Activity 1



Activity 2

Growing a Plant from Seed

Step One:

Watch the 'Growing from Seed Video' on the Volunteer Resources Page on our website and use the information sheet below to help guide you through the video

Step Two:

See if you can complete the activities about growing a plant from seed

Step Three:

Have **fun** and send photographs of your plants and drawings to <u>Ryan@stonebridgecityfarm.com</u> if you would like us to share them

You will need :



Tips to start growing plants

How to plant and grow a sunflower indoors

- 1) Place soil into a plant pot
- 2) Make a small hole in the soil with your finger
- 3) Gently place the seed into the hole in the soil
- 4) Cover the seed over with soil
- 5) Press the soil down firmly with your fingers
- 6) Water your sunflower seed
- 7) Place next to a window facing the sun

Activity 3



Activity 4

Think of 20 items that you want to buy once everything is back to normal

I'll get you started

- 1) Loads of biscuits (the ones with chocolate)
- 2) A train ticket to the seaside

Now try to think of some, once you have your 20 items, why not tell us **why** you want them

Write down your ideas and tell us what's on your list by emailing it to

Reiss@stonebridgecityfarm.com

Can you find all the baby Farm animals?

GHWR D М F R Α 7 Р С ΧJ Μ С С Α С F RC κ ΗL N w n в X F ĸ м х R F G G С F D т G в κ R С O R O S н F κ G N Ν E n ĸ м С D х Ζ U С R Ν S в В G Q v 0 D F Р F С GΑ S s O М х х MGN Р СР LKCUD F .1 CHICK FOAL HATCHLING CALF PIGLET KIT DUCKLING I AMB PUP GOSLING KID **KITTEN**

Why not pick up the phone and call someone or video call someone?



Virtual Natural History Museum Tours

Ever wanted to visit the Natural History Museum?

Now you can, take a virtual tour of the museum and listen to Sir David Attenborough as he guides you around Hintz Hall

There are loads different things that you can explore

- The life of a blue whale
- David Attenborough guide around Hintze Hall
- Virtual tour of the Natural History Museum
- Wildlife photographer of the year exhibit

And much more!



Sometimes people can feel lonely especially in isolation, so why not call a loved one or keep in contact with some friends?

Why not join the **Stonebridge Volunteers Facebook Group** and start up a conversation

If you worry about things to talk about. Why not talk about your favourite movie or book?



