

# Activity 1



# Activity 1

**Spot the difference**

Can you find the 25 differences?



# Activity 2



# Instructions

## Here's a simple recipe for a simple banana cake

Things you will need:



3 very ripe bananas



100g light brown sugar



3 large eggs



275g

Self-raising flour



1 teaspoon baking powder



150ml sunflower oil



1 teaspoon of mixed spice

## Wash hands before beginning

Preheat oven to 180C / gas mark 4

Line out a medium sided baking tin with baking paper

Peel the ripe bananas and using the back of a fork, mash the bananas together in a mixing bowl

Now, add the eggs, sugar and oil to the mixing bowl and whisk together until the mixture has combined

Once all has combined, add in the self-raising flour, baking powder and the mixed spice and continue to whisk together

Pour the mixture into the pre-lined baking tin and place in the oven for 40 minutes (Tip: around the 35 minute mark, use a butter knife to poke through the banana cake. If the knife comes out clean then the cake is ready)

Take the banana cake out of the oven once baked thoroughly and leave to cool for 10—15 minutes

Cut the banana cake into slices ready to serve

Idea: if you fancy, why not serve with some cold vanilla ice-cream

## Why not post your creations to the volunteer Facebook page?



# Resources



# Resources



Equation is a charity that seeks to support people who are suffering from abuse. Whether that domestic abuse, sexual violence or gender inequality, equation seeks to ensure that everyone has equal and healthy relationships free from the above.

Working primarily in Nottingham and Nottinghamshire, equation is a charity that you could contact on behalf of yourself or even someone you know who could be suffering from abuse during these difficult times.

Take a look at their website by clicking the link below :

<https://equation.org.uk/>

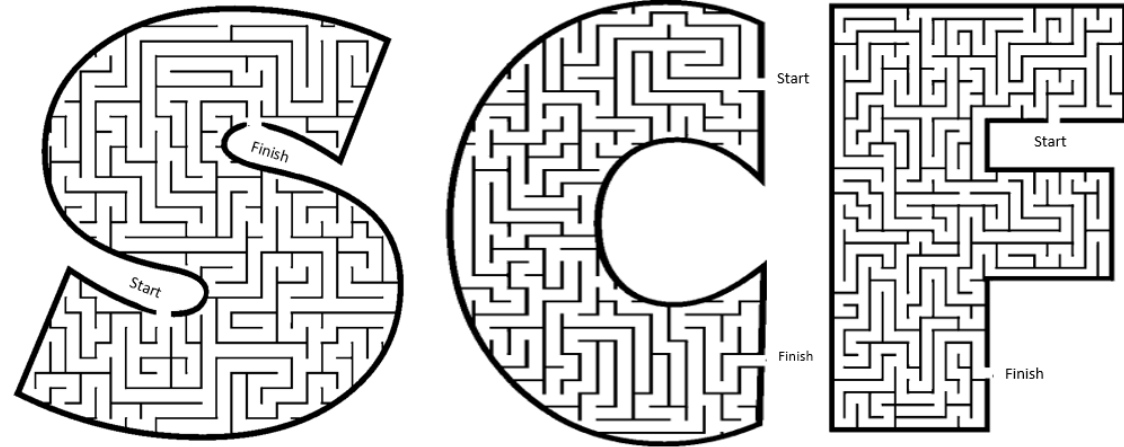


Campaign to End Loneliness are another charity who look to beat loneliness amongst people of all ages. They have some fabulous resources for you to look at, so why not jump in and see what they do. Here is the link:

<https://www.campaigntoendloneliness.org/>

**Can you manage the Stonebridge City Farm maze?**

**Set yourself a timer and let us know what how long it takes you to complete the maze**



**Spot the difference answers**



# Motivational Quotes of the Week

