



LPSA Big Kid Soccer Program

Pre-Start Week Coffee Meeting & Play (Saturday July 15, 10am - Noon)

Finley Butte Park LPSA to provide Coffee and snacks. Kids are welcome. Planning and scheduling coverage and communication with leaders. Outreach to potential coaches/assistants.

Week 1-2 (July 17 - July 29)

Overview

The first week is like a big play week. All coaches will take a shift (One that may or may not correspond with their assigned practice days) and allow kids and parents to come play at the fields. Kids should be together on the soccer field playing with toys, doing games and of course playing with the soccer balls. The goal of this week is for coaches to see how kids interact with each other and find out which families work best together and with the coaches.

Goals

- Get kids comfortable with each other, the other parents and coaches
- Find out which families want to pair off into teams
- Find out if there are any kids that would be better off in the U8 Soccer Program
- Find out if there are any special needs situations that will require special handling
- Have fun and engage families with the Big Kids Soccer program

Week 3-4 (July 31 - August 11)

Overview

Start Breaking kids into their team groups and seeing how families line up with practice times, skill levels. Focus on deepening relationships between players, families and coaches. Plan on separating the group into teams as much as possible for as many activities as make sense. Coaches should be working together still to learn and grow their skills. Big Kicker Coordinator oversee each coach's activities and tune their practices so they work well for families and players.

Goals

- Deepen relationships and ensure players are ready to be separated into teams
- Formally form teams during after practice coach meetings.
- Formalize a practice plan for each team to be used during individual practices
- Ensure coaches are ready to work with players and families on their own
- Lock down practice days and times for teams to start the following week.

Kick-Off Picnic - Formally announce teams and publish in TL

Week 5-end of season

Overview

Focus on fun and skill building and team building. Games will be held on Saturday using registrar guidelines. Player development will be key for children to move up to the U8 Soccer program.

Goals/Qualifications to move up to U8 Soccer

- Develop attention span on the field of 10 minutes
- Develop enough self control to sit with their team when not playing on the field without parental supervision
- Ability to run a 2 instruction drill without adult intervention at least 5 times through
- Stay safe and emotionally regulated on the field without adult support for at least 30 minutes or more
- Show aptitude to enjoy the social interactions and game of soccer as well as some competitiveness
- Be fully potty trained and ready to use the restroom without parental assistance in U8
- Be able to dribble a soccer ball 3 or more times

- Be able to kick a ball into an open soccer goal from 5 feet away
- Understand which side of the field they are playing on
- Families should have a basic understanding of the following rules of soccer even if the child does not fully understand:
 - Making a goal
 - Out of bounds
 - Whistles and start/stop of game
 - Hand ball
 - Kick-Off's
 - Half-Time