



# FITNESS CENTRE

# MEMBERSHIP FORM

Full Name \_\_\_\_\_

Phone Number \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_

Additional Members \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Emergency Contact Information

Full Name \_\_\_\_\_

Relationship \_\_\_\_\_ Phone Number \_\_\_\_\_

### Membership Details

Membership Type:  12 Months \$200

Start Date: \_\_\_\_\_

### Methods of Payment

Cash

Cheque

etransfer to villagen@sasktel.net

Remit to:

Village of North Portal

PO Box 119 North Portal, SK S0C 1W0

### Acknowledgement

- Exercise at Your Own Risk:** I understand that participating in physical activity carries risks. I agree to exercise at my own risk and acknowledge that the gym is not responsible for any injuries or health issues that may arise. I have consulted with my physician and am fit to undertake an exercise program.
- Marketing Consent:** I consent to receive marketing communications, newsletters, and promotions from the gym via email, SMS, or phone. I understand that I can unsubscribe at any time by following the instructions provided in the communications.
- Video Surveillance:** I understand the gym has a security camera and may record video of me during workouts or gym events for security purposes only.
- Personal Data Protection:** I understand that my personal data will be processed in accordance with applicable privacy laws. The gym will collect, store, and use my personal data for gym member management, billing, and communication purposes. I acknowledge that I have the right to access, correct, or request deletion of my personal data by contacting the gym.
- Rules and Policies:** I have read and will abide by the rules and policies of the North Portal Fitness Centre.

Acknowledgement:

By signing below, I confirm that I have read and understood the gym's terms and conditions, including the waivers, consents, and rules and policies.

Signature \_\_\_\_\_ Date \_\_\_\_\_

### Administration Use

Membership Receipt #

Date of Payment

Membership Expiry Date:

Renewals:

Door Code Issued:

## North Portal Fitness Centre Rules and Policies

### Access & Membership

- Members are granted 24/7 access via a personal door code
- Membership access to the facility is for gym and fitness activities only. Rental of the Recreation for other events (birthday parties, family gatherings, etc) must be scheduled with the administrator and may be subject to additional fees.
- Door codes are strictly non-transferable (no sharing access with non-members)
- Annual Household Membership fee is \$200.
- Day rate is \$10 per day. Valid for a 24-hour period.
- Household memberships apply to immediate family members living at the same address only
- All members must sign in upon each visit in the log book

### Cleanliness & Facility Care

- Members are responsible for cleaning equipment and gym flooring after use with provided wipes and cleaning supplies.
- Any spills or messes must be cleaned immediately
- Sweep or mop floor as needed.
- Return all equipment to its proper place after use
- Report broken or damaged equipment as soon as possible to Administration at (306)421-1991

### Footwear & Attire

- CLEAN indoor shoes only (no outdoor footwear permitted)
- Appropriate workout attire must be worn at all times

### Noise & Music Policy

- Maintain a quiet environment for post office staff and other members. Headphones are required for personal music use during daytime hours.
- Loud music permitted hours:
  - Thursday, Friday, & Saturday 8:00 PM – 11:00 PM

### Safety & Conduct

- Use equipment only as intended and at your own risk
- Do not attempt lifts or exercises beyond your ability without a spotter
- No horseplay, reckless behavior, or misuse of equipment
- No drugs, alcohol, or smoking/vaping on the premises
- Bags and personal items must not block walkways or exits

### Youth Policy

- Children 15 and under must be accompanied by an adult at all times

### Security & Surveillance

- Video surveillance is in place for safety and security
- Any misuse of the facility may result in termination of membership without refund

### Guests

- Guests must purchase a day pass or be accompanied by a member
- Guests accompanied by a member are permitted a one-time free use of the fitness centre. A membership or day rate fee must be purchased for further use.

### Liability & Responsibility

- Members use the facility at their own risk
- The gym is not responsible for lost, stolen, or damaged personal items

### Code of Conduct

- Respect other members and shared space
- Harassment, intimidation, or inappropriate behavior will not be tolerated
- Keep phone calls brief and quiet

### Emergency Procedures

- First aid kit location must remain accessible
- In case of emergency, call 911 first, then notify management at (306)421-1991

### Membership Termination

- Membership may be revoked for:
  - Sharing access codes
  - Repeated failure to follow rules
  - Unsafe or inappropriate behavior