system of potential problems ahead that you can address in advance.

The growing pandemic of mental health issues.



Let Precision help you to engage your entire population in a compliant, secure, and billable process which also drives revenue and supports patient attribution!

Thank you again for joining us in these efforts for “self-care” as “managed care” requires that we as individuals play a starring role in our own health and wellness story! We’re honored to be your partner and advocate!