



Newsletter

2024 EARTH DAY CELEBRATION - COMING SOON!

Fit with Daniel will be performing on stage at the 2024 Earth Day Celebration in Downtown Rowlett on Saturday, April 20th at 5:00PM.

Are you interested in joining us on stage or the ground level? We currently have approximately 40 members performing! Reach out to Daniel if you are wanting to join us at this amazing event!

All **Fit with Daniel** Platinum+ members will receive 100x **PlusPoints** which they can redeem for free merchandise.

Keep Rowlett Beautiful's 3rd Annual

Earth Day

Planet vs. Plastics!

April 20, 2024



3D Plastic TRASH-ART Contest

Register for the Art Contest
between March 1 - April 1
Scan the QR Code for Details



Cash Prizes
Awarded in 4 Categories:

- Elementary
- Middle School
- High School
- Adult

Join us from 5 - 8 PM in Downtown Rowlett for Live Music, Food Trucks, Vendor Booths, Games, Art & more!

SATURDAY CLASSES ARE BACK!

Our super-popular Saturday Zumba classes are back at the Rowlett Community Park. Join us every **Saturday at 7:30AM** at the pavilion for a full hour of Zumba. What better way to start your weekend?

CELEBRATING OUR 2024 Q1 BIRTHDAYS, ANNIVERSARIES, AND AWARD RECIPIENT!

On Wednesday, March 27th we celebrated several of our **Fit with Daniel** members who reached several milestones! These included 6-month anniversary, 1-year anniversary, Q1 (Jan. - Mar.) birthday, and we also gave out our Heart of Fit with Daniel award!

Congratulations to all our members and a special shoutout to Yolanda Swanson for being the recipient of the **2024 Q1 Heart of Fit with Daniel** award!



FIT WITH DANIEL'S 2ND YEAR ANNIVERSARY IN ROWLETT!

On Monday May 1, 2024, our Fit with Daniel outdoor classes will officially will be turning two (2) years in Rowlett!

To celebrate, we will be having a special event that evening beginning at 7:30PM. The **first ten (10) people** to show up to class will receive a limited edition **Fit with Daniel** swag bag and mystery gift, while the next **ten (10) people** to show up will receive just the swag bag.

You can already pre-order the new 2 year Fit with Daniel collection from the marketplace. The sooner you order, the faster you'll receive your order!



2025 FIT WITH DANIEL CRUISE - BOOK NOW!

It's official! Fit with Daniel is sailing away once again in 2025 - this time on a relaxing seven (7) day cruise to the western Caribbean onboard Royal Caribbean's Harmony of the Seas!

We will be hosting a second virtual Q&A session on Sunday, April 28th at 6:00PM via our private Fit with Daniel - Members Only Facebook group page.

Check out all the cruise information on our new **2025 Fit with Daniel Cruise** webpage by clicking [HERE](#).



UPCOMING MEMBER MILESTONES!

The following Fit with Daniel members will be celebrating their 1-year anniversary with Fit with Daniel in April 2024: Julieta Macias, Glenda Smith, Cindy Johnson, Rincy Thomas, Monica Bloodworth.

Congratulations! Please join us on Monday, April 29th for a small celebration right after class!
