



The Official Newsletter for  
Southwest Bowhunters, Inc.

29<sup>th</sup> Edition

November, 2022

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# The Broken Arrow

## President's Message

On behalf of the SWBH and the Yuma archery community, I would like to remind everyone to keep the fun and safety in the sport. A special thank you to several people in our club who go above and beyond what they need to and help everything run as smoothly as possible. I look forward to seeing everyone at the next big Swamp Gobbler Turkey Shoot this month and ask that you support us in the Hunt for Charity shoot in December.



President Keith Parsels

I can only imagine 40 years ago what the original archers of the Yuma Bowman (SWBH) were doing for Thanksgiving. It was a much simpler time than we have today. The world since then has changed in many ways, but the current SWBH membership still holds the thanks for what we have near to our hearts. As President I have witnessed numerous acts of friendship and assistance to anyone that asks, that makes the Club what it is today. To the Board of Directors and the other Officers of the corporation, a much appreciated "Thank You" for what you do.

The membership at large still brings the true value of family to the Club. I observe week after week, month after month, laughter and friendship that is evident at the Adair archery range and at the Club on Sundays.

As we fly into the future, "shoot 'em straight!"

Keith C Parsels  
President 2022  
USA Archery Level 3 Coach



## OFFICERS -

**President:**

Keith Parsels

**Vice President:**

Butch Lacey

**Secretary/Webmaster:**

Debbie Elliott

**Treasurer:**

Jessica Arnold

**Range Master:**

Ebb Dierdorff

## MEMBERS AT LARGE:

Garth Holman

Zach Slette

Kelvin Drapeau

Bryan Hendon

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We can also be found on  
Facebook, and Instagram

# Meeting Minutes

## October 2, 2022

*Type of Meeting:* General Members

*Meeting Facilitator:* Keith Parsels

*Attendees:* Frank Bergwall, Rick Bielke, Uschi House, Vince DiCataldo, Ebb Dierdorff, Debbie Elliott, Bryon Green, Gene Cox, Keith Parsels, Michael Rosner, Zach Slette, Aileen Toler, David Wetherholt.

- I. Call to order:** The meeting was called to order at 9:00am by President Keith Parsels
- II. Approval of minutes from last meeting:** Minutes from the May meeting were approved.
- III. Treasurer's Report:** General Club Account - \$5,389.90; JOAD Account - \$1,255.00. Total in SWBH Accounts - \$6,644.90.
- IV. Open issues/Old Business**
  - a) Haunted Canyon 3D Night Shoot:** October 29<sup>th</sup>, 2022 - Last year, the club authorized the purchase of three (3) \$25 Visa gift cards for the winners of the kids' costume contest. Mike moved that the club authorize the purchase of three (3) \$25 Visa gift cards for the contest. Gene seconded the motion. **Motion passed.**
  - b) Turkey Shoot: November 19th, 2022** – Debbie talked about the avian (bird) flu causing the limited number of turkeys available for the holidays as well as causing the cost of “everything poultry” going to the roof. She suggested that in leu of frozen turkeys for first place winners, that we award \$25 Visa gift cards. Frank moved that the club pay for 12 \$25 Visa gift cards for the first-place winners. Gene seconded the motion. **Motion passed.**
  - c) Hunt for Charity: December 10th, 2022** – Keith discussed how in years past, the club donated a portion of the proceeds from this shoot to Amberly's Place. Not only is this a deserving charity, but it also generates positive publicity for the club. Last year, we donated a pre-determined amount of \$200 to Amberly's Place. Keith moved that we vote to approve the same amount of \$200 to be donated to Amberly's Place this year. Kelvin seconded the motion. **Motion passed.**
  - d) New Rinehart Targets update:** Keith reported that the Rinehart targets that we ordered in April should be arriving sometime in October\*. Delivery will be made to Sprague's Sporting Goods. The cost with shipping and handling was a little over \$5,000 which has already been deducted from the treasury. **\*ADENDUM:** Rinehart

notified SWBH that the targets should arrive sometime in November.

- e) **Bow Raffle: Discussion about having another bow raffle, and when to have it.** We are definitely having a bow raffle for the Walk The Trail shoot, but Debbie brought up the idea of having another raffle before then, selling raffle tickets in front of sporting goods stores, Walmart, etc., in addition to selling to friends and family. The number of tickets and price for the extra raffle could be pre-determined based on the cost of the bow and how much we want to net from the proceeds. Zach said that he can get a Mission bow from Sprague's, but we need to ask in writing. Debbie will work with him on that. In addition, John Sneed from Sportsman's Warehouse has stated he will donate a bow at cost should we decide we want to do an additional raffle. Debbie moved that the club authorize up to \$600 for the purchase of a bow for the raffle. Motion was seconded by Bryon. **Motion Passed.**

#### ***V. New Business***

- a) **Membership Dues:** Membership renewals will be accepted beginning in December for the 2023 calendar year. Any potential members who want to join the club should wait until December to join, as there will be no more retroactive or prorated memberships. Anyone who does not pay their dues by January 31<sup>st</sup> will be considered inactive and removed from the emailing lists.
- b) **Elections:** Keith asked members to consider becoming an officer next year. All positions will be open for the elections. Elections will be held at the December General Members' Meeting. *Please* nominate someone (or yourself) by the end of November so ballots can be printed.
- c) **T-Shirts:** The club has sold out the last order of SWBH T-Shirts, and members have been asking for new ones. Debbie has been in contact with Salty Dog Print Company regarding pricing for shirts. Discussion ensued; it was suggested changing the shirt color as well as adding a breast pocket for both long and short sleeved men's shirts. Debbie will contact Salty Dog regarding colors and pricing for shirts with pockets, and report back at the November meeting.

#### ***VI. Items from the floor:***

- a) **Porta Potty:** Vince asked that the club explore the possibility of getting a Porta Potty permanently placed in the Canyon near the shade area. Debbie will contact Gump (who has the contact with the porta-potty company) to investigate this.

b) **YVRGC Youth Outdoor Experience:** Bryon reported that the YVRGC Youth Day that is held in March, has grown so much that the Mittry Lake site can no longer accommodate it in a one-day event. YVRGC is looking into breaking it into several smaller events over different days at varying, appropriate sites. He suggested that Archery and BB gun portions be held on the same day at the Adair Ranges. It was determined that the club has no events scheduled for the month of March. Zack moved that the club use the Archery Range for the archery portion of the YVRGC Youth Outdoor Experience; Kelvin seconded the motion. **Motion Passed.**

c) Zach recommended that David Wetherholt, who now works in the City of Yuma Parks and Recreation Department, be allowed to help promote SWBH on various types of social media. He has already made several sport-specific videos about Adair Park and has made a rough-cut for the Haunted Canyon Night Shoot. Rick moved that we work with David to advance the social media side of promoting our club; Kelvin seconded the motion. **Motion passed.** Debbie will work with him to get administrative permissions for Facebook and Instagram, as well as post some videos on the SWBH website. The club enthusiastically welcomes this awesome opportunity!

**VII. Adjournment:** Zach moved that the meeting be adjourned; Vince seconded the motion. **Motion passed.** The meeting was adjourned at 9:35am.

**\*\*THE NEXT MEETING IS ON NOVEMBER 6<sup>th</sup>, 2022\*\***

Respectfully Submitted,  
Debbie Elliott, Secretary



## Runnin' with the "Big Dogs"

**Yuma archer wins bronze at Huntsman World Senior Games**  
*by Mike Rust*

Since this past July, I've been blessed with results of good coaching and lots of practice hours correcting years of bad habits.

On July 10<sup>th</sup> along with Mike Edwards and Chris Gipp, we entered a Hunter Round shoot, put on by San Diego Archers at Balboa Park. Mike Edwards and Chris Gipp won their respective divisions, and I managed a 2<sup>nd</sup> place finish, but the competitive fire was lit.

In September, several tournaments were entered:

- Sept 10<sup>th</sup>; Az Masters Indoor Championship: 4<sup>th</sup> Place.

- Sept 18<sup>th</sup>; CA 900 Round Outdoor Championship: 1<sup>st</sup> Place
- Oct 3-7<sup>th</sup>; Huntsman World Senior Games: Bronze Medal

It goes to prove that if you work hard and have good coaching behind you, anything is possible.

The greatest obstacle to overcome is doubting yourself... Believe in the process and believe that you deserve to be there!

As a 66-year-old freestyle shooter will attest to... it's never too late to get off the porch and run with the "Big Dogs"!

If I can do it, anyone can... believe in yourself and grab your bow!



*Mike and his Bronze Medal*



## Debbie's Dissertation

### Random thoughts and happenings

I received some sad news last week. One of our members, Rae Erickson, passed away after a short illness. She will always be remembered driving in on Sunday mornings in her 'Dragon Mobile', practicing with her recurve bow, for her quick smile and willingness help whenever possible. I believe donations are being accepted in her name at the Yuma Humane Society where she often volunteered. Rest in peace, Rae. You will be missed!

Now for some better news: Fall is beginning to take hold, and the days become shorter – and cooler – and it's time to start thinking about the holidays. Thanksgiving is less than a month away, and Christmas is rapidly approaching. It's also time to start thinking about volunteering in the concession stand or registration table for the upcoming SWBH Swamp-Gobbler Turkey Shoot in November and the Hunt for Charity Shoot in December. Members and their families will also have an opportunity to volunteer to cut and stack brush on the River Courses, clean up the concession stand and restrooms, work on target repair, or help in any way you can at our annual work party on December 3<sup>rd</sup>. Remember, many hands make light work!

After the work party, I will be serving my home-made chili with all the trimmings and corn bread muffins at lunch for all who participate. Last year, our archery friends from Blythe even came down to lend a hand! I hope you will all consider chipping in to keep our course in tip-top shape.



Until next month, stay safe and shoot straight.

Debbie Elliott, Secretary



## SWBH Instructors Mentor Yuma Desert Doves-Women on the Wing

The mission of the Yuma Desert Doves is “to unite and inspire the current and next generation of women hunters.” The group helps women who have never fired a firearm, shot a bow, or hunted, who are ultimately interested in learning how to hunt. Prior to the opening of dove season, the ladies of the “Class of ‘22” went through training on safely using shotguns and learned to shoot at – and hit – moving clay targets. Then in September, on opening weekend of dove season, the group went to a local farm and demonstrated what they had learned on the real thing. Everyone left the field with at least one dove each.



*Keith explains range safety while Debbie and Phoebe look on.*

On Friday, October 14th, The Yuma Desert Doves Women on the Wing partnered with Southwest Bowhunters to mentor

11 women and a single male attendee for an Archery Workshop. The mentors, Keith Parsels, Phoebe Desposito, and Debbie Elliott taught



*The “Class of 2022*

the participants about range safety, whistle commands, shooting form, and everything necessary for them to have a safe and enjoyable experience. The participants shot at a few different targets to include a javelina, frog, skunk and clay targets. Every participant was able to consistently hit their targets by the end of the evening.

Everyone had a great time. Several of the participants said that they could very easily get addicted to archery and asked how they could join the SWBH club.

This is the third group of Yuma Desert Doves that have been mentored by the SWBH instructors, and we look forward to doing this event again in the future.



## Upcoming Events -

- **Sunday Fun Shoots (ongoing)**

Every Sunday 7 to 11am. Members \$5, Non-Members \$8.

- **SWAMP-GOBLER TURKEY SHOOT**

Held on the morning of third Saturday of November. Registration will start at 7:30 a.m. and will have a shotgun start at 9:00am. The shoot will consist of 28 3D targets, and for those of you who like to live dangerously, a pot shot featuring the rare and illusive "Gila River Swamp Gobbler"! First place winners in each category will receive a \$25 Visa Gift Card.

Eligible for Gift Cards:

- Senior Men's and Woman's Compound
- Senior Men's and Woman's Traditional
- Men's and Women's Compound
- Men's and Women's Traditional
- Young Adult (13 - 17 yrs) Boy's and Girl's Compound
- Young Adult (13- 17 yrs) Boy's and Girl's Traditional

1st, 2nd, and 3rd place Youth, Cub, Pee-Wee Boys and Girls will receive pins.

Price: Adults - \$20; Youth (6 - 17yrs) \$15, Kids 5 and under FREE

A portion of the proceeds go to the [Yuma Community Food Bank](#). Don't miss out on the fun!!

- **ANNUAL HUNT FOR CHARITY SHOOT**

Our Annual Hunt For Charity Shoot consists of sixty (60) targets on three (3) trails. Pins (adults, young adults & youth) and medals (Cubs & Pee Wees) will be awarded for 1st, 2nd, and 3rd place in each class. Dry camping onsite is available, and motels are less than 15 minutes from the range. Lunch is available on Saturday and Sunday. Adults: \$25.00; Families: \$45.00; Youth (17 yrs. & Under) \$15.00 Proceeds go to [AMBERLY'S PLACE FAMILY ADVOCACY CENTER](#) in Yuma.

- **Archery Lessons**

Ten-week class \$90.00. Classes are held on Saturday mornings. Price includes the Explore Archery medals. Join USA Archery and JOAD and receive the JOAD awards pins for qualifying scores. Open to all beginning archers ages 7 and up! We also offer lessons by the hour on Saturdays for \$10.00 per hour.



### *From the Hunter's Kitchen:*

## **BEEF OR PORK MARINADE AND TENDERIZER**

This is a teriyaki-style marinade. Whoever said that marinades are only for flavor and not for tenderizing, has never tried this recipe! This marinade produces the most fabulous tasting beef and pork, and it tenderizes like nothing you have ever had before.

This works extremely well on a London Broil, and it makes the best kabobs and pork tenderloins! The longer the meat marinades, the more tender and juicier it will be, so plan ahead. The meat needs to stay in the fridge for a minimum of 8 hours up to 24 hours (even better if left for 24 hours).



The amounts listed are enough for 2 pounds of beef or pork, so you might want to double or even triple the ingredients if cooking larger amounts of meat. If doubling or tripling, cut back on the soy sauce and still only use 2 – 3 tablespoons of fresh garlic. You can also add in 1 teaspoon dry mustard powder. The powdered meat tenderizer is only optional ingredient. You don't have to use it, as it works great even without it!

Don't forget to allow the meat to come down to almost room temperature before cooking. This will relax the meat fibers and create a more tender meat. **DO NOT** substitute the honey for anything else but pure maple syrup, and if possible, I



recommend using honey as it is what works as the meat tenderizer.

**Prep Time:** 10 minutes

**Yield:** 2 pounds meat

**INGREDIENTS:**

- ½ cup soy sauce
- ¼ cup red wine vinegar or ¼ cup apple cider vinegar
- ¾ cup olive oil or ¾ cup vegetable oil
- 2 - 3 tablespoons fresh minced garlic cloves
- 1 teaspoon black pepper
- ½ teaspoon ginger powder (more if you prefer a stronger ginger flavor)
- 4 tablespoons liquid honey or maple syrup. (DO NOT substitute brown or white sugar or pancake syrup!)
- 3 tablespoons Worcestershire sauce
- 2 teaspoons powdered meat tenderizer (optional)

**DIRECTIONS:**

1. In a large bowl, combine all ingredients except the meat; mix/whisk until very well combined.
2. You may now transfer the marinade to a large resealable plastic bag, if desired, or leave in the large bowl.
3. Pierce the meat all over with a fork.
4. Add the meat to the marinade, then turn to coat.
5. Refrigerate for at least 8 hours, up to 24 hours.
6. Remove meat and discard the marinade.
7. Leave the beef or the pork to sit out on the counter until almost at room temperature. This will relax the meat fibers and make for a more tender juicy steak or cut of beef or pork. (This is a VERY important step!)
8. Grill or oven-broil to desired doneness.



"NO. NO. NO. MISTER TIPPIT.  
LET'S REVIEW LESSON NUMBER THREE."

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## Volunteers Are Always Welcome

The Southwest Bowhunters Archery Range at Adair Shooting Park would not exist if it weren't for the efforts of our member volunteers. Range upkeep and improvements are made possible by the generosity of several of our club members and many local businesses who donate time, money, and materials.

Please consider volunteering to help maintain and improve our facility, and we can **ALWAYS** use help with setting up and running our tournaments. For more information on how you can help, call Keith at (928) 750-7620.



*Reminder: Alcohol is NOT permitted on the range at any time. Your safety is paramount. Thank you for your cooperation!*

**AND...**



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