## ART JUST BECAUSE -NEWSLETTER-



INSPIRING CREATIVITY THROUGH ART AND WORSHIP



## New Beginnings...

NEVER UNDER ESTIMATE THE POWER OF PEOPLE, GOD USES US ALL.

Several months ago none of this was even on our radar screen. I was doing my thing and Stephanie was doing hers. Steph and I have been friends for years but never talked about joining forces and starting any type of business or ministry.

I was at a bible study back in April and was given a written word. I read it over and over and it began to really speak to me. It referenced the coat of many colors, which is a beautiful story of Jacob's great love for his son Joseph. It was encouraging because that is also a picture of God's great love for us. It talked about my vibrancy for life and color and encouraged me to find a ministry where my gifts would shine.

Through a series of events and conformation from several others it began to make sense, use your gifts Vicki for his glory. This was going to require a huge amount of faith, Am I really good enough to call myself an artist, how was I going to tell my husband and who do I do this with. Those answers came and on Good Friday I reached out to Stephanie and said something like, "hey, do you want to start and art ministry with me." Her answer was yes, this is an answer to prayer. I said, "do you want to check with your husband first." "NOPE" she said and by evening we had a logo, a plan and started the journey. FYI- Our husbands are our biggest supporters, we are so grateful for Tim and Randy!

We are excited as we begin this adventure together and are trusting God to lead the way. The best is yet to come. Thanks for saying yes Steph!

"ART IS NOT WHAT YOU SEE, BUT WHAT YOU MAKE OTHERS SEE" -EDGAR DEGAS

"ART WASHES AWAY FROM THE SOUL THE DUST OF EVERY DAY LIFE" -PICASSO

"EVERY ARTIST WAS FIRST AN AMATEUR" -RALPH WALDO EMERSON

"A PICTURE IS A POEM WITHOUT WORDS" -HORACE

## Just sharing a little piece of us with you! Vicki & Stephanie

SEND US YOUR QUESTIONS AND WE MAY FEATURE IT HERE

I want to take a moment and talk to you about self talk. When you look in the mirror what do you see, do you like you? What are the tapes you play in your head, for many of us those tapes started years ago and were influenced by what others said about and to us. Remember, just because someone says it does not make it true.

Experts estimate that the mind thinks between 60,000 - 80,000 thoughts a day. That's an average of 2500 - 3,300 thoughts per hour. That's incredible. Approximently 80 % of your thoughts are negative and 95 % are repetitive. Wow, that's a lot going on upstairs.

We have power over our thoughts. Find those misbeliefs, get rid of them and replace them with Gods thoughts about you. You are LOVED, you are HIS, you are WORTHY, you are BEAUTIFUL. Friends, you are not an accident, you were wonderfully made, you are a daughter of the KING. Put on your crown and trust the one who knows and loves you completely. -V





## Stencils 101

Vicki and I had a funny thing come up with stencils recently. We were working on some art and decided we both wanted to add some detail to our work. I know how I like to clean and care for my stencils and what type of brushes to use etc. Apparently Vicki does not have the same background and didn't know how to clean the paint off stencils, hahaha. We had a good laugh to accompany our little mishaps. A couple bent stencils later I had to step in and give her a talking to. Remember everything can be fixed one way or another but the goal is to have fun in the process. When I clean my stencils I want them on a completely flat surface. I use my kitchen sink. I make sure the sink is completely clean and I lay the stencil down flat. I spray it gently with the faucet really well to get as much paint as possible off. The longer you leave the paint drying on the stencil the harder this will be. Very gently rub the excess paint off with a wet paper towel. Stencils are extremely delicate, so be very careful with them. When finished washing them lay them on a dry paper towel, gently blot them dry. I personally like to keep my stencils in a photo album that has a hard cover. You can also put them back in their original package. Just remember to make sure they are dry! Regardless of how you store them just make sure they do not bend.

A quality brush is a must, don't buy cheap brushes you will regret it. They make brush cleaner or you can use just soap and water. One more little suggestion, you can buy some spray on removable adhesive that keep your stencil in place. I highly recommend this especially if you are new at stenciling.

Happy stenciling! -S



