

Eyes 4 Zimbabwe T Shirt Dress with Circle Skirt

Fabric selection: Woven, cotton prints (flowers, animals, geometric) in bright colors. Please don't use light colors, Halloween, scary, skull and crossbones, camo, patriotic or sheer fabrics. All fabrics and trims must be durable and washable.

T-Shirt selection: T-shirts should have a straight hem; no curved or rounded bottom edges. Chart below is for Gildan brand T-shirts.

Gildan Brand T Shirt Measurements				
T shirt size	T shirt circumference	Radius	Skirt length	Fabric required 42" wide
Youth small	35"	5 ½"	12"	1 yard
Youth medium	37"	6"	14"	1 ¼ yard
Youth large	40"	6 ½"	16"	2 ½ yards
Youth extra large	42"	7"	18 ½"	2 5/8 yards
Women's small	42"	7"	19"	2 7/8 yards
Women's medium	42"	7"	20"	3 yards
Women's large	44"	8"	21"	3 ¼ yards

Step 1- Cutting

See the diagram page for suggested cutting layouts.

For help in how to measure, mark and cut the radius and the skirt length; see the following blog posts:

1. thestitchingscientist.com/2015/02/how-to-make-a-simple-twirly-dress.html
Please keep the length of the t-shirt and do not trim off the bottom of the shirt.
2. madeeveryday.com/2008/07/tutorial-the-circle-skirt.html/
Sew the "circle" to a t-shirt instead of a wide elastic.

Cut a pocket from the leftover fabric. The cutting layout shows how to cut a pocket from the inner circle leftover (the donut hole). Make it as big as possible (so a hand can easily fit in and out).

Step 2- Pocket

Fold pocket, RIGHT sides together. Stitch the sides in ¼" seam, leave one side open for turning. Turn RIGHT sides out. Press. Press raw edges of open side ¼" to the WRONG side (to the inside). Stitch opening closed.

Place pocket 2" below waist on skirt. Stitch to skirt 2 times for durability (side by side *OR* on top of each other).

Step 3- Skirt to T-Shirt

Please leave the hem on the shirt, *do not* cut it off or unpick the seam. The hem adds extra durability.

For sizes where multiple pieces have been cut to make skirt, stitch side seams with RIGHT sides together to create a "donut" shape. Finish the raw edges with a serger or zig zag stitch to prevent fraying. If skirt pieces have been cut along selvages, selvage edges may be left on seams for durability. Make sure only the printed fabric shows from the RIGHT side, and the unprinted selvage falls within the seam.

With RIGHT sides together, pin the skirt sides to the shirt side seams. Pin the center front of the skirt to the center front of the shirt. Pin the center back of the skirt to the center back of the shirt. Gently stretch the shirt to fit the skirt between the pins.

Stitch along the shirt hem, stitching 2-3 times for durability (side by side *OR* on top of each other). Finish the raw edge with a zig zag stitch or serger to prevent fraying.

Step 4- Hem Skirt

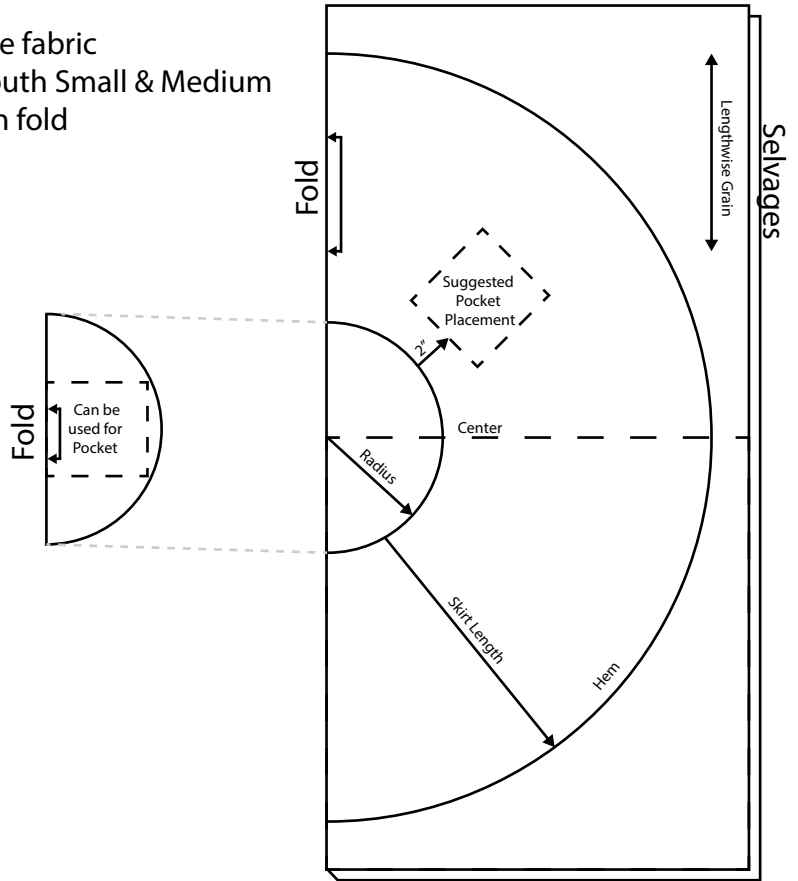
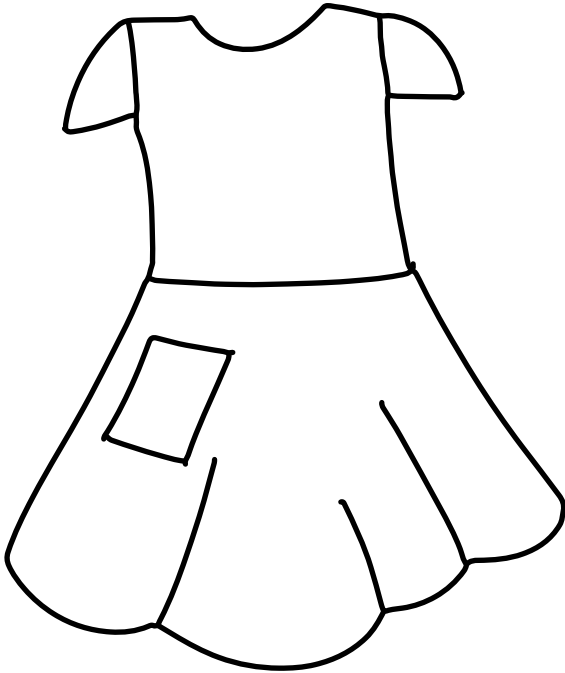
Narrow hem the skirt. A few options include:

1. Serge the raw edge of the skirt. Fold and press the serged stitches to the WRONG side. Stitch the folded edge in place 2-3 times for durability (side by side *OR* on top of each other).
2. Use bias tape to sandwich the raw edge. Stitch 2-3 times for durability (side by side *OR* on top of each other).
3. Fold raw edge 1/8" to WRONG side, press, fold another 1/8" and press. Stitch 2-3 times for durability (side by side *OR* on top of each other).
4. Use a serger's rolled hem.

Place 1-2 pair of underwear, the same size as the t shirt, in the pocket.

T-Shirt Dress with Circle Skirt

44" wide fabric
sizes Youth Small & Medium
cut 1 on fold



44" wide fabric
sizes Youth Large to Women's Large
cut 2 along selvages

