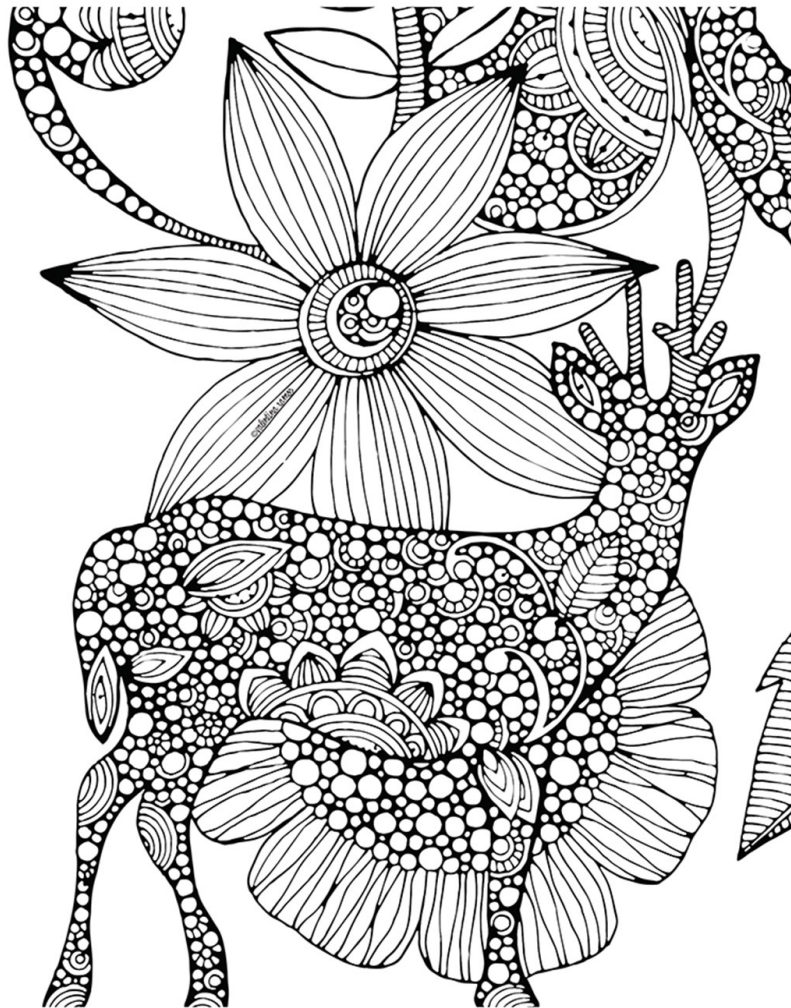


Activity 1



Use crayons or felt tips to colour
in the pictures



Activity 2



**Did you know its Volunteers' Week
from the 1st - 7th June 2020**

**We would like to ask everyone if they could
create a poster detailing why you volunteer at
Stonebridge City Farm**

**Please send a picture of yourself holding up
your poster to the Facebook Volunteers Page or
send your picture to
Reiss@stonebridgecityfarm.com**

Activity 3



Instructions

Here's a simple recipe for a beautiful pasta dish

Things you will need:

400g Spaghetti



1 Tablespoon
Olive / Veg Oil



130g Smoked
Bacon (chopped
into small pieces)



1 Onion
(chopped into
small pieces)



1 Garlic Clove
(finely chopped)



2 Tablespoon
Smoked Paprika



2 tins of
Chopped Tomatoes



Grated Cheese



Wash hands before beginning

- 1) Fill a saucepan full of water and bring to boil
- 2) Place the spaghetti into the saucepan and cook until al dente or tender
- 3) Whilst the spaghetti is on, place 1 tablespoon of oil into a large frying pan and cook the bacon for 3 to 4 minutes on a medium heat
- 4) Once the bacon is slightly crisped, add in chopped onion and cook for another 2 to 3 minutes
- 5) Give the spaghetti a stir and see how it's cooking
- 6) Now add chopped garlic clove and smoked paprika to the sauce and cook for another minute
- 7) Pour and stir in chopped tomatoes and bring to boil for 5 minutes
- 8) Now drain out the pasta and serve with cheese

Resources



30 Minute Home Exercise

This home exercise video is a brilliant workout right from your home. The best part is that you can join in at your own pace. Take a look, you could even do it in your back garden.

<https://www.youtube.com/watch?v=giBLA-PV32w>



Resources

The Elements of Iceland

The world is a beautiful place, this week you can watch the magical wonders of Iceland.

Take a look at the landscapes and become lost in the beauty of the planet. remember, you can search for different videos from around the world

<https://www.youtube.com/watch?v=F-1weFCiYBA>

