# **Activity 1**



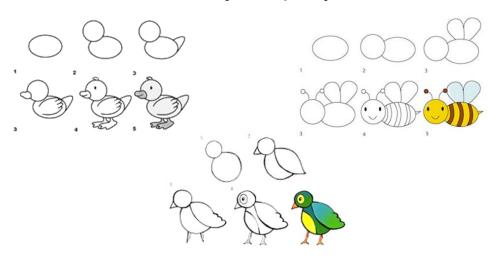
### **Activity 2**

#### **HUGE FARM COLLAGE**

Think of your favourite animal on the farm.

Draw, or paint them, for example,

Fairy the pony.



Once you have completed your painting or drawing, save it until the farm once we reopens and we will put them all together

CHICKENS	FINCH	PONIES	TERRAPIN
COCKATIEL	GOATS	QUAIL	TOUROISE
cows	<b>GUINEAPIGS</b>	RABBITS	TURKEYS
DUCKS	PIGS	SHEEP	

## **Activity 3**



### Join Joe Wicks for his keep fit daily workout 9am Monday to Friday

What have you been doing during isolation?

### Some Ideas on how you can show us.

- Send us a video of your activity
- send a voice message about your activity
- Draw or paint a picture
- Send us some pictures
- Write a story about what you've been doing

## Why not involve a family member? They could:

Video you doing an activity
Help you do an activity
Help you tell us about your activity

Don't worry if you've not a big sports person these exercises are gentle and easy to follow.



https://www.youtube.com/channel/ UCAxW1XT0iEJo0TYIRfn6rYQ

## Bored? Why not declutter your home or room?



# Tune into Jamie Oliver's YouTube channel for tons of ideas and recipes

We all have a cupboard or things around the house that need clearing. Why not declutter and throw away items in your house that you no longer need or want?



This could be sorting out old clothing that you don't use anymore and place them in bags ready to take to a charity shop of your choice!

Of course, when they reopen.

As well as clearing out your home, you will be helping charities and people in need!

Even If you barely cook, there's loads of beginner tips and videos from learning how to cut an onion to making a tasty omelette!



If you are someone who cooks often, why not try a new recipe and cook for others that you may be isolating with.

https://www.youtube.com/user/JamieOliver