



RECENT QUOTES FROM VOLUNTEERS

The farm has:

Given me a sense of **COMMUNITY** and a more **POSITIVE OUTLOOK**
TURNED MY LIFE AROUND and made me a **LOT HAPPIER**

Helped me reach my **GOALS** to learn to cook and be **INDEPENDENT**

Helped me be **MORE CONFIDENT** and my **MENTAL HEALTH**
has really improved

Made me more **CARING** towards people

Supported me to **ACHIEVE** Animal Care Level 2 and get into college
given me a **REAL PURPOSE**

has helped me find **PART-TIME WORK** at a garden centre

Supported me when I left prison and in setting up my
OWN CLEANING BUSINESS

has helped me get a **PLACEMENT** at a local Vets practice

has helped **REDUCE MY ISOLATION** and
ANXIETY and kept me positive

has given me a **SAFE PLACE** away from troubles

I love the animals, but I especially love the feeling of **BELONGING** here

I'm always **HAPPY** at the farm

I find it really **UPLIFTING** being here

knowing I can make a **DIFFERENCE** in people's lives has
really had a **POSITIVE IMPACT** on me

I feel more comfortable **MAKING FRIENDS**
it feels like a **BIG FAMILY**

I was lonely and isolated when I **RETIRED** – I've made
lots of new **FRIENDS** here