

# RETREAT WEEK SCHEDULE



6th June 2025	
4.00 pm	Pick up guests at Florence Peretola Airport
5.30 pm	Stop at the supermarket before arriving in the venue
6.00 pm	Guests arrival, apartment check-in
7.30 pm	Welcome Dinner
10.00 pm	Free time / bed time
7th June 2025	
8.00 - 9.00 am	Class with Leda
9.00 - 9.45 am	Breakfast
10.15 am - 3.00/5.00 pm (depends on the tour)	Olive oil mill visit & tasting & Town Tour to Cortona
6.00 - 7.00 pm	Extra Class with Leda
08.00 pm	Dinner
8th June 2025	
8.00 - 9.00 am	Class with Leda
9.00 - 9.45 am	Breakfast
	Free Time: extra acitiviteis (hike, mountain bike, kayaking, massage etc.)
4.30 pm	Cooking class
6.00 - 7.00 pm	Extra Class with Leda
08.00 pm	Dinner
9th June 2025	
8.00 - 9.00 am	Class with Leda
9.00 - 9.45 am	Breakfast
10.15 am - 3.30 pm (depends on the tour)	Castiglion del Lago market day & town tour and wine tasting aperitif at a special wine shop
6.00 - 7.00 pm	Extra Class with Leda
08.00 pm	Dinner
10th June 2025	
8.00 - 9.00 am	Class with Leda
9.00 - 9.45 am	Breakfast
	Free Time: extra acitiviteis (hike, mountain bike, kayaking, massage etc.)
6.00 - 7.00 pm	Extra Class with Leda
8.00 pm	Dinner
11th June 2025	
8.00 - 9.00 am	Class with Leda
9.00 - 9.45 am	Breakfast
10.15 am - 3.00/5.00 pm (depends on the tour)	Pienza town tour and pic nic in a special location
6.00 - 7.00 pm	Extra Class with Leda
08.00 pm	Dinner
12th June 2025	
8.00 - 9.15 am	Breakfast
9.30 am	Bus shuttle departure to airport

If you would like a **transfer that does not match the one included** in the package please let us know asap so we will put you in contact with our transfer company

Every Day

Private sessions with Leda in the wellness studio: \$100/hr.

Please contact Leda directly for reservations.

