

CMDA St. Louis

August Update



SLU Med Students

The school year is about to begin! This is an exciting time of year as I have been able to connect with student leaders of our CMDA campus ministries to encourage them to take steps of faith. The first six weeks of the semester are vital. This is when we see new students on campus looking for community, willing to try new environments, and the most spiritually open.

Connecting with the leaders of our campus movements has been exciting. Every hour these students give toward CMDA is truly a sacrifice, as their small amount of free time is precious. CMDA has impacted each leader in their faith by building them up, focusing them on mission, and challenging them to take steps of faith. "CMDA is very important to me," said one leader. "I've loved my time in CMDA" added a new leader. "It's really nice to be around people who understand and support my life decisions," said another. This ministry is truly impacting students during their years in Medical school. **Please pray for the leaders to be faithful to what God has called them to do this year.**

New Students Arrive

To begin the year, I attended SLU Med's first Bible study of the semester. The room was filled with a diverse group of faithful believers, united by the community and refuge provided. After we began, a first year student walked through the door shyly asking, "Is this the Bible study?" The students paused to introduce each person in the room and ask him a few questions about himself. I observed several instances where our members made sure to welcome the new student and invite him to church. "I'll see you here next week, right?" asked a leader. I am thankful this group has a vision to reach the campus for Christ. **Please pray new students come to know Christ this semester through these Bible studies and prayer groups.**



"But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness. Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me.'"

2 Corinthians 12:9

Physician's Corner



Dr. Josephine Glaser

I had the privilege of being KT's family doctor from the time she was 40 to 58 years old. I became her doctor during my family medicine residency clinic in Kentucky, then she transferred her care to my private practice when I graduated 3 years later. Physically, she is disabled by a combination of chronic non-malignant pain syndrome that included reflex sympathetic dystrophy, fibromyalgia, & degenerative disc disease.

Her life was riddled with relational pain and disappointments. When she was 16 years old, she became pregnant. Her family and boyfriend supported her choice to abort her baby. After her relationship ended, she carried the guilt, shame, and regret of that choice for decades. After marrying a few years later, she had a son. She divorced after years of domestic violence which spiraled into depression and an anxiety disorder.

KT came to me seeking treatment for her pain and I prescribed standard medical treatment, then referred her for psychiatric and orthopedic management of her pain. After 5 years of establishing trust, rapport, and prayer, she became aware of the spiritual pain the abortion inflicted on her conscience. The guilt, shame, and regret from the abortion could not be medically or psychologically "treated" without spiritual intervention from Jesus, the Great Physician. After 500 medical encounters in the span of 15 years, she allowed me the privilege of sharing the healing grace of Christ. She continues to live with chronic physical pain, but now clings to her freedom in Christ and eternal hope. "Father God, thank you for the gift of pain. Thank you that you did not spare your Son, but for the joy that was set before him Jesus lived, endured a painful death for KT and my sins, rose again, and is soon returning to show us the way to eternal life without death, sin, sorrow, tears, and pain. Thank you for giving us the Holy Spirit to change us to be more like Jesus and to shield us from the evil one. In Christ's name, Amen"

You're Invited...

Grace Prescriptions DVD Series is designed to teach you to share your faith with patients in ways that safeguard the important ethical principles of respect, sensitivity, and permission. We will meet weekly. Please RSVP by October 5th to Josephine.Glaser@icloud.com. See email below for details.