



## VIP MINI MASTERMIND

### **Attention Entrepreneurs, Professionals and Business Leaders!**

Are you tired of feeling overwhelmed and stuck in your personal or professional life? Do you struggle to find the right solutions to life's challenges? Look no further!

Join Dr. Ellen Contente for a powerful and transformative day of coaching, masterminding, and group process.

### **Here's what you can expect:**

- 1 (30 min) intake call with Dr. Ellen before the day
- Grounding Exercise to set tone for the Transformation
- 1 hour Group Process illustrating a specific Mastermind Exercise
- Coaching and Masterminding with each person on their specific challenge
- Powerful Closing Activity
- Catered Lunch
- Happy Hour (optional)

Don't miss out on this opportunity to accelerate your success and achieve your business goals.

Investment: \$ 1K (*refunded if you enroll in the full program*)

We have openings for next month. If you are interested in locking in your spot use this [link](#).

Act Fast – as there are **limited** spots available.

### **About Dr. Ellen:**

*Ellen Contente is the Founder of [Heart-Centered Programs](#), a training and consulting business empowering people to live and work with more Passion, Purpose and Play™, and the [Conscious Leadership Circle Mastermind](#).*

*She has helped thousands of leaders worldwide through her many programs. Read her article on Authority Magazine on the [Top 5 Self-Care Practices](#). Dr. Ellen is a Licensed Stress Mastery Facilitator, Certified HeartMath Clinician, Whil Certified Mindfulness Leadership Coach, has her Doctorate in Spiritual Psychology and Bachelors in Management.*