



The Official Newsletter for
Southwest Bowhunters, Inc.

24th Edition

March, 2022

In This Issue:

- President's Message
- Meeting Minutes
- Debbie's Dissertation
- Walk The Trail 2022
- Upcoming Shoots
- Recipe of the Month
- Be a Volunteer

The Broken Arrow

President's Message

I want to thank all the people that helped make our Walk The Trails shoot on Feb 19th and 20th a success, Including God for giving us great weather. As Goldilocks said "... not too Hot, not too cold, but just right...". We had over 120 archers from many different jurisdictions participate. Everyone I talked to said had a great time. Even the broken and lost arrows were celebrated as missing companions. I want to let the people that had suggestions, to make it more streamlined your suggestions will be brought up at our next meeting. We are also looking at online registration, since there are no on-site early registrations, and because we have no internet connections for our range, our card reader sometimes works, sometimes doesn't.



President Keith Parsels

We are planning this month of march, a field archery shoot Sunday, will be listed on our website. No 3D on that day, but 14 targets shooting the NFAA target or hunter round. We haven't decided which yet but come enjoy the experience of target archery.

Our monthly meeting is postponed from the first Sunday of March until the second Sunday, the 13th. The reason being that our sister club, The Blythe Bowmen, are having their shoot the first weekend March 5th and 6th, I recommend a trip to Blythe as they put on an excellent shoot that rivals ours....!

Again, I want to thank all the Southwest bowhunter members that helped make this Walk the Trails a success.

Please contact us if you want Instruction, as we have a "Youth and Adult" JOAD instruction on Saturday mornings. Call or Email for Info. To people that are schoolteachers, and administrators we are also a NASP (National Archery in the Schools site). Start an archery club at your school and bring the students out to shoot.

Shoot straight and often.

Keith C. Parsels
President, Southwest Bowhunters
USA Archery Level 3 Coach



Meeting Minutes

February 6, 2022

Type of Meeting: General

Meeting Facilitator: Keith Parsels

Attendees: Rick Bielke, Uschi House, Butch Lacey, Keith Parsels, Kelvin Drapeau, Zach Slette, Bryon Green, Bryan (Gump) Herndon, Scotty Covey, Dustin Covie, Rae Erickson, Aileen Toler, Kenny Marler, Jr., Brent Redger.

Call to order: The meeting was called to order at 8:50am.

- I. **Approval of minutes from last meeting:** Minutes from the last meeting were approved.
- II. **Treasurer's Report:** Account has \$8,574.77.
- III. **Open issues/Old Business:**
 - a. Picnic tables for the club will be purchased by Keith this week. Scotty will donate a table to the club also.
- IV. **New Business:**
 - a. A Rinehart standing Elk was approved for purchase at a later date. Keith will research the cost discount.
 - b. Three Morrell re-bagged targets will be auctioned at the WTT event. Silent bid starting at \$30.00. Motion by Butch, Second by Zach. Motion passed.
 - c. Gump and Ebb will "Pit" our WTT dinner BBQ. They will set up on the Friday before the shoot.
 - d. A list was passed around for volunteer donors for the Potluck on Saturday night for Walk The Trail.
- V. **Items from the floor:**
 - a. The Blythe Bowmen's Invitational is the same weekend as our scheduled March meeting, and most of our club's officers will be attending the shoot. The meeting will be postponed until March 13th.
- VI. **Adjournment:** The meeting was adjourned at 10:24am.

****Next meeting will be March 13th****

Respectfully Submitted,
Debbie Elliott, Secretary

OFFICERS -

President:
Keith Parsels

Vice President:
Butch Lacey

Secretary/Webmaster:
Debbie Elliott

Treasurer:
Jessica Arnold

Range Master:
Ebb Dierdorff

MEMBERS AT LARGE:

Garth Holman

Zach Slette

Kelvin Drapeau

Bryan Hendon

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We can also be found on
Facebook, and Instagram

Debbie's Dissertation

Random thoughts and happenings

"Trust your form, don't aim too long, and just shoot the shot."

"Remember your basics: stance, grip, posture, bow arm, anchor point, release and follow-through."

These thoughts kept running through my brain as I walked up to the line at the largest competition I've ever participated in: *The Vegas Shoot*. With only two ends of three arrows to 'warm up', I was about to embark on a learning curve that I had never before imagined. Shooting three arrows in two minutes, indoors, at a spot no bigger than a dime,



from twenty yards away is hard enough, however, with over 3,000 other people shooting *plus* spectators, I was having trouble closing my mind to distractions.

Each group within the 'flight' consisted of four people. My group consisted of two younger archers, Jason and

Aspyn, probably in their mid 20s, a middle-aged lady, Michelle, and myself. After exchanging pleasantries, the middle-aged lady, Michelle, seemed nervous and quite chatty. So, we sat and talked while we awaited the command to move to the line to shoot. I asked her about the keychain she had attached to her quiver belt with all sorts of metals and charms, and she explained that they were from other shoots she had attended in the past. Little did I know, Michelle was so nervous that she would never stop chatting - not even when on the line and shooting. However, after a few arrows I was able to tune her out - more or less.

We finished our end, went up to the targets to score, went back behind the line, and waited for the next end to begin. All the while Michelle continued chatting. She never really said anything of importance, just chatted. When we went to the line, the signal to begin shooting was given. I came to full draw... something behind me was making a jingling noise. I let down and looked over my shoulder to see Michelle's bowstring all tangled up in her charms. "Help, I'm stuck!" she exclaimed. I *almost* stopped to help her, but I was there to do *my* best, no matter what. Any other time, I would have dropped what I was doing to come to the rescue. However, she was the one with the wad of charms hanging from her quiver. She was the one who got tangled

up, so it would be up to her to untangle herself. Besides the clock was already down to less than a minute and a half, and I hadn't even taken my first shot. I guess she finally got herself untangled and got off three quick shots. I barely had time to finish my third shot before the whistle blew. Coming to the realization that the situation wasn't going to improve, I forced myself to concentrate on tuning her out. (Note to self: find someone who cannot be quiet to come to my next practice session.) At least I only had to shoot next to her for the first two days.

The final day of shooting was really exciting. We were placed in flights with people of approximately the same skill level. The shoot went off without a hitch, even though I didn't shoot as well in the finals as I had the previous two rounds. I have to wonder: Did I shoot better the two previous days because I had to force myself to concentrate on tuning out my chatty friend?

I ended the weekend with a score that was better than I expected. I scored a 791 out of a possible 900, but just the experience and knowledge I gained from *The Vegas Shoot* made up for the score.

But just wait until next year!!

Until next month, stay safe and shoot straight.

Debbie Elliott, Secretary



Walk The Trail 2022

On the weekend of Feb. 19 – 20, SWBH hosted the annual Walk The Trail 3D Archery Shoot. This year, we had over 120 participants, and the weather was absolutely perfect! No wind, no rain, not too hot, not too cool... just right!

Participants began arriving Thursday afternoon to get the perfect campsite for their trailers, and by the time the shoot began on Saturday morning, the lot was almost completely full!



Many shooters brought their trailers and stayed the entire weekend!

Saturday morning was a bit on the chilly side – low 40s – but by the time everyone began shooting, the sun was up and was warming the

courses nicely. With the high predicted to be in the low 80s, the day promised to be perfect.

A special shout-out to our rangemaster Ebb Dierdorf, with the help of Rick Bielke, Kelvin Drapeau, and Butch Lacey, laid out a very challenging – if not tricky – course. Since there were no rangefinders allowed during the shoot, many folks made unintended sacrifices to ‘the arrow gods’ (rocks or trees) behind or in front of the targets.

There were two raffles this year. In the general raffle, raffle items



Raffle Prize Table

donated by Sportsman’s Warehouse in Yuma: and from Bow N Arrow Shop in La Mesa, CA, two packages of Truglo Titanium Broadheads, a Black Mountain bow-mount quiver, two Vista quivers, a Morrell bag target, and a beautiful Tarantula soft bow case with Bow N Arrow Shop’s logo embroidered on it.

This year, we also had a special raffle: a PSE Bruit NXT bow with everything needed to walk out the door and go hunting. Thank you to John Sneed, Manager of the Yuma Sportsman’s Warehouse for selling the bow to the club at cost so we could maximize our profit from the sale of tickets. The lucky winner was Mike B. aka: The Bear. Congratulations and thank you to all who participated in both raffles!

SWBH could not exist without our many volunteers that make this shoot possible every year: Registration and Scorekeeping: Becky Bedoya & Debbie Elliott; In the kitchen: Desi Redger (who supplied us with those delicious home-made muffins!), Larry Lee, Jessica Arnold and Bryan “Gump” Herndon; and our announcers: Josh Arnold & Bryon Green. I’m sure I’ve missed some names but know that your help is invaluable!

There were several people who traveled many miles to attend. Members from San Diego Archers and Blythe Bowmen were in



It’s tough being an archer!

attendance, and there were archers here from as far away as Phoenix and Tucson!

This year's Walk The Trail event was one of the most successful shoots that Southwest Bowhunters has ever had. Thank you to all the volunteers and participants for all your support!

Walk The Trail 2022 Results

Adult Men's Freestyle:

1st Place: Raymond Gonzalez - 598
2nd Place: Mark Acarmi - 572
3rd Place: Jose Cruz - 571

Adult Women's Freestyle

1st Place: Charlene Sharrar - 497
2nd Place: Michelle Stephenson - 462
3rd Place: Jennifer Mullen - 333

Senior Men's Freestyle

1st Place: Glenn Kneller - 597
2nd Place: Fred Santa Maria - 567
3rd Place: Greg Gonzalez - 530

Adult Men's Bowhunter Freestyle

1st Place: Dave Holmberg - 597
2nd Place: Shaun Lachuk - 568
3rd Place: Dustin Covey - 534

Adult Women's Bowhunter Freestyle

1st Place: Jennifer Lachuk - 498
2nd Place: Tara Duarte - 419
3rd Place: Leanna Babb - 399

Senior Men's Bowhunter Freestyle

1st Place: Mike Yerkey - 557
2nd Place: David Sullivan - 555
3rd Place: Walter Covey - 539

Senior Women's Bowhunter Freestyle

1st Place: Susie Forrest - 418
2nd Place: Joanne Lacey - 185

Adult Men's Traditional

1st Place: Joshua Arnold - 138

Senior Men's Traditional

1st Place: Jim Cropp - 363
2nd Place: Pat Peyton - 313

Senior Women's Traditional

1st Place: Aileen Toler - 254

Young Adult - Boys (14 – 17)

1st Place: Eli Garcia - 62

Young Adult – Girls (14 – 17)

1st Place: Katelynn Babb - 383
2nd Place: Tiana Redger - 339
3rd Place: Kendra Juarez - 266

Youth Boys (10 – 13)

1st Place: Asher Lachuk - 339
2nd Place: Blake Babb - 338

Cub Boys (6 – 9)

1st Place: Troy Holmberg - 178
2nd Place: David Stephenson - 155

Pee-Wee Boys (5 & Under)

1st Place: Easton Lachuk - 28

Upcoming Events -

- **Sunday Fun Shoots (ongoing)**
Every Sunday 8 to Noon. Members \$5, Non-Members \$8.
- **Bear State Bowhunters – Lake Henshaw, CA**
28-Target Fun Shoots: Feb. 27th, June 26th, July 24th, Aug. 28th, Oct. TBA. 42-Target 3D Competitive Shoots: 3/27/22 Bear Ass Shoot; 5/22/22 Oak Valley Challenge. For more info, see Bear State Bowhunters' Facebook page.
- **Blythe Bowmen Invitational – Blythe, CA**
Saturday and Sunday, March 5 & 6. Registration begins at 8am Saturday; shoot ends noon Sunday (Pacific Standard Time). Sixty (60) 3D targets, dry camping available. BBQ Saturday 5pm – 6pm. For more information, call Duane at (760) 574-5136.
- **Archery Lessons**
Ten-week class \$90.00. Classes are held on Saturday mornings. Price includes the Explore Archery medals. Join USA Archery and JOAD and receive the JOAD awards pins for qualifying scores. Open to all beginning archers ages 7 and up! We also offer lessons by the hour on Saturdays for \$10.00 per hour.



From the Hunter's Kitchen

North American Venison Goulash

Reprinted from North American Hunter -- by **BRAD FENSON**

Serves 6 – 8

Is it soup, stew, casserole, or just simple comfort food? There is often confusion around goulash. European and North American are not even close to being the same dish. The European goulash includes stewing meat, onions, and lots of paprika



and is Hungary's national dish. The North American version, for most of us, is like the original Hamburger Helper.

North American goulash is easy to make, a fabulous way to use ground venison and is a quick fix for lunch, dinner, or hunting camp. The ingredients can be altered for preferences and palates around the table. I love adding diced jalapeno, and some like to include sugar to make the dish sweet.

Peas or corn can also be added, which increases the confusion of whether the dish is a soup, stew, or casserole. Hungarian goulash is typically considered a stew. However, the North American goulash is best described as a one-skillet dinner or casserole.

INGREDIENTS

- 2 Tbsp olive Oil
- 2 lbs. ground venison
- 1 large yellow onion, diced
- 4 cloves garlic, minced
- 2 bay leaves
- 1 cup beef broth
- 1 - 14.5 oz. can diced tomatoes with juice
- 1 - 15 oz. can tomato sauce
- 10.5 oz. can Rotel
- 1 - 6 oz. can tomato paste
- 2 Tbsp soy sauce
- 1 Tbsp Worcestershire sauce
- 1 Tbsp seasoned salt (Bearded Butcher Original or Cajun work great)
- 1Tbsp paprika
- 2 tsp ground black pepper
- 1 tsp oregano
- 1 tsp thyme
- 1 tsp basil
- 1 tsp cumin
- 2 cups elbow macaroni (or your favorite pasta)
- 2 cups frozen peas or corn (optional)
- 2 cups cheddar cheese, grated

Directions

1. Heat a Dutch oven or stockpot on med-high heat. Add the oil and the ground venison. Cook for 5 minutes, stirring occasionally. As the meat starts to brown, add the diced onion, garlic, and bay leaves. Cook for 4 minutes, stirring occasionally.
2. Add the broth, diced tomatoes, tomato sauce, Rotel, tomato paste, soy sauce, Worcestershire sauce and spices. Stir well.

3. Reduce the heat to low, cover and simmer for 15 minutes, stirring occasionally.
4. Stir in the macaroni noodles (uncooked), cover, cook for 20-25 minutes, or wait until the pasta is almost tender. Add the frozen vegetables and cook 5 minutes. Add the grated cheese and stir until melted.
5. Remove and discard bay leaves and serve hot.



Surewould Forest by Bob Gonzalez



Volunteers Are Always Welcome

The Southwest Bowhunters Archery Range at Adair Shooting Park would not exist if it weren't for the efforts of our member volunteers. Range upkeep and improvements are made possible by the generosity of several of our club members and many local businesses who donate time, money, and materials.

Please consider volunteering to help maintain and improve our facility, and we can **ALWAYS** use help with setting up and running our tournaments. For more information on how you can help, call Keith at (928) 750-7620.

Reminder: Alcohol is NOT permitted on the range at any time. Your safety is paramount. Thank you for your cooperation!

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