

THE WILDERNESS GURU RELEASE
AND ASSUMPTION OF RISK

I, _____, of _____
(Name) (Address)

being ___ years of age (having been born on _____), acknowledge, declare and agree as follows:

1. That I have voluntarily agreed to participate in the _____, (the "Program") from _____, 20__ to _____, 20__, and in consideration of being permitted to participate in the Program, do voluntarily execute this "Release and Assumption of Risk" on behalf of my self, my heirs and next-of-kin, my personal representatives and my estate.

2. That I have been fully informed of the nature, scope and demands of the Program, and I understand that the Program may include activities which could be dangerous to me and other participants and which could cause property damage, bodily injury and/or death.

*See below for specific risks and dangers of the Program

3. That The Wilderness Guru and its Owner/ Registered Maine Guide, Victoria Gray, has informed me that there may be dangers and hazards inherent to participants in the Program because of the activities involved, and that I personally recognize and appreciate that such dangers and hazards exist. I accept and assume full responsibility for all harm and injury, of every nature, including death, which may occur to me or which I may suffer or cause to others, and for all damages or loss to any real or personal property owned by me or damaged by me, while I am participating in the Program and during all travel and transportation, and, in furtherance thereof, I agree to indemnify, hold harmless and release The Wilderness Guru, its guides, Trustees, employees, volunteers and agents, from and against any and all claims, demands, actions or causes of action, on account of damage or loss to my real or personal property, my personal injury or death, or the personal injury, death or damage to real or personal property of others caused by me, which may occur or result directly or indirectly from my participation in the Program and not as a direct result of any gross negligent act of The Wilderness Guru , its guides, Trustees, employees, volunteers or agents.

4. I declare that I am able to physically withstand and cope with the indicated rigors of the Program with or without a reasonable accommodation. If an accommodation is needed, I will contact Victoria Gray or another designated agent of The Wilderness Guru to arrange such accommodation.

5. In the event of a personal medical emergency during the Program, I hereby give The Wilderness Guru's Owner/ Registered Maine Guide, Victoria Gray, permission to provide me with basic first-aid and CPR, including the administration of over-the-counter pain relievers and/ or allergy medication. In so doing, I assume the risk of any adverse reaction from said procedure or medication given by The Wilderness Guru, its guides, Trustees, employees, volunteers or agents, knowing that the mentioned company does not have access to my full medical history.

6. This "Release and Assumption of Risk" shall be construed and interpreted pursuant to the laws of the State of Maine, and if any portion thereof is held invalid, void, unenforceable or illegal, the remainder shall continue in full force and effect.

I DECLARE THAT I COMPLETELY UNDERSTAND AND HAVE FULLY INFORMED MYSELF OF THE TERMS AND CONDITIONS OF THIS "RELEASE AND ASSUMPTION OF RISK" BY HAVING READ IT, OR HAVING IT READ TO ME, BEFORE SIGNING AND I INTEND TO BE FULLY BOUND THEREBY.

Assented and agreed to on this ___ day of _____, 20__.

Signature of Participant

I, _____, the parent or legal guardian of _____, agree, in consideration of my child being permitted to participate in the Program, to be bound by the terms of this Release and Assumption of Risk and hereby indemnify, hold harmless and release **The Wilderness Guru**, its Trustees, employees, volunteers and agents, in the same manner and with the same force and effect as set forth in section 3 above with regard to my child participating in the Program.

Parent or Guardian Signature
(if participant under the age of 18 years)

* Such dangers, hazards and risks of this activity may include, but are not limited to, injuries inflicted by the following:

- Slips, trips, and falls that may cause bodily injury due to walking on uneven and/or steep terrain.

- Insect, arachnid, and/or snake bites, as well as any induced allergic reactions from such bites.

- Weather-related afflictions due to exposure to natural elements (ex. Dehydration, hypothermia, sun burn, etc.)

- Boating-related mishaps of any kind.

- Allergic reactions, including anaphylaxis, caused by food provided and/ or foraged during Program.