



The Official Newsletter for
Southwest Bowhunters, Inc.

35th Edition

May, 2023

In This Issue:

- President's Message
- Meeting Minutes
- Debbie's Dissertation
- Upcoming Shoots
- Recipe of the Month
- Be a Volunteer

The Broken Arrow

President's Message

I remain humbled by the honor of serving you, our corporation, and our areas booming archery enthusiasts. For forty plus years our organization has worked to protect and strengthen archery and the community we serve, and I've had the opportunity to see that legacy from a unique perspective the last few years. It's been quite a journey, and I have always had



President Keith Parsels

appreciation for the far-reaching good work of the SWBH membership and the army of volunteers who make our group's success a priority.

Our members roll up their sleeves and work together to address issues and opportunities. We learn from each other, increasing professionalism to better serve our membership and our communities.

We are a community of archers that cares about something bigger than ourselves and seeing it firsthand has been a powerful gift. I noted it in the willingness of the southwest bowhunters doing good work in helping those that need it. I heard it in the voices of attendees of our shoots and on Sundays at our weekly 3D shoots. I saw it in the eyes of our committee volunteers, and board of directors working together to tackle issues large and small that affect how we do business and our ability to successfully serve our sport in the future.

Shoot straight and often.

Keith C. Parsels

President



Meeting Minutes

Date: May 14, 2023

Time: 9:00 a.m.

Type of Meeting: General

Meeting Facilitator: Keith Parsels.

Attendees: Rick Bielke, Scott Covey, Gene Cox, Kevin Drapeau, Tara Duarte, Tanja Eiben, Debbie Elliott, Bryon Green, Bryan Herndon, Fritz Hoff, Uschi House, Jesus Juarez, Bambi Lacey, Butch Lacey, Craig Magdaleno, Keith Parsels, Desiree Redger, Tiana Redger, Zach Slette.

Call to order: The meeting was called to order at 9:00am by President Keith Parsels.

- I. **Approval of minutes from last meeting:** The minutes were reviewed. Scott moved to accept the minutes as written; Butch seconded the motion. Motion Passed.
- II. **Treasurer's report:** \$7,382.57 after Reinhart cashed check for the targets and inserts. Next big bill will be for insurance \$800.
- III. **Old Business:**
 - a) **Hoot Shoot** - Debbie reported that there were 22 adults and 7 kids who registered on site and 6 online registrations. She also asked the members to send any photos from the Hoot Shoot for the Newsletter.
 - b) **3D Series update** - We have committed to hold the 3rd Leg of the AZ 3D Championship Series on April 13 & 14. Scott wants to hold work parties one Sunday every month starting after our September 3rd meeting in order to develop new trails for the Series. Scott is going to approach Yuma County to see if they can help level trails and spread dirt.
 - c) **Food in kitchen** - Keith reminded everyone to eat up the rest of the food so we can turn off the refrigerators and freezer.
 - d) **Targets Inventory** - Bryon has acquired 3D targets owned by the Yuma Valley Rod & Gun Club. They have loaned them to us with the understanding that if/when they need them for an event, they will have access to them. Bryon wants to borrow a Dremel tool to mark all the YVR&GC targets.
- IV. **New business:**
 - a) **Shooting courses backwards** - It was suggested that we shoot the river trails 'backwards', starting where we usually end and ending where we usually start, so that the walk back to the concession stand isn't as long in the later afternoons when everybody is hot and tired. This will be handled by the Target Captain.
 - b) **Pop-ups for courses** - Scott recommended that the club either borrow or purchase pop-up shade structures for water stations and rest locations on the ranges. Gump moved that the club allocate \$300 to purchase three new pop-ups; Tiana seconded the motion. Motion Passed

- c) **Vinyl sign for club** - Gump is going to contact Sign Pro in Yuma about buying a vinyl sign for the club. He will report at the September meeting.
- d) **Cotton Bales & Dirt in June** - Gump reported that Yuco may donate some of their seconds bales to us later this summer. Scott and gump will investigate acquiring grain bags to repair older bales.
- e) **Prizes - Tumblers?** - Discussion was held about what kind of prizes we should award at our major events. It was noted that there are so many different divisions that sometimes there are only one or two people in each class. It was suggested that we combine some of the classes to cut back on the number of awards we need to purchase. Maybe combine youth and young adult? We will revisit this the September meeting.

V. Items from the floor:

- a) **Punch cards for Sunday Fun Shoots** - Tanja suggested that the club sell 'Punch Cards', much like those that the shotgunners use. This may make it easier to collect fees from members, and members wouldn't need to remember to bring money to the shoot. This discussion was tabled until the next meeting.
- b) **Progress on restroom remodel** - Scott reported that the bathrooms are delayed until Bruce has time to devote to doing the remodel.
- c) Tanja reported that **Fritz Hoff placed 8th in the 2023 AZ 3D Championship Series**. Congratulations Fritz!!!

VI. **Adjournment:** The meeting was adjourned at 9:27am.

**** THE NEXT MEETING WILL BE HELD ON SEPT. 3RD ****

Respectfully Submitted,

Debbie Elliott, Secretary



Hoot Shoot 3D Night Fun Shoot



When the sun went down on April 29, 2023, the horn blasted at exactly 7:18 pm, and the annual Hoot Shoot 3D Night Fun Shoot began.

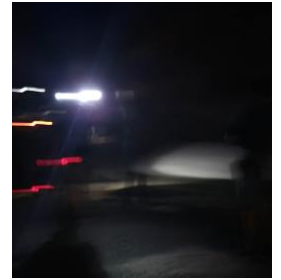
Twenty-eight adults and seven young archers came to Adair Archery Range to test their skills





while shooting at targets in the dark armed with nothing more than flashlights, a bow, and arrows. There were no awards, but several shooters kept track of their scores to claim bragging rights. Following are just a few of those scores: Aileen Toler – 64; Reuben Velez – 159; Evangeline Velez – 108; Ann Bluhm – 89;

Scott Covey – 168.



Debbie's Dissertation

Random thoughts and happenings

As I write this, the calendar may say it's only April, but I'd swear it's August! As always, when the temperature heats up and our snowbird family returns to cooler climes, one would expect that things should slow down here at the range. However, this year will be a little different. With the upcoming AZ 3D Championship Series only a year away, things at the archery range will be hopping.

Construction on the remodel of the restrooms to make them ADA compliant is beginning with the removal of one stall in both the men's and women's restroom. Wider doors, new plumbing and new toilet fixtures, new stalls and ADA handrails will be welcome improvements.

Next, we're getting several new cotton bales and more hay bales for the range and the trails, and tons of new dirt to create navigable trails from one target to the other. No more trudging through the talcum powder dust between targets!

We will soon be getting another Conex box to house more targets, and (hopefully) our new targets and replacement inserts will be arriving soon.

As you can see, just because the temperature soars over the 100° during the summer months, things are still happening at the range. By this time next year, we *will* be ready for the AZ 3D Championship Series!

This is the last Broken Arrow until next season. So until September, stay safe and shoot straight.

Debbie Elliott, Secretary



Upcoming Events -

- **Sunday Fun Shoots (ongoing)**

Every Sunday 7:00am to Noon. Members \$5, Non-Members \$8.

- **Archery Lessons**

Ten-week class \$90.00. Classes are held on Saturday mornings. Price includes the Explore Archery medals. Join USA Archery and JOAD and receive the JOAD awards pins for qualifying scores. Open to all beginning archers ages 7 and up! We also offer lessons by the hour on Saturdays for \$10.00 per hour.



From the Hunter's Kitchen:

Instant Pot Venison Stew

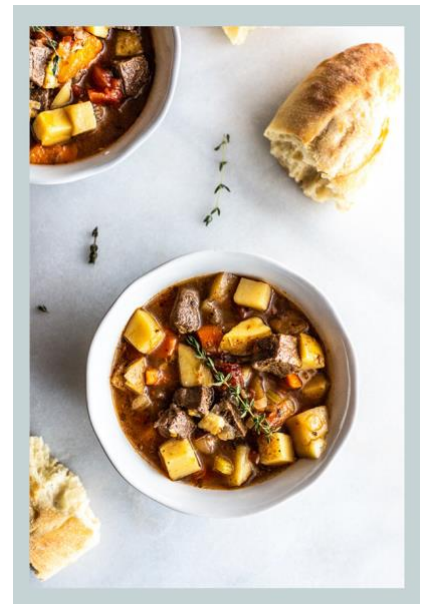
Serves: 6 – 8

Prep time: 12 minutes

Cook time: 35 minutes

Ingredients

- 1 Tbsp. olive oil
- 1 lb. venison, diced with all sinew removed.
- 2 tsp. herbs de Provence
- 1 tsp. salt
- ¾ tsp. black pepper
- 4 cups diced potatoes, skin on.
- 2 cups diced carrots
- 1 cup diced celery
- 1 large onion, diced
- 2 garlic cloves, minced
- 1 15 oz can diced tomatoes
- 4 cups unsalted beef broth



- 3 – 4 dashes Worcestershire sauce

Directions

Dice the potatoes, carrots, celery, and onion. Mince the garlic. Set aside in a bowl.

Dice the venison into bite-sized chunks, being sure to remove any of the silvery sinew tissue. Leaving this on makes the meat tough.

Add the olive oil to the base of the Instant Pot and add the cubed venison. Add the spices and seasoning.

Turn the Instant Pot to “Sauté” for 10 minutes.

Allow the venison to sauté for 5 minutes and add the bowl of vegetables. Sauté until the cycle ends with the lid off.

Add the tomatoes, broth, and Worcestershire sauce. Stir well and secure the lid.

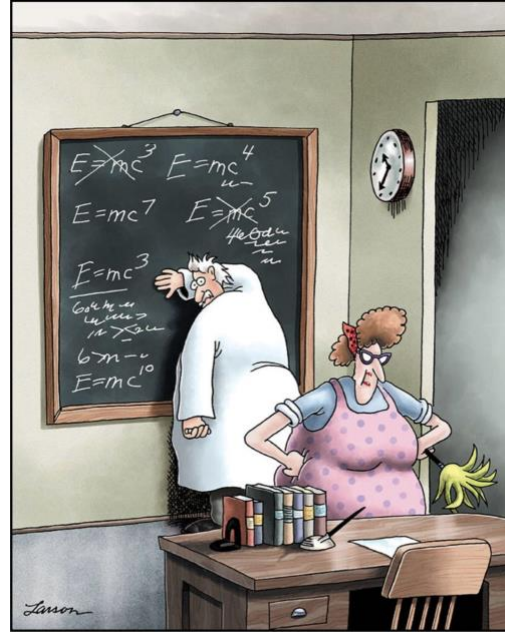
Select “Manual” or “Pressure Cook” and adjust the time to 30 minutes. Allow the Instant Pot to do its thang. Go pour some wine, do your nails, whatever.

When the cycle finishes, allow it to naturally release for 10 minutes before turning the knob to venting according to manufacturer’s instructions.

Allow the Instant Pot to vent fully, remove the lid and serve!



Keith & Becky



"Now that desk looks better. Everything's squared away, yessir, squaaaaaaared away."



Volunteers Are Always Welcome

The Southwest Bowhunters Archery Range at Adair Shooting Park would not exist if it weren't for the efforts of our member volunteers. Range upkeep and improvements are made possible by the generosity of several of our club members and many local businesses who donate time, money, and materials.

Please consider volunteering to help maintain and improve our facility, and we can **ALWAYS** use help with setting up and running our fun shoots and tournaments. For more information on how you can help, call Keith at (928) 750-7620.



Reminder: Alcohol is NOT permitted on the range at any time. Your safety is paramount. Thank you for your cooperation!

AND...



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