



Newsletter



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JUNE'S MEMBER SPOTLIGHT! NOMINEE - ANNA CASTAÑEDA

Anna Castañeda joined the Fit with Daniel Family in 2022. Learn a little more about Anna below:

Tell us a little bit about yourself? - I am 33 years old and I am a stay-at-home mom of three (3). I love to dance and love the energy I have from Zumba to chase my kids around!

What encouraged you to try our Zumba classes? - I was done being overweight and unhappy. I had started to make a change in my eating habits but saw real change when I started Zumba. Plus my first class was free!

What's your favorite thing about our Zumba classes? - My favorite thing about Zumba is the friends I have made. I love that I can turn around and see so many beautiful people!

MEMBER SPOTLIGHT!

June 2024 Nominee



Anna Castañeda
Member since 2022

FIT WITH DANIEL RIBBON-CUTTING EVENT

On Saturday, June 8th, Fit with Daniel will be having its ribbon-cutting event at the Rowlett Community Park to commemorate our adoption of Saint Andrews In. Following the ribbon-cutting, we will begin the clean up portion of the road! Cleaning supplies will be provided curtesy of Keep Rowlett Beautiful!

We will also have a breakfast potluck afterwards - be sure to bring breakfast snacks/food to share with the group!

JUNETEENTH BLOCK PARTY

Fit with Daniel is scheduled to be the closing performance at the 3rd annual Juneteenth Block Party in downtown Rowlett on Saturday, June 15th! If you are performing on stage with us, be sure to wear your Fit with Daniel T-Shirt or Tank Top!

There will be food trucks, vendor stalls, games and more! Invite the whole family to come out and enjoy this great event!

DALLAS WINGS HALFTIME SHOW - WHAT YOU NEED TO KNOW!

Fit with Daniel is the official halftime show for the Dallas Wings vs New York Liberty basketball game on Thursday, September 12th at 7:00PM at the College Park Center at UT Arlington.

A performance bundle is required for all of those performing. If you have friends or family that would like to join us, you can purchase discounted tickets at only \$35 through the Fit with Daniel Marketplace as well.

We are offering round-trip shuttle transportation for everyone attending this event for only \$15. The shuttle will pick us up and drop us off at the Rowlett Community Park were we have our weekly Zumba classes. This is an "Add-on" you can add to your bundle.

You can purchase your performance bundle, discounted tickets, and shuttle transportation by clicking [HERE](#).



09.12.24



ROWLETT'S SWEET TASTE OF PRIDE - SIGN-UPS

Sign-up sheet for Rowlett's Sweet Taste of Pride event will be posted on the private Facebook group page on Sunday, June 9th at 1:00PM.

This event is scheduled to take place in downtown Rowlett on Friday night, June 28th beginning at 6:00PM. Fit with Daniel will be the closing performance for this event.

2025 FIT WITH DANIEL CRUISE - BOOK NOW!

It's official! Fit with Daniel is sailing away once again in 2025 - this time on a relaxing seven (7) day cruise to the western Caribbean onboard Royal Caribbean's Harmony of the Seas!

Check out all the cruise information on our new **2025 Fit with Daniel Cruise** webpage by clicking [HERE](#).



UPCOMING MEMBER MILESTONES!

The following Fit with Daniel members will be celebrating their anniversary with Fit with Daniel in May!

2-Year Anniversary - Maribel Lopez Garza, Sonja Miller, Candace DeBoer, Kenna Jones.

1-Year Anniversary - Clara Leyva, Ashley Lowery, Francis Avila, Norma Cardenas.

6-Month Anniversary - Blanca Valdivia, Edith Castillo, Patricia Bermudez.

Congratulations! Please join us on Wednesday, June 26th for a small celebration right after class!

WELCOME NEW MEMBERS!

Fit with Daniel continues to grow with new members joining us weekly! Here's a special welcome to the following members who purchased their membership within in the last month: Rocio Ugarte, Sheila Johnson, Karla Sosa
