



Newsletter

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JULY'S MEMBER SPOTLIGHT! NOMINEE - ROSEMARY CEASER

Rosemary Ceaser joined the Fit with Daniel Family in 2024. Learn a little more about Rosemary below:

Tell us a little bit about yourself? - I am a CPA, a wife, and a mother to two sweet kids. I'm originally from Waco and have lived in DFW since 2014.

What encouraged you to try our Zumba classes? - Prior to COVID, I was doing Zumba at my gym in Little Elm. Zumba gives me an opportunity to get away from the demands of work and family and do something that is solely for me.

What's your favorite thing about our Zumba classes? - I love that a majority of our classes are outdoors. The scenery and open air makes it so much better than a gym atmosphere. I also love the people that attend Zumba. I have felt welcomed since Day 1 and our group is so encouraging. I love seeing people of all ages, sizes and abilities come week after week.

MEMBER SPOTLIGHT!

July 2024 Nominee



Rosemary Ceaser
Member since 2024

FREEDOM 5K EVENT HIGHLIGHTS

Fit with Daniel was proud to partner up with Carolina Espinoza from Fairway Independent Mortgage Corporation to co-sponsor the on-route water station at the 2024 Freedom 5K on July 4th!

We also wanted to highlight our very own Jainy Johnson for coming out and representing Fit with Daniel in the race! Great job Jainy!



DALLAS WINGS HALFTIME SHOW - DEADLINE TO SIGN UP!

Fit with Daniel is the official halftime show for the Dallas Wings vs New York Liberty basketball game on Thursday, September 12th at 7:00PM at the College Park Center at UT Arlington.

A performance bundle is required for all of those performing. If you have friends or family that would like to join us, you can purchase discounted tickets at only \$35 through the Fit with Daniel Marketplace as well.

We are offering round-trip shuttle transportation for everyone attending this event for only \$15. The shuttle will pick us up and drop us off at the Rowlett Community Park where we have our weekly Zumba classes. This is an "Add-on" you can add to your bundle.

Last day to purchase discounted tickets will be on August 1st. You can purchase your performance bundle, discounted tickets, and shuttle transportation by clicking [HERE](#).



09.12.24



2025 FIT WITH DANIEL CRUISE - BOOK NOW!

It's official, we are less than a year away! Fit with Daniel is sailing away once again in 2025 - this time on a relaxing seven (7) day cruise to the western Caribbean onboard Royal Caribbean's Harmony of the Seas!

Check out all the cruise information on our new **2025 Fit with Daniel Cruise** webpage by clicking [HERE](#).

