



Kim's Martial Arts takes great pride in announcing our upcoming Tae Kwon Do Open Championship

You are Cordially Invited to Attend

16<sup>th</sup> Annual

2025 SPRING OPEN

# TAE KWON DO CHAMPIONSHIPS



Sunday  
March 2

**DATE: SUNDAY MARCH 2nd**

**TIME: REGISTRATION 8:00 AM – 9:00 AM**

**REFEREE MEETING 9:00 AM – 9:30 AM**

**OPENING CEREMONY 10:00 AM**

**PLACE: Metea Valley High School  
(Use Metea Entrance off of Eola Road)**

**1801 N Eola Road, Aurora, Illinois 60502**

**GENERAL ADMISSION: \$10.00 – Cash Only  
(children under 5 are Free) (65 and Older are Free)**





Dear Fellow Martial Artists, Masters, Instructors, and Students, We cordially invite all of you to attend and participate in the Kim's Martial Arts School 2025 Spring Open Tae Kwon Do Championship which will take place on Sunday, March 2, 2025 at Metea Valley High School, Aurora, Illinois 60502. The competition will consist of Four events. They are as follows: Demo Team, Forms, Breaking, and Sparring.

We ask that you register by February 21, 2025. Medals will be awarded in all divisions. All styles welcome to participate. We look forward to seeing you March 2, 2025.

Thank You for your cooperation,

Grand Master Won Bae Kim

**Hosted By:** Kim's Martial Arts School, Addison Illinois  
**Registration:** Due by Friday February 21, 2025  
 Please send Official Entry Forms with Certified Check or Money Order (Payable to Kim's Martial Arts School) to Kim's Martial Arts 108 W. Lake St., Addison, IL 60101

**Eligibility:** Competitors must be students of an established school or club.

**Equipment:** Mandatory equipment includes: **NO HARD PLASTIC TYPE GUARDS**

- White Uniform.
- Head Gear and Mouth Piece.
- Chest Protector.
- Foot Protectors, Shin Guards, Instep Guards, Forearm Pads or Gloves.
- Protective Cup (Male).
- **All equipment must be provided by the competitor.**

**Awards:** Medals will be continuously awarded throughout the competition to the First, Second and Third Place winners for each division.  
 Blackbelt Grand Champion Poomse Trophies will be awarded to Blackbelts 14 and Under and Blackbelts 15 and Older.

**Competitor Brackets:**

Peewee: 6 years old and under  
 Jr. Youth: 7-9 years old  
 Youth: 10-11 years old  
 Cadet: 12-14 years old  
 Junior: 15-17 years old

Senior 1: 18-24 years old  
 Senior 2: 25-34 years old  
 Veterans: 35-48 years old  
 Veterans: 49 years old and up

**We highly encourage adult students to compete in all events, to include sparring.**

**Poomse:** Open, group competition format. All Forms will be judged based on power and clarity of movements, stances and strikes.

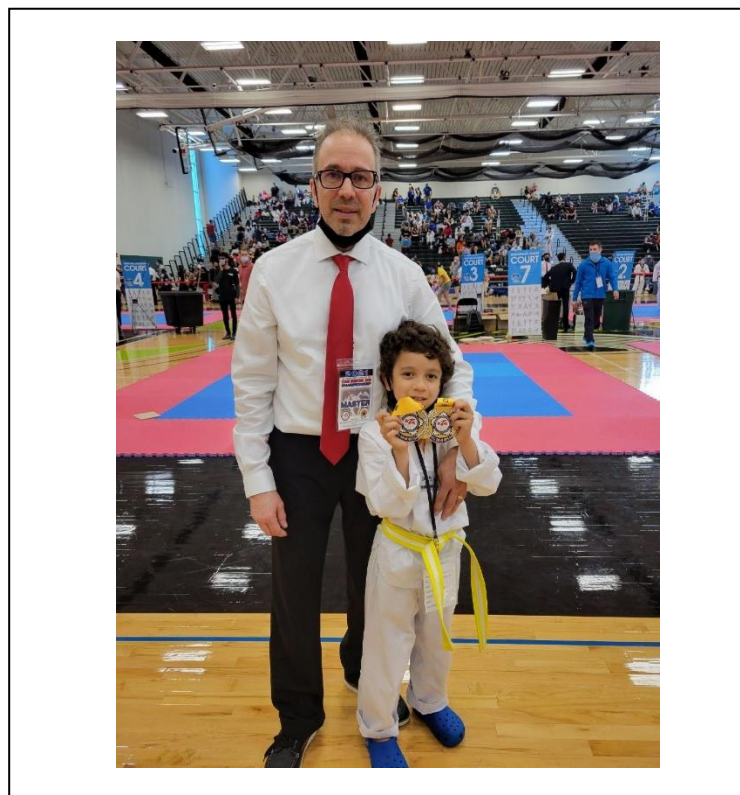
**Breaking:** One chance will be allowed for each breaking technique. Peewee competitors will get one miss allowance per technique.

White - Orange: Front Snap Kick, Axe Kick, Side Kick.  
 Green - Blue: Jump Front Snap Kick, Back Kick, Step Behind Side Kick.  
 Brown - Deputy: Back Wheel Kick, Jump Back Kick, Jump Axe Kick.

**Black Belts:** One chance will be allowed for each breaking technique.  
 Hook Kick, Jump Back Wheel Kick, 360 Jump Round House Kick

**Sparring:**  
**B Division:** Color Belts: 1 Round – 90 Seconds. Black Belts: 2 One Minute Rounds  
 1 Point for a strong punch (causes visible loss of balance) to the opponent's torso.  
 1 Point for a regular kick to the opponent's torso.  
 2 Points for a head shot (Head shot subject to approval of both coaches)

**A Division:** Color Belts: 2 One Minute Rounds. Black Belts: 2 Two Minute Rounds  
 Modified World Tae Kwon Do rules apply.  
 The Referee will have the ability to decide a winner RSC (Referee Stop Contest) in case of significant difference of competing ability.



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