

Catherine North, BSc., MAODL, ACC

Meet Catherine

Catherine North is a Certified Coach who specializes in working with professionals to help them accelerate their leadership development.

As a result of working together, Catherine's clients recover quickly from challenges and setbacks. They improve their capacity to respond to disruption, and to work through ambiguity to achieve optimal outcomes. Catherine utilizes evidence and experience in organizational and leadership development, quality improvement, coaching, psychology, change management, and stakeholder engagement.

In past roles, Catherine has supported change and improvement in quality, access and availability of health care. Her experiences range from developing award-winning health promotion programs to supporting capital projects with BC's health authorities, Doctors of BC, BC Ministry of Health, and non-profit organizations.

A trusted coach, facilitator and trainer, Catherine cultivates resilient, high-performing leaders and teams.



Catherine North Leadership Consultant and Coach

604-375-3644

catherine@catherinenorthconsulting.com

[linkedin.com/in/catherine-north-08369628/](https://www.linkedin.com/in/catherine-north-08369628/)