

Golden Era Transition Support

By Emily Reed | Photos provided by Rachel Hudson & Lucille Treppa Photography



The golden years can be some of the most fulfilling stages of life, especially with the right resources and support. Golden Era Transition Support LLC was created to ensure that seniors and their families have access to compassionate care and personalized solutions as they navigate the complexities of aging. At the heart of Golden Era Transition Support is Rachel

Hudson, a dedicated Aging Life Care Professional, Geriatric Care Manager, and founder of the business. Rachel is passionate about empowering older adults to live safely, independently, and meaningfully within their communities. She provides families and seniors with personalized care solutions that will bring peace of mind. "Every senior and their family deserves the option of feeling secure in their future, connected to their community, and confident in their ability to maintain their independence for as long as possible," Rachel said.

Rachel moved with her husband, Eric, and two kids, Caleb and Chas e, to Texas Corners from New Jersey. She joined the Mattawan School Parent Association, where she continues to serve as co-president—an experience she finds incredibly fulfilling. Much of their free time is spent supporting their kids' athletics and enjoying their cabin near Ludington. Since moving, their family has built deep friendships with wonderful people, and they feel grateful to be part of a strong, supportive community.

Rachel recognized the growing need for senior care in the area, prompting her to open Golden Era Transition

Support in 2024. She strives to help seniors live safely, independently, and with the highest quality of life possible. She creates personalized care plans that empower seniors to age in place and stay connected in their community. She offers a

variety of services that include:

- Assessment of a Senior's Status & Home Environment
- Care Plan with Written Recommendations
- Coordinating Medical Services
- Managing Housing Options & Transitions
- Oversight of Meal Delivery and Nutrition Programs
- Coordinating Assistance for Activities of Daily Living
- Scheduling Transportation Assistance
- Coordinating In-Home Care (medical & non-medical)
- Connecting Clients to Local Community and Social Activities and Programs

Rachel's passion for elder care began in early childhood as both her parents worked in geriatrics. "Their dedication instilled in me a deep connection to the aging population and a commitment to helping seniors thrive," she said. Rachel went on to receive her Bachelor of Science in Psychology, complete a Geriatric Care Management program, and become a member of the Aging Life Care Association.

However, her greatest inspiration is her late grandmother. Her presence has been with Rachel throughout her geriatric career and reinforces her passion for helping seniors. "I approach every client with the same level of care and commitment I would have given my own grandmother," she said. She




Golden Era Transition Support, LLC
 SUPPORTING SENIORS THROUGH
 LIFE'S CHANGES

Geriatric Care Management (GCM) offers personalized support to address the daily needs of your Senior as well as offering relief for family members who have taken on caregiving roles.



Providing:

- Assessment of a Senior's Status & Home Environment
- Care Plan with Written Recommendations

Coordinating Assistance with:

- Medical Services
- Home Care Services
- Housing Options & Transitions
- Meal Delivery Programs
- Activities of Daily Living
- Transportation Services
- Social Activities

Serving Mattawan, Texas Corners, Portage and the suburbs of Kalamazoo

Rachel Hudson, BS, GCM | Aging Life Care Professional
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honors her grandmother with a photo of the two of them on her business card—a personal reminder of the compassion and purpose that guide her work every day.

You are forming a genuine connection when you meet with Rachel! She values the unique stories, wisdom, humor, and perspectives each client brings. “The laughter we share, the lessons they pass down, and the connections we build are some of the best things about my job!” she said. She truly believes in the power of community and encourages neighbors, families, and caregivers to support each other and utilize local resources to foster a strong, inclusive environment for seniors. “I believe that our golden years, when met with support, understanding, compassion, and care, can be some of the most wonderful years of our lives,” she said.

With a deep commitment to enhancing the quality of life for seniors, Rachel provides more than services, she creates connections and fosters a vibrant environment for seniors. “If you or a loved one ever needs guidance, support, or a helping hand to help navigate the aging journey, I’m here for you and look forward to being part of your story!” You can schedule a time to meet with Rachel at 201-912-4043 or rach.hudson96@gmail.com.

