



# Activity 3



# Instructions

## Making flapjacks

What to have a go at something new?  
Why not try and making some pancakes?

### Things you will need:

275g  
Porridge Oats



225g butter



225g  
brown sugar



75g  
golden syrup



Roasting tin



Saucepan



## Step 1 – Preparation

### Wash hands before beginning

- 1) Pre-heat your oven to 160°C/140°C
- 2) Grease your roasting tin
- 3) Melt your butter in the saucepan on low heat
- 4) Add the syrup, sugar and porridge oats and mix together with mixing spoon
- 5) Once the mixture is ready, place into the r roasting tin (tip: use the back of the spoon to press down this mixture in the tin)
- 6) Bake in your pre-heated oven for 30-35 minutes unto your flapjacks are golden brown

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# Resources

- 7) Remove your golden delicious flapjacks out of the oven (Use an oven glove!)
- 8) Cut into equal pieces and leave to cool down for 10 – 15 minutes
- 9) Enjoy

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