



The Official Newsletter for  
Southwest Bowhunters, Inc.

27<sup>th</sup> Edition

June, 2022

### In This Issue:

- President's Message
- Meeting Minutes
- Debbie's Dissertation  
- Maintain the Terrain
- Hoot Shoot
- Recipe of the Month
- Be a Volunteer

# The Broken Arrow

## President's Message

As the summer approaches with its usual double-digit temperatures, we will be setting our clocks back for the Sunday morning 3D range - it will be available at an earlier time to avoid the heat.

I wish to thank John Sneed and all the employees from Sportsman's Warehouse who assisted in working on our targets and grounds on May 14<sup>th</sup>. Your donated time and assistance were greatly appreciated.



President Keith Parsels

As you travel this summer for vacation or hunting, be safe. I hope to see you all in the fall.

To the youth group members that are not traveling, our meeting dates and time will not change; Saturday mornings, 8 am until 9 am.

Next newsletter message update will be in September.

Shoot straight and often, If you are hunting or doing target tournaments this summer, send photos. We love to post members doing what they love.

Shoot straight and often.

Keith C. Parsels  
President, Southwest Bowhunters  
USA Archery Level 3 Coach



## Meeting Minutes

May 6, 2022

**Type of Meeting:** General

**Meeting Facilitator:** Keith Parsels

**Attendees:** Rick Bielke, Uschi House, Butch Lacey, Keith Parsels, Debbie Elliott, Jen Wight, Kelvin Drapeau, Brent Redger, Desi

## OFFICERS -

**President:**

Keith Parsels

**Vice President:**

Butch Lacey

**Secretary/Webmaster:**

Debbie Elliott

**Treasurer:**

Jessica Arnold

**Range Master:**

Ebb Dierdorff

## MEMBERS AT LARGE:

Garth Holman

Zach Slette

Kelvin Drapeau

Bryan Herndon

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We can also be found on  
Facebook, and Instagram

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Redger, Tiana Redger, Bear Rosner, Bryan Herndon, Ebb Dierdorff, Tanja Eiben.

**Call to order:** The meeting was called to order at 9:00am.

- I. **Approval of minutes from last meeting:** Minutes from the last meeting were approved.
- II. **Treasurer's Report:** Account has \$12,119.37. The Hoot Shoot raised \$280. We still have approx. \$5,000 outstanding to Rinehart for targets; we are waiting for them to bill us.
- III. **Open issues/Old Business:**
  - a. As discussed last month, Keith has been looking to purchasing a wagon to help move the bag targets to and from the range. Keith reported that the wagon would cost \$238.50 from Tractor Supply Co. Motion was made by Debbie to approve the money to purchase the wagon. Seconded by Jennifer. Motion passed.
  - b. Keith reported on the status of the awards pins purchase. He went with the same vendor as the last time we needed pins, as he already had the artwork. The total cost (approved last month) came to \$630.00 for 60 each of 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place pins.
  - c. Discussion was held regarding a bow raffle in the fall. Debbie reported that she has found four (4) different bow packages that are approximately \$500 ea. Desi moved that we allot up to \$500 to purchase a bow package for a raffle in the fall. Seconded by Jennifer. Motion passed.
- IV. **New Business:**
  - a. Sportsman's Warehouse wants to partner with some of our members for a 'Maintain the Terrain' work party on May 14<sup>th</sup>. They will supply the volunteer labor to help with whatever projects we need to work on. Butch suggested we have them help with painting some of the older 3D targets, such as the elk and bison. Debbie volunteered to purchase the paint and supplies. Paint will cost approx. \$42.00 per gallon, and it was estimated that we'd need approximately 3 gallons of various colors of paint and assorted brushes. Motion was made by Butch, seconded by Kelvin to appropriate the money necessary to paint the targets. Motion passed.
  - b. Since there are no more organized events planned until the fall (our first shoot will be "The Haunted Canyon" shoot on October 29<sup>th</sup>), it was agreed upon to not have any general meetings or publish "The Broken Arrow" newsletter over the summer. The next edition of the newsletter will be the October edition, and the next meeting will be held in September.

**V. *Items from the floor:***

- a. The new targets from Rinehart will be shipped sometime in early August. They will deliver them to Sprague's Sporting Goods, and we will pick them up there.

**VI. *Adjournment:*** A motion to adjourn the meeting was made by Debbie; seconded by Desi. Motion passed. The meeting was adjourned at 9:22am.

**\*\*Next meeting will be September 11<sup>th</sup>\*\***

Respectfully Submitted,  
Debbie Elliott, Secretary



## **Debbie's Dissertation**

### **Random thoughts and happenings**

The task of running an archery range can be daunting. From general maintenance to insurance, from setting up for shoots to drumming up new members, it's non-stop. Thankfully, there are people in the business community who are willing to help.

Around the end of March, I got a call from the manager of Sportsman's Warehouse here in Yuma, John Sneed. His corporate office had decided that it was time that the various stores gave back to their communities, and one of the first organizations John thought of was our archery club at Adair Park.

He explained that the corporate leaders wanted to initiate a program called "Maintain the Terrain". Asking if we had any projects that some of his employees could help with, I blurted out a resounding "Yes!". At that point, he hadn't really asked if his employees would be interested and wasn't sure how many of them would be willing to give up a Saturday morning without pay. He said he'd call me back when he was sure he had volunteers, and I told him I'd ask at our April meeting to see what projects were most pressing and what dates worked.

Early the next week, he called and said he had six to eight people who would volunteer and asked what kind of projects we had for them to do. When I told him they were going to paint Animals, there was a long pause at the other end of the line. I



quickly clarified that I meant that some of our older 3D animal targets needed to be repainted so they would last a few years longer. I think I heard a sigh of relief. We settled on the morning of May 14<sup>th</sup> for the work party.



There was a total of seven volunteers: Denisse Cervantes and her daughter Brianda Cervantes, Cari Gwinn, Peggy Balen, Bart Dunfee, Michael Taylor, and John Sneed. Butch, Keith and Kelvin started pulling out the targets to be painted, and I got all the paint portioned out and made sure everyone had a

paintbrush. I then proceeded to show

photos of real elk, bison and deer to everyone so they knew what the animals should look like when finished. I have to say, they did a fantastic job!

On behalf of the entire Southwest Bowhunters Archery Club, I wish to thank John and all his generous employees for giving up their Saturday morning to “Maintain the Terrain” by painting our 3D targets and saving our club a lot of time and money.



Until next month, stay safe and shoot straight.

Debbie Elliott, Secretary



## Hoot Shoot 3D Night Fun Shoot

Temperatures in the summer can make it almost unbearable to hold shoots during the day, so on April 30, SWBH hosted a “Hoot Shoot 3D Night Fun Shoot”. Participants showed up with their bows and flashlights from as far away as Blythe and San Diego, and for many, this was their first time shooting at night.



There were 20 3D targets set up on the Canyon Course. Most shots were 40 yards or less for the Compound shooters, and there were closer shots from which to shoot for the traditional shooters and kids.

As this was a fun shoot, there were no awards given out. However, participants were given score cards if they wanted to keep track of their scores. Then, they were invited back to shoot the same course on the following

morning to see how much – or if – they improved.

This was a super-fun family event as the canyon was alight with neon bracelets, flashlights and lighted knocks. And although there were several arrows offered up to the Archery Gods that night, everyone admitted they really enjoyed it and are looking forward to the next night shoot!



## Upcoming Events -

- **Sunday Fun Shoots (ongoing)**  
Every Sunday 8 to Noon. Members \$5, Non-Members \$8.

- **Red McLaughlin 3D Invitational Archery Shoot**  
Sat., Oct. 15, 2022, 6:00am - Sun Oct 16, 2022, 3:00pm. Hosted by the Apache Bow Hunters, Inc., 7096 Russell Road, Globe, AZ. Registration: Sat. 6am-5pm, Sun 6am-10am. Food available. Admission Fee: Adults-\$20, Under 18-\$10, Family-\$50, Pee-Wee shooters free. Information: [Red McLaughlin 3D Invitational](#)
- **Haunted Canyon 3D Night Shoot**  
Saturday, October 29<sup>th</sup>, 2022. Novelty targets, food, awards. For more info, [see the flyer](#).
- **Archery Lessons**  
\$10 per hour. Classes are held on Saturday mornings. Open to all beginning archers ages 7 and up!



## From the Hunter's Kitchen: Apple Gorgonzola Elk Eye of Round

*Reprinted from November/December 2021 [rmeef.org/carnivoreskitchen](http://rmeef.org/carnivoreskitchen)*

“Dress for success” is a phrase you can apply to more than just your clothes closet. It’s right at home in the kitchen when you dress up a piece of meat oft overlooked because of a few perceived flaws.

Elk eye of round is just such a cut. It has a reputation for being extremely lean—maybe *too* lean—and not as tender as a tenderloin. But with the right attire, elk eye of round is an exceptional cut of meat that can seize the culinary limelight.

Shaped similarly to the tenderloin, the eye of round is found between the top and bottom round roasts

located on both hindquarters of the elk. The most common way to dress it for table fare is to sear or cube and chicken-fry. That’s *so* yesterday.

This sweet and savory recipe for elk eye of round is bursting with a blend of flavors from chopped green apples, crumbled gorgonzola, panko breadcrumbs and fresh herbs. Because elk is so lean, I infuse extra fat from a combination of olive oil and a few slices of bacon. This keeps the round moist and tender. Success in every slice! ~Christy Crabtree



**Prep Time:** 20 min   **Cook Time:** 45 min   **Serves:** 4 – 6



### Ingredients

- 1 ½ - 2 lb. elk eye-of-round
- 1 cup Granny Smith Apple, finely chopped
- ¾ cup panko breadcrumbs
- ½ cup olive oil
- 1 tsp flat-leaf parsley, finely chopped
- 1 tsp fresh thyme
- Kosher salt
- Freshly ground black pepper
- 5 – 6 thick-cut bacon slices
- 5 – 6 12-inch lengths of butcher's twine

### Preparation

Preheat oven to 400 degrees and set a 12-inch cast iron skillet in the oven to preheat.

Place the eye of round lengthwise on a cutting board. Holding your knife horizontal to the cutting, make a cut along the middle side, being sure not to cut all the way through, aka butterflying. Open the meat like a book. Use the flat side of a meat mallet and flatten to ensure an overall thickness of roughly ½ inch.

In a bowl, combine the chopped apple, panko breadcrumbs, gorgonzola, parsley, thyme, and olive oil. Mix well. Generously season the meat with kosher salt and freshly ground black pepper. Spread the stuffing evenly over one half of the cut side. Take the other half of the meat and cover the stuffing—like closing a book. Wrap the meat with bacon slices and tie to secure closed with butcher's twine.

Carefully remove the preheated cast iron skillet from the oven. Set the stuffed eye-of-round in the skillet, slide back in the oven, and bake for 30 – 35 minutes (when the eye of round reads 130 degrees on a digital meat thermometer, it's perfect).

Remove from oven and set aside to rest for 10 minutes. Resting time will bring the meat to a solid medium rare, with juices evenly distributed throughout the cut.

Slice and serve with your favorite side dishes.



*Actually, it's the other way around.  
The bow is supposed to be ninety pounds.*



## Volunteers Are Always Welcome

The Southwest Bowhunters Archery Range at Adair Shooting Park would not exist if it weren't for the efforts of our member volunteers. Range upkeep and improvements are made possible by the generosity of several of our club members and many local businesses who donate time, money, and materials.

Please consider volunteering to help maintain and improve our facility, and we can **ALWAYS** use help with setting up and running our tournaments. For more information on how you can help, call Keith at (928) 750-7620.

*Reminder: Alcohol is NOT permitted on the range at any time. Your safety is paramount. Thank you for your cooperation!*

**AND...**



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