LANS November Newsletter

A Successful Forum, Christmas Craft Sale & More!

Hi everyone,

What a wonderful week for the Lymphedema Association of Nova Scotia!

Our Clinical Education Forum Was a Success!

On November 4th, LANS hosted *Advancing Lymphedema Care in Nova Scotia: Clinical Education Forum* at Ashburn Golf Club in Halifax.

The Forum brought together an impressive cross-section of healthcare professionals and stakeholders, including physicians, nurses, physiotherapists, occupational therapists, lymphedema therapists, representatives from healthcare organizations, educators, government representatives, and people living with lymphedema.

Having so many different perspectives in one room created an important opportunity for education, meaningful discussion, and collaboration around improving lymphedema care in Nova Scotia.

A special thank you to our guest speakers, Dr. Laurie Parsons and Marize Ibrahim, for sharing their knowledge and expertise, and to everyone who participated in the discussions.

We hope the connections made and conversations started will help move lymphedema care forward in our province and in the Atlantic Region as a whole.

Join Us for Our Christmas Craft Sale Fundraiser – November 14th! 🎄

Our next event is just around the corner!

📅 Saturday, November 14, 2026
🕙 10:00 a.m. – 3:00 p.m.
📍 Sackville Legion

Come out and support local crafters and small businesses while getting a head start on your Christmas shopping!

You'll find a wonderful variety of handmade items, unique gifts, and more. It's a great opportunity to shop local while supporting the Lymphedema Association of Nova Scotia.

Bring a friend, enjoy browsing, and stop by to say hello!

For more information, visit our Facebook event page:

https://www.facebook.com/share/1Qm5mjbcpV/

Have You Purchased Your 50/50 Tickets Yet? 🎟️

Our online 50/50 fundraiser is underway, and we'd love your support!

The more tickets sold, the bigger the jackpot, with half going to the lucky winner and the other half supporting the Lymphedema Association of Nova Scotia. Our goal is to reach $1000 this time and maybe even higher in future raffles!!! What better way to help us out and have a chance for some extra spending money in December!

Tickets are available in the following packages:

- 3 tickets for $10
- 7 tickets for $20
- 20 tickets for $50

📅 Draw Date: December 4, 2026, at 3:00 p.m.

Purchase your tickets here:

https://rafflebox.ca/raffle/lymphedema-ns/

Tickets are available to Nova Scotia residents only.

Even if you aren't able to purchase tickets, sharing our fundraiser with family and friends is another wonderful way to help!

Compression Garment Funding Pilot – Applications Still Open

A reminder that applications for Round 2 of the Nova Scotia Compression Garment Funding Pilot remain open until December 1, 2026.

This pilot project is funded by the Nova Scotia Department of Health and Wellness and administered by LANS. Eligible applicants may qualify for up to $400 toward prescribed compression garments.

Please help us spread the word to anyone who may benefit from this program.

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Thank You for Your Continued Support

Whether you attend our events, share our information, purchase a raffle ticket, or simply help raise awareness, you are contributing to our mission of improving the lives of people living with lymphedema. With all of the energy and awareness our membership is the biggest it’s ever been!

We have accomplished a great deal this year, and we look forward to continuing that work together.

Warm regards,

Karen and Sarah
Lymphedema Association of Nova Scotia