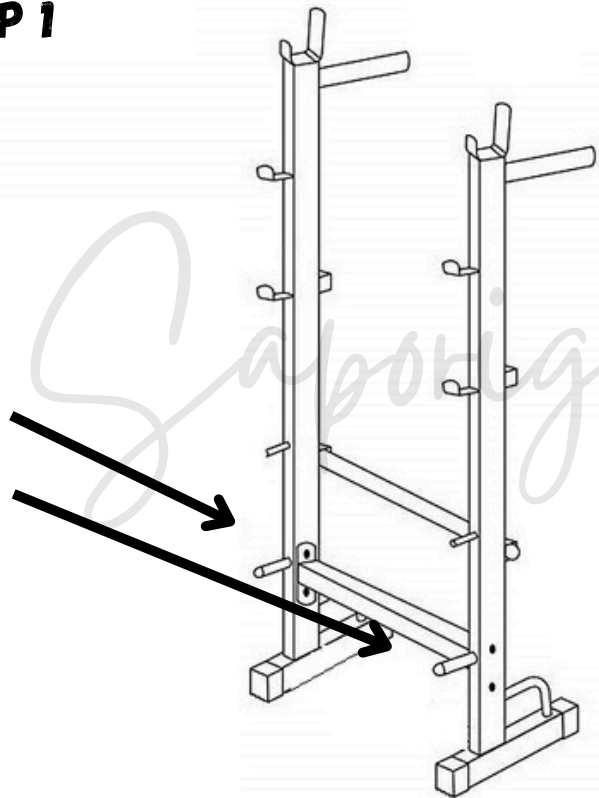


SAPORIGO BENCH ASSEMBLY GUIDE

20 IN 1 SINGLE SUPPORT BENCH

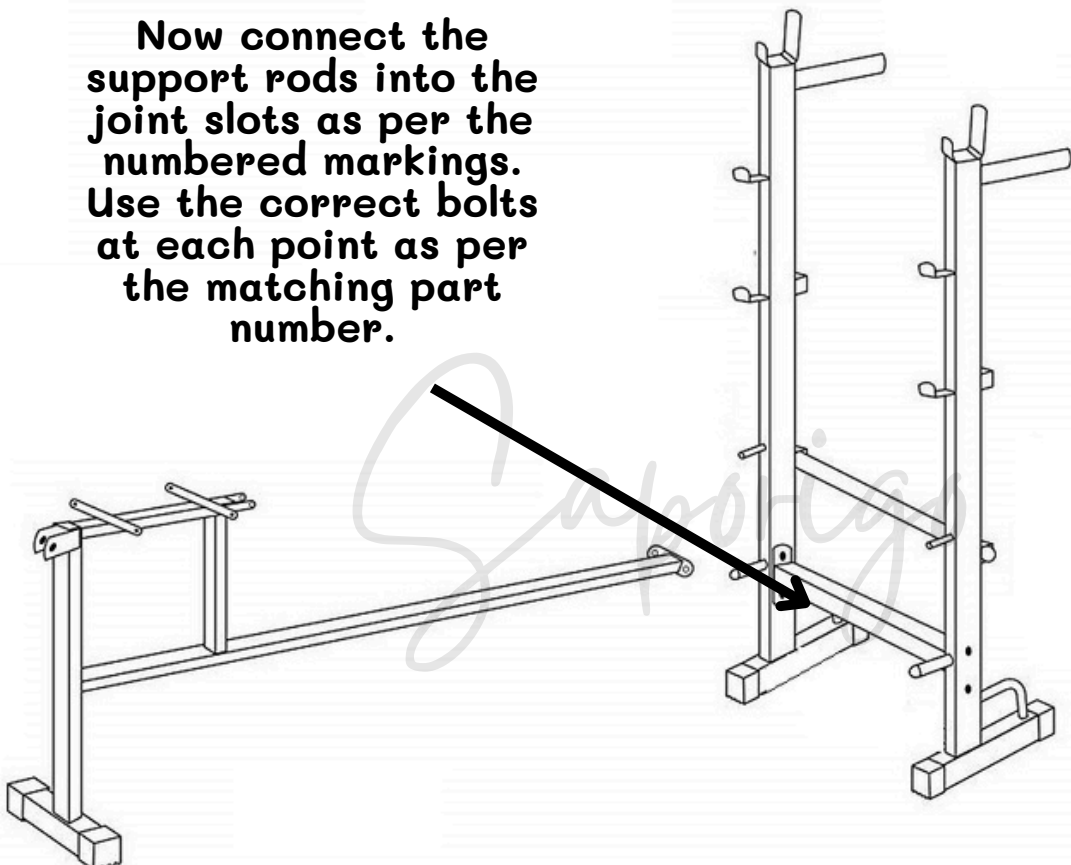
STEP 1

Take the two main upright pillars and connect them to the horizontal base using the corresponding joints. Fix them using the bolts and nuts provided.



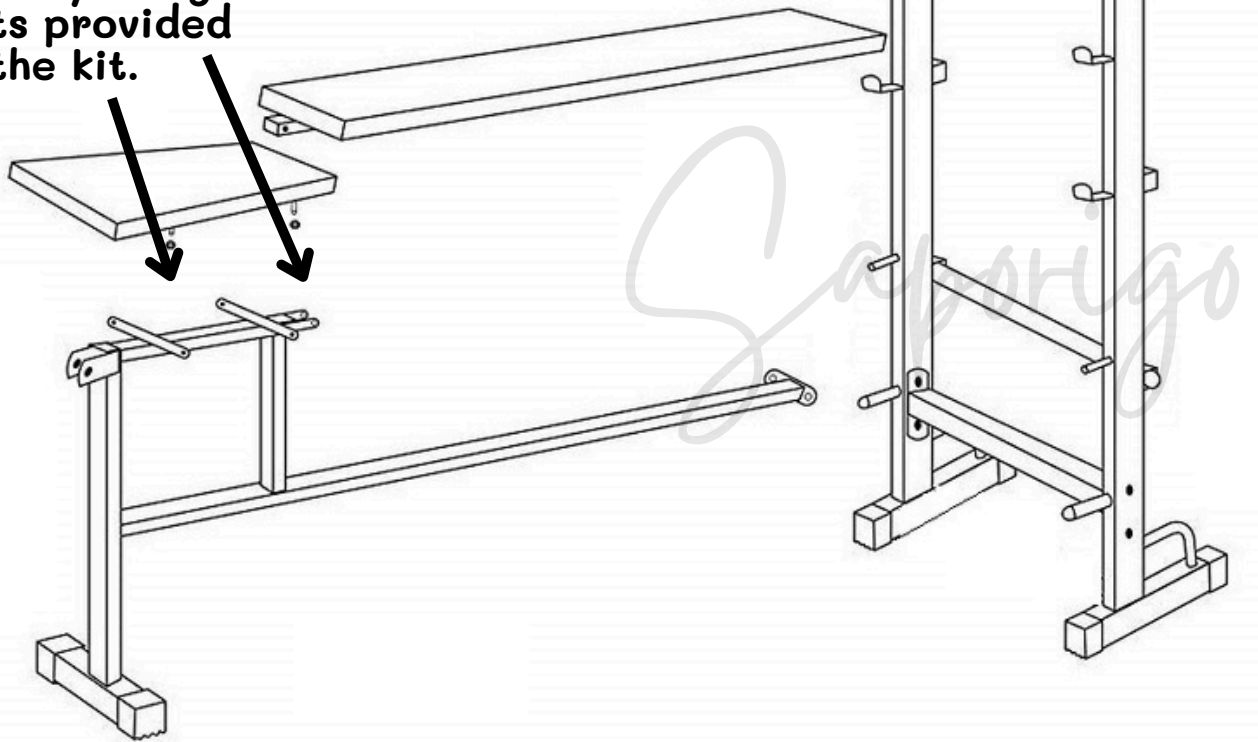
STEP 2

Now connect the support rods into the joint slots as per the numbered markings. Use the correct bolts at each point as per the matching part number.



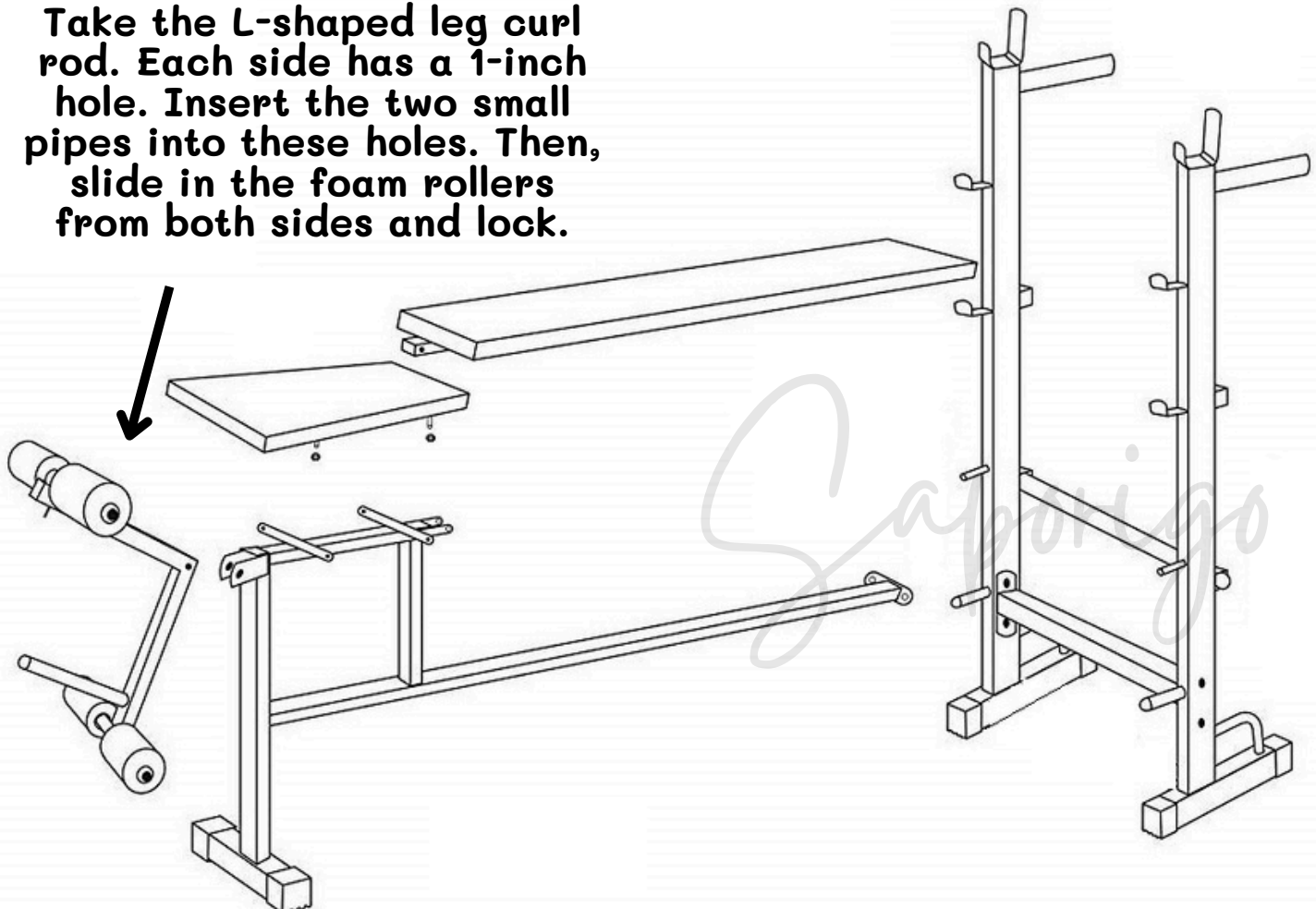
STEP 3

Place the seat board and align it on the bench structure. Tighten it securely using the bolts provided in the kit.



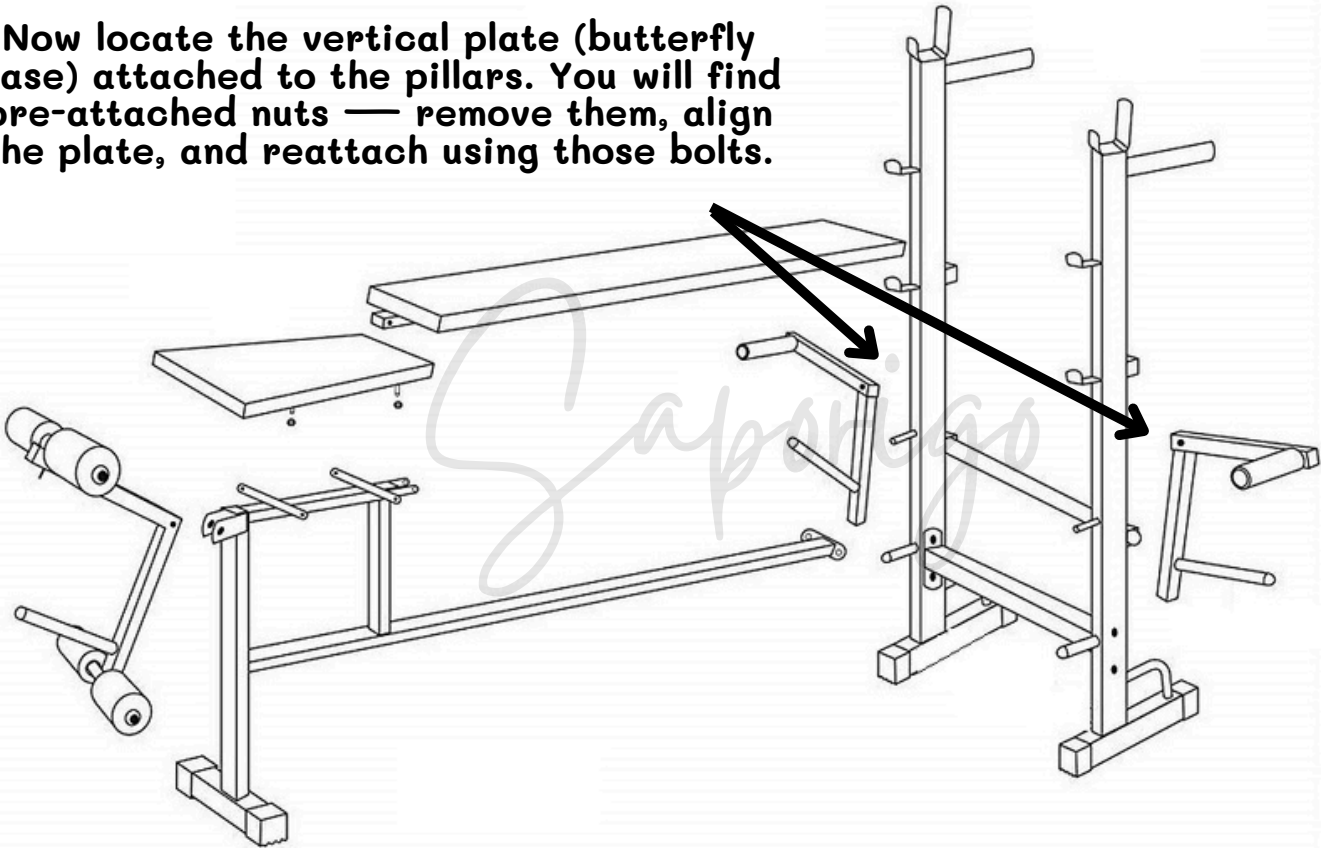
STEP 4

Take the L-shaped leg curl rod. Each side has a 1-inch hole. Insert the two small pipes into these holes. Then, slide in the foam rollers from both sides and lock.

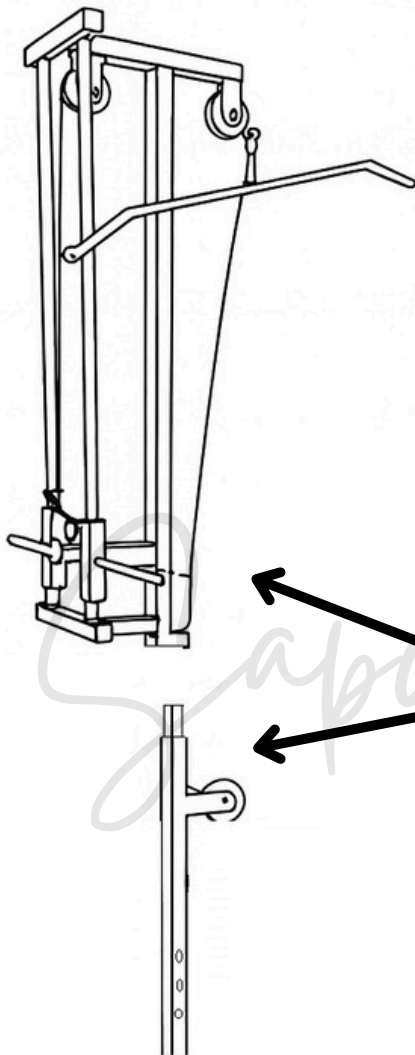


STEP 5

Now locate the vertical plate (butterfly base) attached to the pillars. You will find pre-attached nuts — remove them, align the plate, and reattach using those bolts.

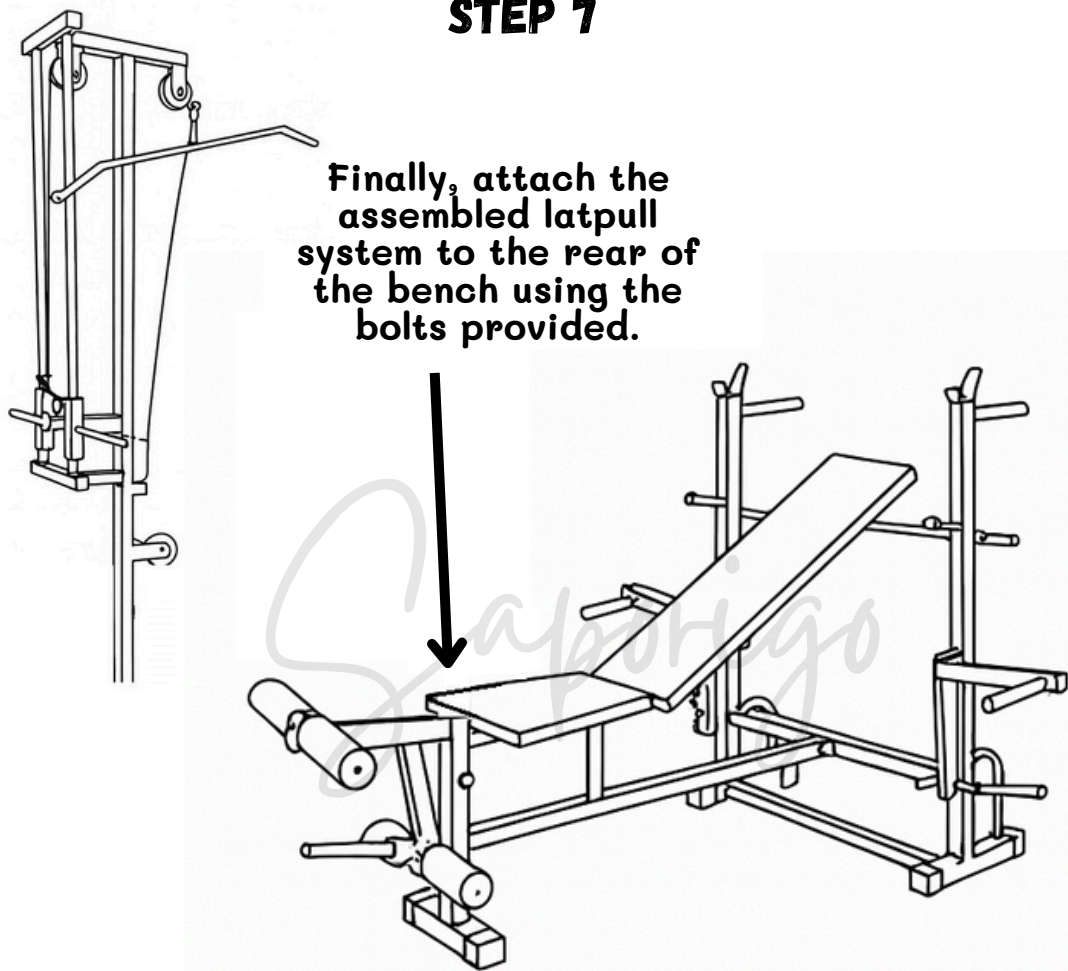


STEP 6

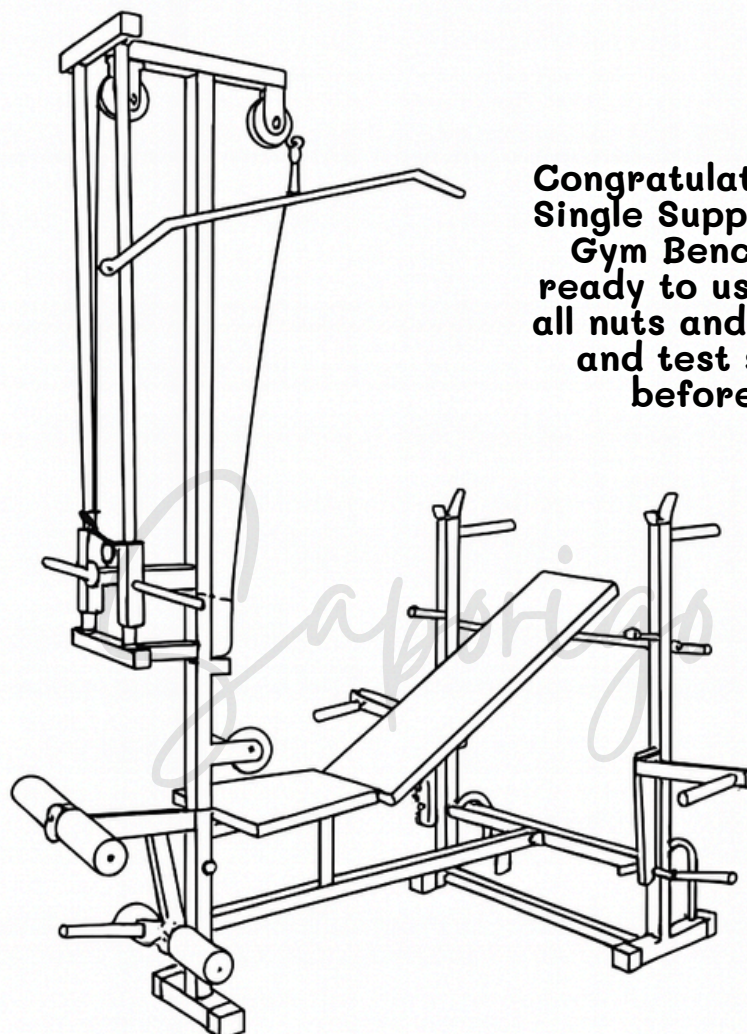


• You will find two parts: the latpull rod and its tail extension. Insert the tail into the latpull frame and fix them together.

STEP 7



STEP 8



Congratulations! Your Single Support 20 in 1 Gym Bench is now ready to use. Tighten all nuts and bolts fully and test stability before use.