



**Kim's Martial Arts School**  
108 W. Lake Street • Addison, Illinois 60101 • 630-543-1054

## Terminology

### My Pledge

1. I shall respect my Master and all Senior ranks.
2. I shall conduct myself in a respectful manner.
3. I shall respect the teachings of Tae Kwon Do and never misuse it.
4. I shall Always respect the rights of others.
5. I shall strive for brotherhood and peace in the world.

### Tenets of Tae Kwon Do

1. Courtesy
2. Humility
3. Integrity
4. Perseverance
5. Self control
6. Indomitable Spirit

### Theory of Power

1. Concentration
2. Reaction Force
3. Equilibrium
4. Breath Control
5. Speed & Mass

### Counting In Korean

- |            |               |
|------------|---------------|
| 1 = Hana   | 20 = Soomul   |
| 2 = Dool   | 30 = Solhum   |
| 3 = Set    | 40 = Mahun    |
| 4 = Net    | 50 = Swin     |
| 5 = Tasot  | 60 = Yesun    |
| 6 = Yosot  | 70 = Ilhun    |
| 7 = Ilgope | 80 = Yodun    |
| 8 = Yodul  | 90 = Ahun     |
| 9 = Ahope  | 100 = Il-baek |
| 10 = Yol   |               |