



Lymphedema Association of Nova Scotia

June 2026 Newsletter

Connecting Members, Empowering Professionals

Dear Members and Friends,

As we head into the summer, we want to take a moment to reflect on what we've accomplished together over the past few months and share a sneak peek at the exciting initiatives just around the corner.

Our mission to support individuals living with lymphedema and chronic edema while building stronger connections with healthcare professionals continues to grow—and it is all thanks to your advocacy, collaboration, and support.

With membership continuing to grow and new partnerships being established across healthcare, government, and the community, 2026 is shaping up to be one of the most exciting and productive years in LANS history.

The Last Two Months: Major Milestones for Care & Access in Nova Scotia

We have been working hard behind the scenes to raise awareness, provide support, and expand the network of qualified care across Nova Scotia. Here are some of the major accomplishments from the past two months:

Building Knowledge

We successfully recruited 25 healthcare providers from across Nova Scotia Health to participate in the University of Alberta's *Lymphedema and Chronic Edema Management Course*. This initiative is helping to build a stronger network of healthcare professionals throughout the province with an improved understanding of lymphedema, chronic edema, evidence-based management strategies, and the importance of community partnerships in supporting long-term patient outcomes.

Compression Garment Funding Pilot Study Launched June 1

With invaluable input and assistance from members of our association, we officially launched our Compression Garment Funding Pilot Study on June 1. This initiative is a critical step forward in addressing the everyday management and financial challenges faced by individuals living with lymphedema and chronic edema.

The response has already demonstrated the need that exists within our community. Within the first few days of the program opening, we have received more than 15 applications from Nova Scotians seeking assistance with the cost of compression garments.

How to Get Involved

If you have questions about eligibility or would like to learn more about participating, please reach out through the [contact page](#) on our website.

The application deadline has been extended to **June 30, 2026** to allow additional time for people across the province to learn about and access this opportunity.

Atlantic Canada Lymphedema Zoom Gathering

On June 6, representatives from all four Atlantic provinces came together for a collaborative virtual meeting to discuss common challenges, including access to compression garments, member engagement, and opportunities for regional collaboration.

Participants shared ideas for future educational initiatives, including webinars focused on nutrition, exercise, self-management, and other topics important to our community. The group plans to meet again in August as we continue exploring opportunities for collaboration, education, and advocacy throughout Atlantic Canada.

Pathways Article Published

This spring, LANS was proud to have an article published in *Pathways* magazine, Canada's leading lymphedema publication.

The article, [*Working Together to Improve Lymphedema Care in Nova Scotia*](#), highlighted the progress being made through collaboration between patients, healthcare professionals, government partners, and community advocates. It also shared our ongoing efforts to improve education, access to care, and support services for Nova Scotians living with lymphedema and chronic edema.

We are grateful for the opportunity to showcase the important work happening in Nova Scotia and to contribute to the national conversation about improving lymphedema care across Canada.

Looking Ahead

LANS Yard Sale & BBQ Fundraiser

Saturday, July 25, 2026 | 9:00 a.m. – 2:00 p.m.

Rain Date: Sunday, July 26, 2026

Here is the Facebook Event Link: <https://www.facebook.com/share/1JpDcLWpNW/>

We will be accepting donations of new and gently used items to help raise funds for our upcoming programs, educational initiatives, and advocacy projects.

Keep an eye on our website and social media channels for additional details.

For donation information, please contact Karen at:

lymphedemanovascotia@yahoo.com

In-Person Lymphedema Catch-Up

Date: To Be Determined

Following the success of our recent gatherings, we are planning another opportunity for members to connect, share experiences, and learn from one another. More details will be announced soon.

November Clinical Forum

Planning continues for our November Clinical Forum, which will bring together healthcare leaders, policymakers, clinicians, and other stakeholders to hear from Dr. David Keast and Marize Ibrahim.

Discussions will focus on improving lymphedema care through enhanced policies, clinical pathways, education, and access to treatment. The forum will highlight how appropriate lymphedema management can reduce disease progression, improve patient outcomes, and lower healthcare costs.

This event is by invitation only.

Canadian Lymphedema Framework Conference – May 2027

Mark your calendars! We are already looking ahead to the Canadian Lymphedema Framework Conference in May 2027.

More information will be shared as it becomes available. We will also be seeking volunteers to help support this important event.

Growing Our Community: Stronger Together

Our strength lies in our network. Whether you are living with lymphedema, supporting a loved one, or working as a healthcare professional, you belong here.

If you know someone who would benefit from our resources, advocacy, and community, please invite them to join us.

Why Join the Lymphedema Association of Nova Scotia?

For Community Members

- Access to local support networks
- Educational resources and self-management information
- Opportunities to participate in advocacy and research initiatives
- Updates on funding opportunities and programs
- A subscription to *Pathways* magazine, Canada's leading lymphedema publication, delivered four times per year

For Healthcare Professionals

- Networking opportunities with peers and specialists across Nova Scotia and Atlantic Canada
 - Opportunities to list your practice or clinic on our website and in resource guides
 - Access to training, education, and research opportunities
 - Connections with community organizations and patient advocates
 - A subscription to *Pathways* magazine
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Thank You

We would like to extend our sincere thanks to the volunteers, healthcare professionals, community partners, and members who continue to support the work of LANS. Every initiative we undertake is made possible by the dedication and generosity of people who believe in improving care and quality of life for those living with lymphedema and chronic edema.

The progress made over the past few months demonstrates what can be accomplished when patients, healthcare professionals, volunteers, and community partners work together toward a common goal.

Please help us spread the word by sharing this newsletter with a friend, family member, colleague, healthcare provider, or patient.

Together, we can continue expanding awareness, improving access to care, and strengthening support across Nova Scotia and Atlantic Canada.

[Become a Member or Renew Your Membership Today](#)

Thank you for your continued dedication, passion, and support. We could not do this without you.

Karen Bingham & Sarah Brownlow During
Lymphedema Association of Nova Scotia

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