

✧ A MESSAGE FROM OUR PASTOR ✧

Dear Friends,

Looking for a New Year's Resolution that's positive, realistic, and beneficial for your life?

Look no further!

In 2019, on the first Tuesday of each month we will be offering a period of Eucharistic Adoration from 3:00 p.m. to midnight.

✧ *The schedule will look like this* ✧

3:00 pm ~ *Exposition of the Blessed Sacrament and the Chaplet of the Divine Mercy*

4:00 pm ~ *Holy Rosary: Joyful Mysteries*

5:00 pm ~ *Evening Prayer*

6:00 pm ~ *Angelus*

7:00 pm ~ *Holy Rosary: Luminous Mysteries*

[7:00 pm ~ 8:30 pm: Confessions available]

8:00 pm ~ *Holy Rosary: Sorrowful Mysteries*

9:00 pm ~ *Holy Rosary: Glorious Mysteries*

10:00 pm ~ *Night Prayer*

11:00 pm ~ *Office of Readings (anticipated)*

12:00 midnight ~ *Reposition of the Blessed Sacrament.*



I can think of no better New Year's Resolution than the resolution to stop in for some time of quiet and prayer on the first Tuesday of each month of 2019.

Everyone is free to stop in for however long he or she wants. As your Pastor, I'll be there for the whole time.

Here's why we're doing it:

Back in September, we held a 24-hour period of prayer and fasting in the presence of the Blessed Sacrament in reparation to the Sacred Heart of Jesus for the abuse scandals in the Church. Following this, as a concrete, ongoing response that our parish can give to the Bishop's call for acts of reparation, we are designating the first Tuesday of each month in 2019 for a period of Eucharistic Adoration, prayer, and fasting, from 3pm to midnight on the First Tuesday of each month.

✧ **The first date will be January 8, 2019** ✧

Many people have never experienced Eucharistic Adoration before, and might even be a little intimidated by the thought of spending an extended period in silence and prayer. This weekend, parishioner **Emma Ryder**, a recent college graduate and the coordinator of *The Face of Prayer* initiative at the diocese, is sharing at all Masses a brief reflection on her experiences of Eucharistic Adoration, and how and why she has come to love spending quiet time with the Lord – together with some tips on what to do and how to get started. We'll be inviting other parishioners to give similar testimonies in the coming months.

For now, I offer everyone these words of Pope Saint Paul VI:

"Anyone who has a special devotion to the sacred Eucharist and who tries to repay Christ's infinite love for us with an eager and unselfish love of his own, will experience and fully understand – and this will bring great delight and benefit to his soul – just how precious is a life hidden with Christ in God and just how worthwhile it is to carry on a conversation with Christ, for there is nothing more consoling here on earth, and nothing more efficacious for progress along the paths of holiness."

Hope to see you, at least for a little while, on Tuesday, January 8th!

God bless you!
Father Marcello