

# Activity 1



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## Cheese Word Search

Can you find all the types of cheese hidden in the word search below?



## Word Key

- APPLEWOOD
- CHESHIRE
- CURD
- GOATS
- LINCOLNSHIRE POACHER
- RED WINDSOR
- STILTON
- WILTSHIRE LOAF
- CROWDIE
- ORKNEY
- BLUE VINNEY
- CORNISH YARG
- SAGE DERBY
- HUNTSMAN
- LANCASHIRE
- SHROPSHIRE BLUE
- SWALEDALE
- DUNLOP
- CHEDDAR
- COTTAGE
- DOUBLE GLOUCESTER
- ILCHCESTER
- RED LEICESTER
- SOMERSET BEIR
- WENSLEYDALE
- PENCARREG BRIE
- ISLAY

# Activity 2



# Instructions

## Here's a simple recipe for a Classic Omelette

Things you will need:

1 teaspoon of  
olive oil



1 spring  
onion  
(chopped)



1/4 sweet  
pepper  
(chopped)



2/3 eggs



2/3 slices of  
ham / chicken



Salt and  
pepper



## Wash hands before beginning

1. On a medium to low heat, add 1 teaspoon of oil to a non-stick frying pan, leave for minute to warm up then add the chopped onions and sweet pepper
2. Crack the eggs into a mixing bowl and season well with salt and pepper before beating
3. Once the onion and pepper have softened add the seasoned egg mixture and ham / chicken slices
4. Once the egg has set, flip it over using a spatula and continue to cook for another 30 seconds
5. Fold the Omelette in half and serve

Why not post a photo to the  
**Staff and Volunteers** Facebook group

# Resources



## Barnardo's - Combating Loneliness During Lockdown

Take a look at the link below, on there you will find ways in which you could beat loneliness during this difficult time.

What is important is that we are all in this together and we can beat this! Once on the website, there is a list of different organisations and charities that that are here to support you. Take a look.

<https://www.barnardos.org.uk/blog/combating-loneliness-during-lockdown>



# Resources

## BBC Earth - Top 10 Natural History Moments

Why not take a look at the best natural history moments on the BBC Earth YouTube channel? On here you will find many different types of animal videos to explore. There are videos of polar bear cubs, bison, pandas, tigers, monkeys and loads more.

<https://www.youtube.com/watch?v=FeJKJ5MoCHY>

