



The Official Newsletter for  
Southwest Bowhunters, Inc.

31<sup>st</sup> Edition

January, 2023

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# The Broken Arrow

## President's Message

Dear fellow Southwest Bowhunters,

As President "I can't believe you stuck it to me again!" (Just kidding!)

I hope that wherever you were over the Christmas holidays, you were able to spend time with your families and loved ones in some capacity or another.

I would like to pass on my New Year's greetings to you as 2022 draws to a close. What was a turbulent year once again, it has not been without its rewards through the projects and events we have undertaken in 2022.

As we enter 2023, I feel it is time to embrace new challenges. Our flagship project includes the joining with three other archery clubs in Arizona for the "AZ 3D Championship Series." This project must be our main focus for now. I'm hoping the executive board will become involved in the decision making in this matter and undertake a study into the viability of starting this project in the first half of 2023. The actual events won't start until 2024. If you would like to offer an opinion, please let us know.

Over the last few years, we have achieved many great things through the work of the members of our organization. February is the SWBH signature 'Walk the Trails shoot'; please talk it up. Remind people that it is coming up and encourage them to attend.

Over this past year, we have had many beginning archers start shooting and have become regulars on the range. I personally find it quite heartwarming in how this opportunity has changed the lives of not only themselves but the Club, and what they have done once they joined the SWBH.

This is what The Southwest Bowhunters Inc. is all about: changing people's lives for the better, one arrow at a time.

As we finally reflect on 2022, I wish you all a very happy 2023.

Shoot straight and often,

Keith C Parsels  
President 2022  
USA Archery Level 3 Coach



President Keith Parsels



## OFFICERS -

**President:**

Keith Parsels

**Vice President:**

Scott Covey

**Secretary/Webmaster:**

Debbie Elliott

**Treasurer:**

Jennifer Wight

**Range Master:**

Butch Lacey

## MEMBERS AT LARGE:

Zach Slette

Kelvin Drapeau

Bryan Hendon

David Wetherholt

Bryon Green

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We can also be found on  
Facebook, and Instagram

# Meeting Minutes

**Date:** December 4, 2022

**Time:** 9:00 a.m.

**Type of Meeting:** General Members

**Meeting Facilitator:** Keith Parsels

**Attendees:** Rick Bielke, Gene Cox, Kelvin Drapeau, Debbie Elliott, Bryon Green, Fredrick Hoff, Uschi House, Jesus Juarez, Keith Parsels, Michael Rosner, David Wetherholt, Jennifer Wight, Michael Wright, Nathan Peretz, Kal Wilson.

- I. Call to order:** The meeting was called to order at 9:00am.
- II. Approval of minutes from last meeting:** Debbie moved that the minutes from the November 6<sup>th</sup> meeting be approved; Bryon seconded the motion. **Motion Passed.**
- III. Treasurer's Report:** There is \$5,384.19 available in the checking, however, there is an outstanding bill for electricity from Adair Park for \$101.47.
- IV. Open issues/Old Business:**
  - a. Swamp Gobbler Turkey Shoot:** There were a total of 22 registered participants this year. Discussion ensued as to whether or not we should continue or discontinue this event, as we have lost money on this shoot for the past two years. Rick moved that Southwest Bowhunters discontinue the Turkey Shoot; Kelvin seconded the motion. **Motion Passed.**
  - b. Work Party on December 3<sup>rd</sup>:** Approximately 15 people participated in the range work party on Saturday, and another 4 participated on Wednesday, Nov. 30<sup>th</sup>. Several projects were completed in preparation for the upcoming Charity Shoot on Dec. 10<sup>th</sup> & 11<sup>th</sup> and Walk the Trail Shoot on Feb. 18<sup>th</sup> & 19<sup>th</sup>. A big shout-out to everyone who participated!
- V. New Business:**

- a. Keith suggested that people who help at events (i.e.: Charity Shoot, Walk the Trail, etc.) get to shoot for free at the following Sunday Fun Shoot. Debbie moved that SWBH allow those who help with events to shoot for free at the following Sunday Fun Shoot; Gene seconded the motion. **Motion Passed.**
- b. **New Chronograph:** Some members have complained that the present chronograph is not consistent in its readings and recommended that the club replace it with a new one. Keith pointed out that the “Low Battery” alert was on the last time he had it out and suggested that we change the battery on the existing chronograph and test it before we spend money on a new one. This item will be readdressed at the January meeting if the battery doesn’t fix the problem.

**VI. *Items from the floor:***

- a. Keith suggested that we add two new board members to bring the total up to five. In the old Bylaws, the club had four board members, one of whom has moved away. However, that proved to be problematic when there was a tie during a vote. He recommended David Wetherholt and Bryon Green be considered for those positions at the January meeting.
- b. Rick spoke about volunteerism and how some members volunteer a lot more than others. One member in particular puts an enormous amount of energy into volunteering for the club: Butch Lacey. Rick suggested that Butch be granted a Lifetime Membership as a reward for all he does for the club. Rick moved that the club award a Lifetime Membership to Butch Lacey; motion seconded by Gene. **Motion Passed.**

**VII. *Elections:*** Congratulations to the following members who were elected to office for the calendar year 2023:

**President:** Keith Parsels  
**Vice President:** Scott Covey  
**Secretary:** Debbie Elliott  
**Treasurer:** Jennifer Wight  
**Target Captain:** Butch Lacey

**VIII. Adjournment:** Debbie moved that the meeting be adjourned; Gene seconded the motion. Motion Passed. The meeting was adjourned at 9:22 a.m.

**\*\*Next meeting will be January 8, 2023\*\***

Respectfully Submitted,  
Debbie Elliott, Secretary



## A Hunt for Charity, 2022

Our Annual Hunt For Charity Shoot was held December 10<sup>th</sup> & 11<sup>th</sup>. This year, we hosted 36 archers over the two days. The shoot consisted of sixty (60) targets on three (3) trails. We had many compliments on how well the trails were groomed and how clear the shooting lanes were. Lunch was available both days. We'd like to give a big shout-out to all of the volunteers who made this shoot possible:

Kelvin Depreau, Rick Bielke, Butch Lacey, Scott Covey, Bryon Green, David Wetherholt, Becky Bedoya, Larry Lee, Keith Parsels and anyone I may have forgotten to mention. In addition, thanks to the Blythe Bowmen for all their support of our events.



L to R: Jennifer Wight, Phoebe Desposito, Debbie Elliott, Amberly's Place Exec. Director Diane Umphress, and SWBH President Keith Parsels

Overall, the shoot was a big success. As a result, a check for \$300 was donated to [AMBERLY'S PLACE FAMILY ADVOCACY CENTER](#) in Yuma.

The results of the shoot were as follows:

**Adult Male Freestyle (18 – 49 yrs)**

1<sup>st</sup> Place: Jesus Juarez – 531

**Silver Senior Male Freestyle (60 – 69 yrs)**

1<sup>st</sup> Place: Rob Fitzpatrick – 379

**Adult Male Bowhunter Freestyle (18 – 49 yrs)**

1<sup>st</sup> Place: Walter Covey – 544

2<sup>nd</sup> Place: David Wetherholt – 538

3<sup>rd</sup> Place: Derrick Courter – 537

**Adult Female Bowhunter Freestyle (18 – 49 yrs)**

1<sup>st</sup> Place: Desiree Redger – 469

2<sup>nd</sup> Place: Jessica Courter – 431

3<sup>rd</sup> Place: Tanja Eiben – 203

**Senior Male Bowhunter Freestyle (50 – 59 yrs)**

1<sup>st</sup> Place: Fritz Hoff - 487

**Senior Female Bowhunter Freestyle (50 – 59 yrs)**

1<sup>st</sup> Place: Susie Forrest - 368

2<sup>nd</sup> Place: Joanne Lacey - 286

**Silver Senior Male Bowhunter Freestyle (60 – 69 yrs)**

1<sup>st</sup> Place: William Lacey - 476

2<sup>nd</sup> Place: Duane Forrest - 448

**Master Senior Male Bowhunter Freestyle (70 & up)**

1<sup>st</sup> Place: Kal Wilson – 451

**Adult Male Traditional (18 – 49 yrs)**

1<sup>st</sup> Place: Nick Heatwole – 262

**Senior Male Traditional (50 – 59 yrs)**

1<sup>st</sup> Place: Robert Baker – 378

**Master Senior Male Traditional (70 & up)**

1<sup>st</sup> Place: Frank Bergwall – 262

**Young Adult – Girls (14 – 17 yrs)**

1<sup>st</sup> Place: Kendra Juarez – 379

**Youth – Boys (10 – 13 yrs)**

1<sup>st</sup> Place: Slade Redger – 244



## Debbie's Dissertation

### Random thoughts and happenings

As we say farewell to 2022, I've taken some time to reflect on what really matters in life.

First and foremost, family and friends are right up there at the top of the list. I have lost a lot of friends this past year, and I'm sure that there

will be more. We don't always realize how much these folks meant to us until they are gone, but I am thankful that they were a part of my life.

Second, good health. The past six months have been somewhat trying for me in that department. However, as I look around, I really don't have it as bad as others I have known. The maladies that I am suffering from now are correctable. Others are not so fortunate. I am thankful for (relatively) good health.

Third, the sport of Archery. Archery has become a passion for me. A release. And the fact that I can use that passion to put food on the table is an added bonus.

Finally, I am thankful for all of you, the members and friends of Southwest Bowhunters. We may not always see eye-to-eye, but I will always respect your opinions and be sensitive to your feelings.

Here's to a happy, prosperous and healthy New Year!

Until next month, stay safe and shoot straight.

Debbie Elliott, Secretary



## 2023 Southwest Bowhunters Officers Announced

Congratulations to the 2023 Southwest Bowhunters' Officers:

President: Keith Parsels

Vice President: Scott Covey

Secretary: Debbie Elliott

Treasurer: Jennifer Wight

Target Captain: Butch Lacey



## Upcoming Events -

- **Sunday Fun Shoots (ongoing)**

Every Sunday 8 to Noon. Members \$5, Non-Members \$8.

- **[Walk The Trail](#)**

This is our flagship event and is held on Presidents' Day weekend each year. It is a two-day event (Saturday and

Sunday) that consists of three courses for a total of 60 3-D targets. Awards for 1st, 2nd, and 3rd place in each class:

- Master Senior (70 & over) Men's and Women's Compound
- Master Senior (70 & over) Men's and Women's Traditional
- Silver Senior (60 - 69 yrs) Men's and Women's Compound
- Silver Senior (60 - 69 yrs) Men's and Women's Traditional
- Senior (50 - 59 yrs) Men's and Women's Compound
- Senior (50 - 59 yrs) Men's and Women's Traditional
- Adult (18 - 49 yrs) Men's and Women's Compound
- Adult (18 - 49 yrs) Men's and Women's Traditional
- Young Adult (13- 17 yrs) Boy's and Girl's Compound
- Young Adult (13 - 17 yrs) Boy's and Girl's Traditional
- Youth (10 - 12 yrs) Boys & Girls
- Cub (6 - 9 yrs) Boys & Girls
- Pee-Wee (5 & Under) Boys & Girls

Dry camping is available onsite, and motels are just 15 minutes from the range. Saturday night is our BBQ and pot-luck dinner, and awards are presented on Sunday afternoon. *GREAT RAFFLE PRIZES AND AN AUCTION TOO!*  
*REGISTER ONLINE AT:*

<https://form.jotform.com/220626695078060>

## • Archery Lessons

Ten-week class \$90.00. Classes are held on Saturday mornings. Price includes the Explore Archery medals. Join USA Archery and JOAD and receive the JOAD awards pins for qualifying scores. Open to all beginning archers ages 7 and up! We also offer lessons by the hour on Saturdays for \$10.00 per hour.



*From the Hunter's Kitchen:*

## **Elk Stuffed Mushrooms**

If you are throwing a party or attending a get-together with friends and family, you shouldn't underestimate the importance of the Hors d'oeuvre. These bite sized finger foods are typically served before the main course and are always a crowd pleaser, keeping your guests sustained until the main dish is ready to be served.



A popular Hors d'oeuvre is the stuffed mushroom which is an elegant classic appetizer filled with rich and warm ingredients. My crowd-pleaser recipe combines ground elk seasoned with perfumy fennel, breadcrumbs and Gruyère which is a sweet and salty cheese. Stuff each individual buttery mushroom cap with a generous amount of filling, bake until the tops are golden brown and watch how fast they disappear when served.

#### INGREDIENTS

- 1 lb ground elk
- 20-24 white button mushrooms
- 1 sm onion, chopped
- ½ cup breadcrumbs
- ½ cup Gruyère cheese
- 2 tsp fresh parsley, chopped
- 1 tsp ground fennel
- 1 tsp garlic powder
- ½ tsp kosher salt
- 1 tsp olive oil
- 2 tbsp unsalted butter, melted

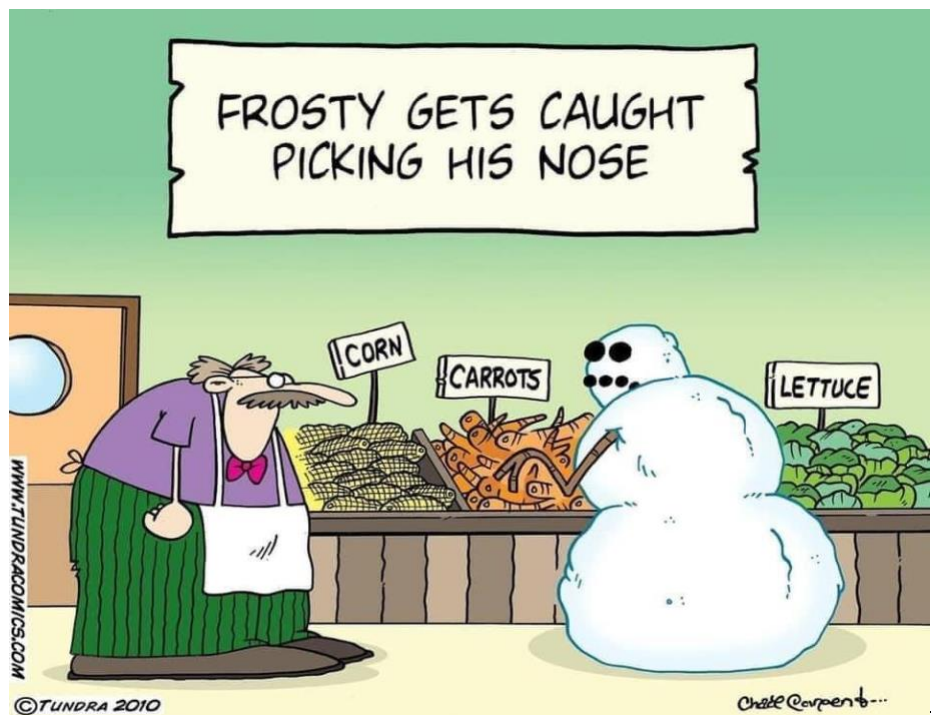
#### PREPARATION

1. Preheat oven to 400 degrees.
2. Remove the mushroom stems and brush the mushroom caps to remove any dirt. Set mushrooms aside.
3. Heat a skillet over medium heat and add the olive oil, ground elk, onions, fennel, garlic powder and salt. Cook until the meat is browned, and the onion have softened – about 5 minutes. Add the chopped parsley, remove from heat and let cool slightly.



- In a large bowl, mix together the elk meat, breadcrumbs and Gruyère cheese. Take each mushroom cap and dip the stem side in melted butter, then stuff with filling. Set the mushrooms stem side up on a sheet pan and bake for 18 to 20 minutes.

**PREP TIME:** 10 min    **COOK TIME:** 35 min    **MAKES:** 20 - 24



## Volunteers Are Always Welcome

The Southwest Bowhunters Archery Range at Adair Shooting Park would not exist if it weren't for the efforts of our member volunteers. Range upkeep and improvements are made possible by the generosity of several of our club members and many local businesses who donate time, money, and materials.

Please consider volunteering to help maintain and improve our facility, and we can **ALWAYS** use help with setting up and running our fun shoots and tournaments. For more information on how you can help, call Keith at (928) 750-7620.



*Reminder: Alcohol is NOT permitted on the range at any time. Your safety is paramount. Thank you for your cooperation!*

**AND...**



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