



THE COMMON SENSE COURIER

MARCH 13, 2026

Vital Topic: Personal Agency and Community Building

I was listening to a podcast which interviewed a respected “sound money” advocate, and this guest made a simple yet profound point which inspired this article.

The point he made was that the only thing we have as individuals that is completely under our control is our personal agency, i.e., where we spend our time and energy. His point was that we should reflect deeply about where we spend our time and energy and decide what issues, personal relationships and endeavors are important to us. And then focus on those things that are productive, make us better people and make our communities more healthy, productive, and vibrant.

I myself have been guilty of spending countless hours on social media commenting on things over which I have no control. Upon reflection, there are many things which I would find to be more productive and more satisfying than wasted hours on social media commenting on issues over which I have no control or influence. Where can I make a difference? I can make a difference in my local community. That is the purpose of this newsletter, the Common Sense Courier, to make our community more informed of local issues and of local people who are working to make our community better.

Personal Agency is a gift that we all have. And I hope this simple message resonates with you as it did with me.

Finally, part of making our community healthy and vibrant is recognizing those in our community who need our help. My friend, Casey Rogers, is a Gold Star widow with two daughters who lost her husband in Afghanistan. She is battling stage 4 breast cancer now using holistic remedies and it is costing her dearly. She has posted a GoFundMe to help meet her medical costs. My friend, Dr. Fred Simon, and I have offered to match all donations made to her GoFundMe for the month of March. Please check out this link and give if you can.

<https://www.gofundme.com/f/support-casey-rodgers-in-her-cancer-battle>