

Freight Health Check

A 10-minute diagnostic for small and mid-sized shippers

INGLIS LOGISTICS

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Professional transportation expertise, packaged for businesses that need better freight decisions before they need a full-time transportation manager.

Answer each question Yes, Sometimes or No. Score Yes = 0, Sometimes = 1, No = 2. This is a practical warning-sign review, not an audit.

#	Question	Yes	Sometimes	No
1	We know our freight cost per shipment and review it monthly.	☐	☐	☐
2	Carrier invoices are checked against quotes, rates and agreed accessorial.	☐	☐	☐
3	We track on-time pickup and delivery by carrier.	☐	☐	☐
4	We know our top lanes, carriers and modes by annual spend.	☐	☐	☐
5	We have current written carrier rates and service expectations.	☐	☐	☐
6	Claims have an owner, documentation checklist and aging follow-up.	☐	☐	☐
7	We budget freight by month and explain material variance.	☐	☐	☐
8	Accessorial causes are coded and reviewed for prevention.	☐	☐	☐
9	We have a backup-carrier plan for critical lanes.	☐	☐	☐
10	Management reviews a concise freight dashboard at least monthly.	☐	☐	☐

Your result

Score	What it suggests	Next step
0–5	Healthy foundation	Maintain a monthly KPI review and address any No response.
6–12	Improvement opportunity	Start with the two highest-risk areas; consider the DIY Toolkit.
13–20	Priority attention	Book an Inglis Logistics review and bring 60–90 days of invoices.

A score is only the beginning. If costs are unclear, accessorials repeat, service failures affect customers or freight decisions consume management time, Inglis Logistics can help identify the highest-value next step. Visit inglislogistics.com to explore the DIY Toolkit or request a review.

What to bring to a review

- The completed Health Check
- 60–90 days of carrier invoices or shipment records
- Current rate sheets or quotes
- A list of recurring service or claims issues
- Your top three freight questions

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