## Slow Cooked Lamb Shanks

In this easy slow cooker lamb shanks recipe, flavorful, tender, fall-off-the-bone lamb shanks are slowly braised with broth and aromatics until very tender.

Prep Time: 10 mins

Cook Time: 4 hrs 10 mins Total Time: 4 hrs 20 mins

Course: Main Course

Cuisine: Greek

Keyword: lamb, slow cooker

Servings: <u>4</u> servings Calories: 377kcal

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## **INGREDIENTS**

- 1/2 cup beef broth
- 4 small lamb shanks, about 2.5 lb. total weight
- 1 teaspoon coarse kosher salt
- 1/4 teaspoon black pepper
- 1/2 teaspoon dried rosemary

## INSTRUCTIONS

- 1. Add the broth to your slow cooker.
- 2. Season the lamb shanks with salt, pepper and rosemary. Place the shanks in your slow cooker.
- 3. Cover and cook on HIGH for 4 hours or on LOW for 7 hours, until lamb is very tender.
- 4. When the lamb shanks finish cooking, set the slow cooker to WARM.
- 5. Transfer the cooked lamb shanks to a plate. Strain the cooking liquids into a glass measuring cup, then return the lamb shanks to the slow cooker and cover, to keep them warm while you thicken the gravy.
- 6. Use a spoon to skim the fat layer off the top of the cooking juices. Pour them into a medium saucepan. Heat over medium-high heat until almost boiling but not quite, then turn the heat down to medium and simmer, whisking occasionally, until liquids are reduced into a rich gravy, about 10 minutes.
- 7. Transfer the lamb shanks to plates, spoon the gravy on top and serve.