



The Official Newsletter for  
Southwest Bowhunters, Inc.

49<sup>th</sup> Edition

February, 2025

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# The Broken Arrow

## President's Message

Greetings fellow archers,

February is coming quickly to a close and all I can say is "WOW" what a great showing and outcome for our tournaments that were held this month. We had a great turnout for High Noon on the Gila and a huge turnout for Walk the Trails. I want to thank all the archers who came from around the area to compete and support our events. I truly hope you all had as good a time as we did hosting and putting these shoots together. I am looking forward to doing it all again next season.



Fritz Hoff, President

I want to take a moment and thank all those involved in making these events happen, without these individuals none of this would have been possible. David Wetherholt played the key role in designing and laying out our course's this season, and if I do say so myself they were awesome. He along with Jesus Juarez, Scotty Covey, the Reese brothers and others who I am sure I'm forgetting got the courses set for us all to enjoy.

The kitchen staff of Desi Redger, Lisa Medina, and Rhonda Greene, once again did a fantastic job of keeping the archers fed and hydrated after a long day of shooting. Thank you Ladies for all your hard work. Big thanks to El Gumpo for a cooking us a fantastic meal for Saturday night at Walk the Trails.

Of course none of this would be possible without the main lady in charge Debbie Elliott who handled the registration and scoring and kept us all in line and on track. Thank you to Kelvin Drapeau, Scotty Covey, Bryan "Gump" Herndon, Brent Redger, and Bryon Greene for all your help with sales and cleanup. You all are the reason these events were such a success. I apologize if there is anyone that I missed, its been a busy couple weeks.

On a final note, good luck to everyone in this years Elk/Antelope draw, the lucky ones should know by the time this goes out.

See you at the range,

Fritz Hoff



## OFFICERS -

### President:

Fritz Hoff

### Vice President:

Open

### Secretary/Webmaster:

Debbie Elliott

### Treasurer:

Kelvin Drapeau

### Range Master:

Jesus Juarez

## MEMBERS AT LARGE:

Zach Slette

Bryan Herndon

Bryon Green

Austin Magdaleno

Brent Redger

## JOAD Director

Keith Parsels

### Contact Us:

Southwest Bowhunters

### Street Address

Adair Park Road, Yuma, AZ

### Mailing Address:

P.O. Box 26084, Yuma, AZ  
85367

### Phone:

(928) 750-7620

### Email:

[Info@southwestbowhunters.net](mailto:Info@southwestbowhunters.net)

### Website:

<http://southwestbowhunters.net>

We can also be found on  
Facebook, and Instagram

# Debbie's Dissertation

## Random thoughts and happenings

Greetings fellow archers!

First, I want to apologize for the delay on publishing this month's newsletter and last month's minutes. The minutes will be emailed out to everyone next week. I think everyone needed a little time to decompress after hosting two huge events in a two-week period, and I am no exception. Thank you in advance for your patience and understanding!

Speaking of two huge events, the first leg of the Southwest 3D Championship Series, High Noon on the Gila was held on February 8<sup>th</sup> & 9<sup>th</sup>, was more successful than in my wildest dreams. I was anticipating +/- 40 competitors and we ended up with just under 70, not to mention all the folks who came out just to shoot the fun courses. It looks like High Noon on the Gila is here to stay.

The following weekend, February 15<sup>th</sup> & 16<sup>th</sup>, was the annual Walk The Trail Shoot. Once again, we had more participants than I expected – just under 120 people registered! More on that and High Noon in a following article.

As I mentioned last month, there are several improvements happening at the range. One of the most notable are the new toilets in the bathrooms. A huge thank you to Yuma Winnelson Company for the donation of toilets and plumbing supplies. Now all we need to do is repipe and replace drywall, and the remodel will be complete.

Another big thank you goes out to Foothills Animal Hospital for donating a refrigerator for our Snack Shack. This one replaced an old refrigerator that hasn't worked for as long as I can remember. Now we have three working refrigerators!

And, last but certainly not least, a HUGE THANK YOU to all the volunteers who helped in all aspects of both shoots; everything from course setup and take down to snack shack sales and management, from registration and scoring to making sure that there was water and porta-potties on the course. The list goes on and on, but suffice it to say that without your help, neither one of these events would have gotten off the ground. Again, thank you, Thank You, THANK YOU!!!

Until next month, stay safe and shoot straight.

Debbie Elliott, Secretary



# High Noon on the Gila – First Leg of the Southwest 3D Championship Series

On February 8<sup>th</sup> and 9<sup>th</sup>, the first leg of the Southwest 3D Championship Series, “High Noon on the Gila”, began at the Southwest Bowhunters’



*Participants gather for pre-shoot morning briefing.*

Archery Range at Adair Park just outside of Yuma. A total of 68 participants registered for the shoot, which consisted of three competitive courses and two fun courses.

Last year, several participants complained that the courses were ‘boring’ with too few technical shots, especially for the

open and hunter classes. Our target team took the criticism to heart, and led by Jesus Juarez and David Wetherholt, the team put together several very technical and challenging shots and were rewarded with high praise from all the participants.



*Many people camped onsite for the shoot.*

In addition to the great courses, Desi Redger, Lisa Medina, and Rhonda Greene once again outdid themselves running the concession stand. Walking Tacos and Bowhunter

Burgers were great hits as well as the Chili Dogs, Hot Dogs, Hamburgers, and Cheese Burgers that were available for sale.



*Young archers on the Kid's Course.*

Once again, Scott Covey made sure that there were awards for everyone who earned one. The engraved tumblers for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place were beautiful. He also ordered and sold our t-shirts with the new ram’s-head logo. In addition to the shirts,

tickets for the PSE bow raffle were also sold.

Thanks to all our sponsors, volunteers and participants for contributing to the success of this shoot!

Below is a list with scores for the top three finishers in each class:

**HIGH NOON ON THE GILA – Yuma Arizona**  
First Leg of the **Southwest 3D Championship Series - RESULTS**

**ADULT CLASSES**

Master Class Bowhunter  
1<sup>st</sup> – Paul Edwards – 315 / 5  
2<sup>nd</sup> – Mike Edwards – 286 / 2  
3<sup>rd</sup> – Mike Rust – 275 / 4

Bowhunter Seniors  
1<sup>st</sup> – Chuck Adams – 335 / 5

Male Traditional  
1<sup>st</sup> – Brett Wilmore – 210 / 1  
2<sup>nd</sup> – Kristopher Warren 183  
3<sup>rd</sup> – Greg Duncan – 181

Female Traditional  
1<sup>st</sup> – Angel Duncan – 169  
2<sup>nd</sup> – Peggy Wilmore – 147

Male Pins  
1<sup>st</sup> – Joe McCarty – 350 / 6  
2<sup>nd</sup> – Eddie Quintana – 121 / 1

Known Male Open  
1<sup>st</sup> – James Visser – 397 / 9  
2<sup>nd</sup> – Patrick Lohr – 364 / 6  
3<sup>rd</sup> – Axle Smith – 335 / 5

Known Female Open  
1<sup>st</sup> – Brianna Curley – 300 / 2

Known Hunter Male  
1<sup>st</sup> – Dave Holmberg – 351 / 11  
2<sup>nd</sup> – Jeffery Yungkans – 344 / 4  
3<sup>rd</sup> – Tanner Johnson – 331 / 5

Known Hunter Female  
1<sup>st</sup> – Heather Davis – 358 / 9  
2<sup>nd</sup> – Laura Horzempa – 348 / 5  
3<sup>rd</sup> – Rachelle Yungkans – 300 / 4

**YOUTH CLASSES**

Known Youth Female Open  
1<sup>st</sup> – Ella Davis – 339 / 8

Known Youth Male  
1<sup>st</sup> – Ryan Stewart – 309 / 4

Known Cub Female  
1<sup>st</sup> – Madeline Davis – 139  
2<sup>nd</sup> – Evelyn Hartranft – 104  
3<sup>rd</sup> – Summer Stewart – 93

Known Cub Male  
1<sup>st</sup> – Lucas Hill – 176  
2<sup>nd</sup> – Rykkir Hicks – 84  
3<sup>rd</sup> – Troy Holmberg – 74

Known Pee Wee Female  
1<sup>st</sup> – Annelyn Yungkans – 43

Known Pee Wee Male  
1<sup>st</sup> – Shane Yungkans – 206 / 5  
2<sup>nd</sup> – Easton Lachcik – 120  
3<sup>rd</sup> – Jace Stewart – 107



## Walk The Trail 2025

The 2025 Walk The Trail shoot was held on February 15<sup>th</sup> & 16<sup>th</sup>. There were 117 registered participants shooting the three trails that held 60 3D targets in total.

Once again, archers were treated to well thought out courses with some amazing shots. The wind was a little uncooperative on Saturday afternoon, however, Sunday's weather proved to be absolutely picture perfect.

The Snack Shack crew of Desi Redger, Lisa Medina, and Rhonda Greene was once again a smashing success. Thank you ladies for all your efforts!

Saturday evening started out with our very own Bryan "Gump" Herndon cooking up some of his famous deep pit BBQ beef, beans and tortillas for the pot-luck dinner. Members supplied salads, side dishes and deserts

for everyone who purchased dinner tickets. Once again, it was a huge success. Thank you to everyone who contributed to the dinner and especially to Gump for the delicious beef and beans!



After dinner, there was a “Consulation Corn-hole” tournament with a 50/50 pot. Eight teams went at it to see who could sink the most beanbags. Sean and Chrissy Laschik won the Consultation Bracket, while Jasson Ksiazek and Garren Toups Won the Championship Bracket. This very

well could be the beginning of an annual event! There was also a waterjug race, where two shooters went head to head trying to be the first to empty their waterjugs. Winners: Youth - Ashton Laschik; Adults Zoey Norred.

On Sunday, while the scores were being tallied, there was a bucket raffle held, and the drawing for the 2025 PSE Decree Bow valued at \$1,299. The winner of the bow was Blythe Bowhunters’ very own Duane Forrest. Congratulations Duane!

To view the results of the Walk The Trail 3D Competition, [CLICK HERE](#).

Thank you to all the volunteers, sponsors, and participants for making this year’s Walk The Trail the most successful ever!!





## Upcoming Events –

### Blythe Bowhunters' Invitational

March 1<sup>st</sup> & 2<sup>nd</sup> at the Blythe Bowhunter's Range on 8<sup>th</sup> Ave. in Blythe, CA. Awards, dinner Saturday night, raffle and novelty shoots. Fun for the whole family with some really cool targets! Let's support our friends in CA!

### 2nd Leg - SW 3D Championship Series:

### Southern Arizona Archery Rendezvous/ Buck Lewis Shootout

March 1<sup>st</sup> & 2<sup>nd</sup>, the Huachuca Mountain Archers and Bowhunters' Club is hosting the 2<sup>nd</sup> leg of the Southwest 3D Championship Series at the range at Gardner Canyon, AZ. For more information, contact [https://desertarchers.com/wp-content/uploads/2025/01/Championship-Series-Rules\\_2025-1.pdf](https://desertarchers.com/wp-content/uploads/2025/01/Championship-Series-Rules_2025-1.pdf)

### Bear Ass Shoot

March 23<sup>rd</sup>, hosted by the Bear State Bowhunters at the beautiful and cool Lake Henshaw Resort in Santa Ysabella, CA. Venue camping or cabins. For reservations: Lake Henshaw Resort (760) 782-3501 or <https://www.lakehenshawresort.com/>

Ramona Valley Inn Hotel: (760) 789-6433 or [reservations@ramonavalleyinn.com](mailto:reservations@ramonavalleyinn.com)

### 3rd Leg - SW 3D Championship Series:

### Rumble in the Rocks

March 29<sup>th</sup> & 30<sup>th</sup>. The Desert Archers will be hosting the 3<sup>rd</sup> leg of the Southwest 3D Championship Series at Triangle-T Guest Ranch (Texas Canyon) in Dragoon, AZ. For more information, contact [https://desertarchers.com/wp-content/uploads/2025/01/Championship-Series-Rules\\_2025-1.pdf](https://desertarchers.com/wp-content/uploads/2025/01/Championship-Series-Rules_2025-1.pdf)

### Hoot Shoot 3D Night Fun Shoot

April 26<sup>th</sup>. This is a 20 target, unmarked shoot. Bring your flashlights, floodlights, or whatever you have to light up the night. Remember to bring your binoculars and rangefinder. Shotgun start at dusk. No awards, just good ol' fashioned, arrow-throwing FUN!! Onsite dry camping available or motels just 20 minutes from the range.

### 4th Leg - SW 3D Championship Series:

## Old Pueblo Shootout

May 3<sup>rd</sup> & 4<sup>th</sup>. Stick Snipers will be hosting the 4th leg of the Southwest 3D Championship Series at Tucson Mountain Park Archery Range, Tucson, AZ. For more information, contact [https://desertarchers.com/wp-content/uploads/2025/01/Championship-Series-Rules\\_2025-1.pdf](https://desertarchers.com/wp-content/uploads/2025/01/Championship-Series-Rules_2025-1.pdf)

## Bow Disciples Challenge III

May 17<sup>th</sup> – 18<sup>th</sup> Sponsored by Bow Disciples, hosted by the Bear State Bowhunters at the beautiful and cool Lake Henshaw Resort in Santa Ysabella, CA. Venue camping or cabins. For reservations: Lake Henshaw Resort (760) 782-3501 or <https://www.lakehenshawresort.com/>  
Ramona Valley Inn Hotel: (760) 789-6433 or [reservations@ramonavalleyinn.com](mailto:reservations@ramonavalleyinn.com)

## Archery Lessons

Ten-week class \$90.00. Classes are held on Saturday mornings. Price includes the Explore Archery medals. Join USA Archery and JOAD and receive the JOAD awards pins for qualifying scores. Open to all beginning archers ages 7 and up! We also offer lessons by the hour on Saturdays for \$10.00 per hour. Call Keith at (928) 750-7620 for more information or to set up an appointment.



## *From the Hunter's Kitchen:*

### KUNG PAO VENISON

★★★★★ 4.95 from 19 votes

Most of the Chinese ingredients here are easy to find in regular supermarkets, although the Sichuan peppercorns can be tough to locate; skip them if you need to. If you are concerned at the huge number of chiles in this recipe, know that most people don't eat them -- they're like a bay leaf, there for flavor. That said, I always eat them. You'll want steamed rice and a crisp lager or pilsner beer, or a light session IPA to drink with this.



**COURSE:** MAIN COURSE

**CUISINE:** CHINESE

**SERVINGS:** 4 PEOPLE

**AUTHOR:** [HANK SHAW](#)

**PREP TIME:** 15 MINUTES

**COOK TIME:** 10 MINUTES

**TOTAL TIME:** 25 MINUTES

#### INGREDIENTS

##### SAUCE

- 1 tablespoon sugar
- 1 tablespoon soy sauce
- 1 tablespoon Chinese black vinegar or malt vinegar
- 1 teaspoon potato or corn starch
- 2 teaspoons sesame oil
- 1/4 cup chicken stock

##### MARINADE

- 1/2 teaspoon salt
- 2 teaspoons soy sauce
- 1 tablespoon Shaoxing wine or dry sherry
- 2 teaspoons corn or potato starch
- 1 tablespoon peanut or vegetable oil



## VENISON

- 1-pound lean venison, cut into 3/4-inch pieces
- 2/3 cup peanut or vegetable oil
- 2 to 10 dried hot chiles Sichuan, cayenne, etc.
- 4 garlic cloves, sliced thin
- A 2-inch piece of ginger, about 2 tablespoons, peeled and minced
- 1 red bell pepper, cut into matchsticks
- 5 or 6 green onions, chopped
- 1 teaspoon Sichuan peppercorns, ground (optional)
- 3/4 cup roasted, unsalted peanuts

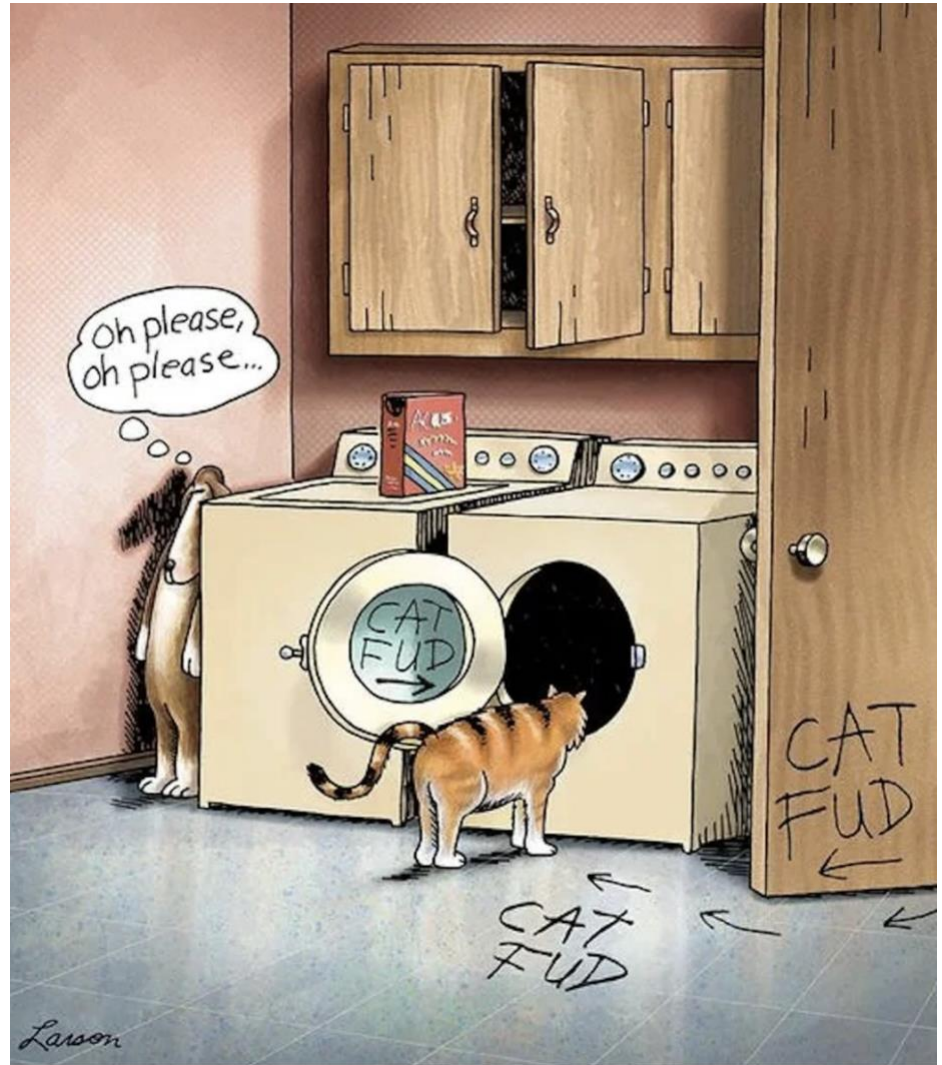
## INSTRUCTIONS

1. Mix all the ingredients for the sauce together and set aside. Whisk together all the ingredients for the marinade in another bowl. Mix the venison pieces into the marinade with your hands, making sure you get each piece coated. Set aside while you chop all the vegetables. Break the dried chiles into 1/2-inch pieces and shake out as many seeds as you can. Discard the seeds.
2. Set a wok over high heat on your biggest burner and pour in the oil. heat the oil to 350°F, or until a single drop of water sizzles sharply on contact. Add half the venison and fry 1 minute, moving around the pieces so they don't stick. Remove with a slotted spoon or, even better, a Chinese spider strainer, and set aside to drain excess oil. Repeat with the other half of the venison. Pour off all but about 3 tablespoons of oil.
3. Add the dried chiles and stir-fry 45 seconds. Add the garlic, ginger and sliced red bell pepper and stir-fry 30 seconds. Add the venison back to the wok and stir fry for 1 more minute.
4. Pour in the sauce -- make sure to stir it before you do, as the starch will have settled on the bottom of the bowl -- and mix into the other ingredients. Add the peanuts now and stir-fry everything for 30 seconds.
5. Turn off the heat, mix in the chopped green onions and serve immediately over white rice with a beer.

Note: Some have substituted broccoli, carrots & snow peas for the peppers and onions. This is a very flexible recipe!



IT IS TO LAUGH...



## Volunteers Are Always Welcome

The Southwest Bowhunters Archery Range at Adair Shooting Park would not exist if it weren't for the efforts of our member volunteers. Range upkeep and improvements are made possible by the generosity of several of our club members and many local businesses who donate time, money, and materials. Please consider volunteering to help maintain and improve our facility, and we can **ALWAYS** use help with setting up and running our fun shoots and tournaments. For more information on how you can help, call Fritz at (928) 345-8042.





**NATIONAL ARCHERY  
IN THE  
SCHOOLS PROGRAM**



## **11 STEPS TO ARCHERY SUCCESS**

- 1 Stance**
- 2 Nock**
- 3 Draw Hand Set**
- 4 Bow Hand Set**
- 5 Pre-Draw**
- 6 Draw**
- 7 Anchor**
- 8 Aim**
- 9 Shot Set-Up**
- 10 Release**
- 11 Follow Through & Reflect**



*Reminder: Alcohol is NOT permitted on the range at any time. Your safety is paramount. Thank you for your cooperation!*

and...



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**Contact Us!**

(928) 247-6300  
swag@lplfinancial.com

**STEVE SCHULTE, CFP®, MBA**  
Founder, Private Wealth  
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