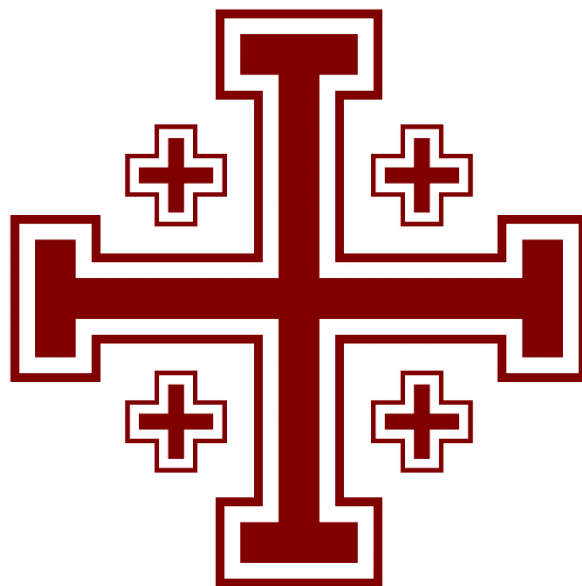


FUNERAL GUIDELINES



"We have loved them in life. Let us never forget them...
and let us conduct them, by our prayers,
into the house of the Lord."

- St. Ambrose

THE PARISH OF SAINT CATHERINE OF SIENA
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FUNERAL GUIDELINES

Saint Catherine of Siena Parish, Trumbull, Connecticut

WHAT IS A CATHOLIC FUNERAL MASS?

This life is short, and the life to come is eternal. When a Catholic Christian departs this world for eternity, the Church commends him or her to the love and mercy of God. The Funeral Mass is a time to remember the deceased and to give thanks to God for the gift of his or her life. Even more so, it is a very privileged and sacred time to *pray* for the deceased, asking God to grant them a merciful judgment, and to grant peace and consolation to their family and friends.

PLANNING FOR THE FUNERAL:

The family of the deceased is welcome and encouraged to actively participate in planning the Funeral Rites. Members of the parish staff, together with the priest celebrant, will assist the family in choosing appropriate Scripture readings, gift-bearers, readers, and the appropriate music, so that the Funeral Mass itself can be a truly prayerful and beautiful opportunity to pray for the deceased, as the Church commends him or her to the love and mercy of God. **Throughout the planning process, feel free to contact our Funeral Coordinator, Mary Ellen Kovacs, on her cell phone, which is (203) 394-7322.**

THE FUNERAL PALL:

The Funeral Pall (a large white cloth which covers the entire casket) recalls the white garment with which the deceased was clothed on the day of his or her Baptism. At the beginning of the Funeral Liturgy, the casket is sprinkled with Holy Water, which recalls the water of Baptism. Then the Funeral Pall is draped over the casket prior to the procession into church, and remains on the casket throughout the Funeral Liturgy.

READERS and GIFT BEARERS:

The readings ordinarily will be proclaimed by the Funeral Coordinator and, in her absence, by the priest celebrant. Should the family wish to invite a family member or close friend to proclaim a reading, please discuss this with the Funeral Coordinator.

MUSIC:

Music is an especially important part of the Funeral Liturgy. There are many beautiful hymns which come to us from all the centuries of the Church's life of prayer and worship. These are available to be played and sung at the Funeral Liturgy. A sample list follows at the end of these Guidelines.

By its very nature, the Church's Liturgy is sacred. It is a time set apart, in a sacred place, specifically for the worship of God. Thus, it is possible only for sacred music to be used during the Funeral Liturgy. Any non-sacred, or "secular" music which may hold a particular significance to the family of the deceased would be more appropriate to be played either at the wake, or at the reception following the Funeral Liturgy. Our parish priests and Director of Music will be happy to guide you in the planning of a prayerful, tasteful, and reverent Liturgy.

Should a family wish to bring in non-parish liturgical musicians and cantors, a "bench fee" to the Director of Music of St. Catherine of Siena Parish is required. All music and any visiting musicians must be approved by St. Catherine of Siena Parish.

ALL SOULS DAY MASS:

Each year, on November 2, All Souls Day, we at St. Catherine's celebrate a special Mass for all those whose Funeral Masses have taken place here during the past year. Some weeks prior to this, your family will receive an invitation to join us for this special Mass of consolation, hope, and peace. At the All Souls Day Mass, there will be a special candle burning before the altar in memory of your loved one. After the Mass, the candle will be yours to keep as a gift from the parish in memory of your deceased family member.

WORDS OF REMEMBRANCE:

The practice of giving "Words of Remembrance," also known as a eulogy, is actually not a part of the Catholic funeral liturgy. Since eulogies are often seen at funerals, however, families sometimes think that they are obligated to designate someone to offer a remembrance of the deceased, or to express thanks on behalf of the family. While this is understandable, no such obligation exists.

Yet some families, as part of the grieving and healing process, have a desire for loved ones to share stories and memories of the deceased. It should be remembered that the Funeral Liturgy is a time of very intense emotions, and it is often more difficult than people realize to retain their composure while offering words of remembrance in church.

Due to our experiences with Words of Remembrance in the past, it has become clear to us that it is best for everyone that Words of Remembrance not take place in church. If the family does wish that Words of Remembrance be offered, **they would take place at the wake, at the cemetery, or at the luncheon following the burial**, but not at the Funeral Liturgy itself.

We at St. Catherine's make every effort to provide a homily which is as personal to the deceased as possible, while also explaining the hope of eternal life which is offered to us in Christ's victory over sin and death. In our experience, this alleviates any need for additional words, which are often repetitive.

CREMATION:

"Although cremation is now permitted by the Church, it does not enjoy the same value as burial of the body. The Church clearly prefers and urges that the body of the deceased be present for the funeral rites, since the presence of the human body better expresses the values which the Church affirms in those rites."

(Order of Christian Funerals, no. 413).

For various reasons, some families choose the option of cremation. While intact burial is clearly preferred, in imitation of Jesus' own burial after His Crucifixion and before His Resurrection, cremation is permitted by the Church by way of exception, as long as it is not carried out so as to deny the Church's unchanging faith in the resurrection of each person's mortal body when Christ comes again at the end of time, to judge the living and the dead.

If cremation is chosen and takes place before the Funeral Mass, the urn is brought to church, and placed on a table in the sanctuary. A photograph of the deceased, as well as flowers, may be placed beside the urn on the table, should the family wish this.

Following the Mass, the cremated remains **must be buried**, just like a body, in a cemetery, crypt, or other in an appropriate burial place. Out of respect for the remains of the deceased, whose body was once a temple of the Holy Spirit and which will be raised up again on the Last Day, scattering ashes, dividing them up, or keeping them at home, is not permissible because it does not express appropriate respect for the dignity of the person's remains.

PRIESTS OR DEACONS FROM OTHER PARISHES:

If a family would like to invite a Priest or Deacon from elsewhere to celebrate or concelebrate any of the Funeral Liturgies, they would be welcome to do so, provided that the invited Priest or Deacon is currently in good standing in his Diocese or Religious Order.

If an invited Priest or Deacon is from another Diocese, or from a Religious Order outside the Diocese of Bridgeport, he must bring with him a document called a *Testimonial of Ministerial Suitability* from his Bishop or Religious Superior, for presentation to the Office for Clergy and Religious, here in the Diocese of Bridgeport. Our parish priests would be happy to facilitate this process with any visiting clergy.

FINAL THOUGHTS ON CATHOLIC FUNERALS:

When a member of your family is seriously ill or near death, whether at home or in the hospital, a family member should contact the parish office to request the Sacrament of the Anointing of the Sick and the Apostolic Pardon.

Especially if death occurs unexpectedly, the shock and confusion of the time can sometimes obscure the fact that everything which takes place within these Funeral Rites must be of a sacred nature, since the Funeral Liturgy is principally an act of divine worship.

So if, for instance, it is not possible for the parish to accommodate some requests, such as a specific poem, song, or article which was special to the deceased, it should be remembered that other moments, outside of the Mass (such as at the wake, the interment, or the reception following it) are actually more appropriate times for such things to be shared with family and friends.

We at St. Catherine's are here to support your family in your time of grief and loss, and we will be sure that the Funeral Liturgy is celebrated with all possible dignity, prayerfulness, and beauty.

OLD TESTAMENT READINGS

(New Testament readings begin on page 12)

Old Testament ❶ Job 19:1, 23-27

A Reading from the Book of Job

Then Job answered and said: Oh, would that my words were written down! Would that they were inscribed in a record: that with an iron chisel and with lead they were cut in the rock forever! As for me, I know that my Vindicator lives, and that he will at last stand forth upon the dust. Whom I myself shall see: my own eyes, not another's, will behold him: And from my flesh I shall see God; my inmost being is consumed with longing.

The Word of the Lord.

Old Testament ❷ Wisdom 3: 1-6, 9

A Reading from the Book of Wisdom

The souls of the just are in the hand of God, and no torment shall touch them. They seemed, in the view of the foolish, to be dead; and their passing away was thought an affliction and their going forth from us, utter destruction. But they are in peace. For if before men, indeed, they be punished, yet is their hope full of immortality; Chastised a little, they shall be greatly blessed, because God tried them and found them worthy of himself. As gold in the furnace, he proved them, and as sacrificial offerings he took them to himself. Those who trust in him shall understand truth, and the faithful shall abide with him in love: because grace and mercy are with his holy ones, and his care is with his elect.

The Word of the Lord.

Old Testament ❸ Wisdom 4:7-15

A Reading from the Book of Wisdom

The just man, though he die early, shall be at rest. For the age that is honorable comes not with the passing of time, nor can it be measured in terms of years. Rather, understanding is the hoary crown for men, and an unsullied life, the attainment of old age. He who pleased God was loved; he who lived among sinners was transported — Snatched away, lest wickedness pervert his mind or deceit beguile his soul; For the witchery of paltry things obscures what is right and the whirl of desire transforms the innocent mind. Having become perfect in a short while, he reached the fullness of a long career; for his soul was pleasing to the LORD, therefore he sped him out of the midst of wickedness. But the people saw and did not understand, nor did they take that consideration into account.

The Word of the Lord.

Old Testament **4** *Isaiah 25: 6a, 7-9*

A Reading from the Book of the Prophet Isaiah

On this mountain the LORD of hosts will provide for all peoples. On this mountain he will destroy the veil that veils all peoples, the web that is woven over all nations. He will destroy death forever. The Lord God will wipe away the tears from all faces; The reproach of his people he will remove from the whole earth; for the LORD has spoken. On that day it will be said: "Behold our God, to whom we looked to save us! This is the LORD for whom we looked; let us rejoice and be glad that he has saved us!"
The Word of the Lord.

Old Testament **5** *Lamentations 3:17-26*

A Reading from the Book of Lamentations

My soul is deprived of peace, I have forgotten what happiness is; I tell myself my future is lost, all that I hoped for from the LORD. The thought of my homeless poverty is wormwood and gall; Remembering it over and over leaves my soul downcast within me. But I will call this to mind, as my reason to have hope: The favors of the LORD are not exhausted, his mercies are not spent; They are renewed each morning, so great is his faithfulness. My portion is the LORD, says my soul; therefore will I hope in him. Good is the Lord to one who waits for him, to the soul that seeks him; It is good to hope in silence for the saving help of the LORD.
The Word of the Lord.

Old Testament **6** *Daniel 12: 1-3*

A Reading from the Book of the Prophet Daniel

[I, Daniel, mourned and I heard this word of the Lord:] "At that time there shall arise Michael, the great prince, guardian of your people; It shall be a time unsurpassed in distress since the nation began until that time. At that time your people shall escape, everyone who is found written in the book. Many of those who sleep in the dust of the earth shall awake; Some shall live forever, others shall be an everlasting horror and disgrace. But the wise shall shine brightly like the splendor of the firmament, And those who lead the many to justice shall be like the stars forever."
The Word of the Lord.

Old Testament **7** *2 Macc 12:43-46*

A Reading from the Second Book of Maccabees

Judas [Maccabeus, the ruler of Israel] then took up a collection among all his soldiers, amounting to two thousand silver drachmas, which he sent to Jerusalem to provide for an expiatory sacrifice. In doing this he acted in a very excellent and noble way, inasmuch as he had the resurrection in mind; for if he were not expecting the fallen to rise again, it would have been superfluous and foolish to pray for the dead. But if he did this with a view to the splendid reward that awaits those who had gone to rest in godliness, it was a holy and pious thought. Thus he made atonement for the dead that they might be absolved from their sin.

The Word of the Lord.

Old Testament **8** *Ecclesiastes 3: 1-8; 14*

A Reading from the Book of Ecclesiastes

There is an appointed time for everything, and a time for every affair under the heavens. A time to give birth, and a time to die; a time to plant, and a time to uproot the plant. A time to kill, and a time to heal; a time to tear down, and a time to build. A time to weep, and a time to laugh; a time to mourn, and a time to dance. A time to scatter stones, and a time to gather them; a time to embrace, and a time to be far from embraces. A time to seek, and a time to lose; a time to keep, and a time to cast away. A time to rend, and a time to sew; a time to be silent, and a time to speak. A time to love, and a time to hate; a time of war, and a time of peace. I recognized that whatever God does will endure forever; there is no adding to it, or taking from it. Thus has God done, that he may be revered.

The Word of the Lord.

NEW TESTAMENT READINGS

New Testament ❶ *Romans 5:5-11*

A Reading from the Letter of St. Paul to the Romans

Hope does not disappoint, because the love of God has been poured out into our hearts through the holy Spirit that has been given to us. For Christ, while we were still helpless, yet died at the appointed time for the ungodly. Indeed, only with difficulty does one die for a just person, though perhaps for a good person one might even find courage to die. But God proves his love for us in that while we were still sinners Christ died for us. How much more then, since we are now justified by his blood, will we be saved through him from the wrath. Indeed, if, while we were enemies, we were reconciled to God through the death of his Son, how much more, once reconciled, will we be saved by his life. Not only that, but we also boast of God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.

New Testament ❷ *Romans 5: 17-21*

A Reading from the Letter of St. Paul to the Romans

Brothers and Sisters: If, by the transgression of one person, death came to reign through that one, how much more will those who receive the abundance of grace and of the gift of justification come to reign in life through the one person Jesus Christ. In conclusion, just as through one transgression condemnation came upon all, so through one righteous act acquittal and life came to all. For just as through the disobedience of one person the many were made sinners, so through the obedience of one the many will be made righteous. The law entered in so that transgression might increase but, where sin increased, grace overflowed all the more, so that, as sin reigned in death, grace also might reign through justification for eternal life through Jesus Christ our Lord.

The Word of the Lord.

New Testament ❸ *Romans 6:3-4, 8-9*

A Reading from the Letter of St. Paul to the Romans

Brothers and Sisters: Are you unaware that we who were baptized into Christ Jesus were baptized into his death? We were indeed buried with him through baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, we too might live in newness of life. If, then, we have died with Christ, we believe that we shall also live with him. We know that Christ, raised from the dead, dies no more; death no longer has power over him.

The Word of the Lord.

New Testament **4** *Romans 8: 14-23*

A Reading from the Letter of St. Paul to the Romans

Brothers and Sisters: Those who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you received a spirit of adoption, through which we cry, “*Abba, Father!*” The Spirit itself bears witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ, if only we suffer with him so that we may also be glorified with him. I consider that the sufferings of this present time are as nothing compared with the glory to be revealed for us. For creation awaits with eager expectation the revelation of the children of God; for creation was made subject to futility, not of its own accord, but because of the one who subjected it, in hope that creation itself would be set free from slavery to corruption, and share in the glorious freedom of the children of God. We know that all creation is groaning in labor pains even until now; and not only that, but we ourselves, who have the firstfruits of the Spirit, we also groan within ourselves as we wait for adoption, the redemption of our bodies. **The Word of the Lord.**

New Testament **5** *Romans 8:31b-35, 37-39*

A Reading from the Letter of St. Paul to the Romans

Brothers and Sisters: If God is for us, who can be against us? He who did not spare his own Son but handed him over for us all, how will he not also give us everything else along with him? Who will bring a charge against God’s chosen ones? It is God who acquits us. Who will condemn? It is Christ Jesus who died, rather, was raised, who also is at the right hand of God, who indeed intercedes for us. What will separate us from the love of Christ? Will anguish, or distress, or persecution, or famine, or nakedness, or peril, or the sword? No, in all these things we conquer overwhelmingly through him who loved us. For I am convinced that neither death, nor life, nor angels, nor principalities, nor present things, nor future things, nor powers, nor height, nor depth, nor any other creature will be able to separate us from the love of God in Christ Jesus our Lord. **The Word of the Lord.**

New Testament **6** *Romans 14:7-9, 10b-12*

A Reading from the Letter of St. Paul to the Romans

Brothers and Sisters: None of us lives for oneself, and no one dies for oneself. For if we live, we live for the Lord, and if we die, we die for the Lord; so then, whether we live or die, we are the Lord’s. For this is why Christ died and came to life, that he might be Lord of both the dead and the living. For we shall all stand before the judgment seat of God; for it is written: “As I live, says the Lord, every knee shall bend before me, and every tongue shall give praise to God.” So then each of us shall give an account of himself to God. **The Word of the Lord.**

New Testament **7** *1 Corinthians 15-51-57*

A Reading from the First Letter of St. Paul to the Corinthians

Brothers and Sisters: Behold, I tell you a mystery. We shall not all fall asleep, but we will all be changed, in an instant, in the blink of an eye, at the last trumpet. For the trumpet will sound, the dead will be raised incorruptible, and we shall be changed. For that which is corruptible must clothe itself with incorruptibility, and that which is mortal must clothe itself with immortality. And when this which is corruptible clothes itself with incorruptibility and this which is mortal clothes itself with immortality, then the word that is written shall come about: "Death is swallowed up in victory. Where, O death, is your victory? Where, O death, is your sting?" The sting of death is sin, and the power of sin is the law. But thanks be to God who gives us the victory through our Lord Jesus Christ.

The Word of the Lord.

New Testament **8** *2 Corinthians 4: 14 – 5:1*

A Reading from the Second Letter of St. Paul to the Corinthians

Brothers and Sisters: We know that the one who raised the Lord Jesus will raise us also with Jesus and place us with you in his presence. Everything indeed is for you, so that the grace bestowed in abundance on more and more people may cause the thanksgiving to overflow for the glory of God. Therefore, we are not discouraged; rather, although our outer self is wasting away, our inner self is being renewed day by day. For this momentary light affliction is producing for us an eternal weight of glory beyond all comparison, as we look not to what is seen but to what is unseen; for what is seen is transitory, but what is unseen is eternal. For we know that if our earthly dwelling, a tent, should be destroyed, we have a building from God, a dwelling not made with hands, eternal in heaven.

The Word of the Lord.

New Testament **9** *2 Corinthians 5:1, 6-10*

A Reading from the Second Letter of St. Paul to the Corinthians

Brothers and Sisters: We know that if our earthly dwelling, a tent, should be destroyed, we have a building from God, a dwelling not made with hands, eternal in heaven. So we are always courageous, although we know that while we are at home in the body we are away from the Lord, for we walk by faith, not by sight. Yet we are courageous, and we would rather leave the body and go home to the Lord. Therefore, we aspire to please him, whether we are at home or away. For we must all appear before the judgment seat of Christ, so that each one may receive recompense, according to what he did in the body, whether good or evil.

The Word of the Lord.

New Testament **(10)** *Philippians 3: 20-21*

A Reading from the Letter of St. Paul to the Philippians

Brothers and sisters: Our citizenship is in heaven, and from it we also await a savior, the Lord Jesus Christ. He will change our lowly body to conform with his glorified body by the power that enables him also to bring all things into subjection to himself.
The Word of the Lord.

New Testament **(11)** *Revelation 14:13*

A Reading from the Book of Revelation

I, John, heard a voice from heaven say, "Write this: Blessed are the dead who die in the Lord from now on." "Yes," said the Spirit, "let them find rest from their labors, for their works accompany them."
The Word of the Lord.

New Testament **(12)** *Thessalonians 4: 13-18*

A Reading from the First Letter of St. Paul to the Thessalonians

We do not want you to be unaware, brothers and sisters, about those who have fallen asleep, so that you may not grieve like the rest, who have no hope. For if we believe that Jesus died and rose, so too will God, through Jesus, bring with him those who have fallen asleep. Indeed, we tell you this, on the word of the Lord, that we who are alive, who are left until the coming of the Lord, will surely not precede those who have fallen asleep. For the Lord himself, with a word of command, with the voice of an archangel and with the trumpet of God, will come down from heaven, and the dead in Christ will rise first. Then we who are alive, who are left, will be caught up together with them in the clouds to meet the Lord in the air. Thus we shall always be with the Lord. Therefore, console one another with these words.
The Word of the Lord.

New Testament **(13)** *1 John 3: 1-2*

A Reading from the First Letter of St. John

Beloved: See what love the Father has bestowed on us that we may be called the children of God. Yet so we are. The reason the world does not know us is that it did not know him. Beloved, we are God's children now; what we shall be has not yet been revealed. We do know that when it is revealed we shall be like him, for we shall see him as he is. Everyone who has this hope based on him makes himself pure, as he is pure.
The Word of the Lord.

New Testament (14) Revelation 21: 5a-6b-7

A Reading from the Book of Revelation

I, John, saw a new heaven and a new earth. The former heaven and the former earth had passed away, and the sea was no more. I also saw the holy city, a new Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband. I heard a loud voice from the throne saying, "Behold, God's dwelling is with the human race. He will dwell with them and they will be his people and God himself will always be with them as their God. He will wipe every tear from their eyes, and there shall be no more death or mourning, wailing or pain, for the old order has passed away." The one who sat on the throne said, "Behold, I make all things new." I am the Alpha and the Omega, the beginning and the end. To the thirsty I will give a gift from the spring of life-giving water. The victor will inherit these gifts, and I shall be his God, and he will be my son.

The Word of the Lord.

MUSIC CHOICES FOR FUNERAL MASSES

Listed below is a selection of hymns which are appropriate for use at Catholic Funeral Liturgies. If you are unfamiliar with them, the full texts and melodies of these hymns are available upon request. Should you have another request which does not appear on this list, please feel free to discuss it with the Director of Music, who must approve all music choices.

Processional or Recessional Hymns

- | | |
|---------------------------------------|------------------------------|
| • O God, Our Help in Ages Past | <i>Recommended</i> |
| • I Heard the Voice of Jesus Say | <i>Recommended</i> |
| • I Know that My Redeemer Lives | <i>Recommended</i> |
| • Lift High the Cross | <i>Recommended</i> |
| • Holy God, We Praise Thy Name | |
| • Sing With All the Saints in Glory | |
| • All Creatures of Our God and King | *(not available during Lent) |
| • Alleluia, Sing to Jesus | *(not available during Lent) |
| • The Strife is O'er, the Battle Done | *(not available during Lent) |

Offertory Hymns

- | | |
|-----------------------------------------------------------|--------------------|
| • Abide With Me | <i>Recommended</i> |
| • Be Thou My Vision | <i>Recommended</i> |
| • Lord of All Hopefulness | <i>Recommended</i> |
| • The Day Thou Gavest, Lord, Is Ended | <i>Recommended</i> |
| • The King of Love My Shepherd Is | <i>Recommended</i> |
| • Love Divine, All Loves Excelling | |
| • Prayer of St. Francis [Make Me a Channel of Your Peace] | |
| • Precious Lord, Take My Hand | |

Communion Hymns

- | | |
|----------------------------------------|--------------------|
| • Soul of My Savior | <i>Recommended</i> |
| • Panis Angelicus | <i>Recommended</i> |
| • Jesus, My Lord, My God, My All | |
| • Softly and Tenderly Jesus is Calling | |

Post-Communion Meditation (if desired)

- | | |
|--------------------------------------------------|--------------------|
| • Ave Maria | <i>Recommended</i> |
| • O Sanctissima (in honor of the Blessed Mother) | <i>Recommended</i> |
| • Precious Lord, Take My Hand | |

FUNERAL PLANNING WORKSHEET

The Parish of Saint Catherine of Siena
Trumbull, Connecticut

Kindly complete this planning form and the following page, and either scan and email them to office@stcatherinetrumbull.com or take a cell phone picture of them and text them to our Funeral Coordinator, Mary Ellen Kovacs, at (203) 394-7322.

Name of the Deceased: _____

Funeral Home: _____

Date and time of the WAKE (if applicable): _____

Date and time of the FUNERAL: _____

Processional Hymn: _____

1st Reading (from the Old Testament): _____

2nd Reading (from the New Testament): _____

Offertory Hymn: _____

Communion Hymn: _____

Communion Meditation Hymn: _____

Recessional Hymn: _____

If you have any questions, or are thinking of a hymn or a composition of sacred music which does not appear on the list on page 16, please email our Funeral Organist, Dr. William Atwood, at WilliamAtwood@diobpt.org.

The priest celebrant will be sure that the homily is as personal to the deceased as possible. Please feel free to note below any reminiscences of the deceased and / or any personal details which will help him in crafting his homily. If easier than writing out these thoughts below, it is also possible to email them directly to office@stcatherinetrumbull.com.

[illegible]