



# Newsletter

## MAY'S MEMBER SPOTLIGHT! NOMINEE - MARY NIEDWIECKI

Mary Niedwiecki joined the Fit with Daniel Family in 2022. Learn a little more about Mary below:

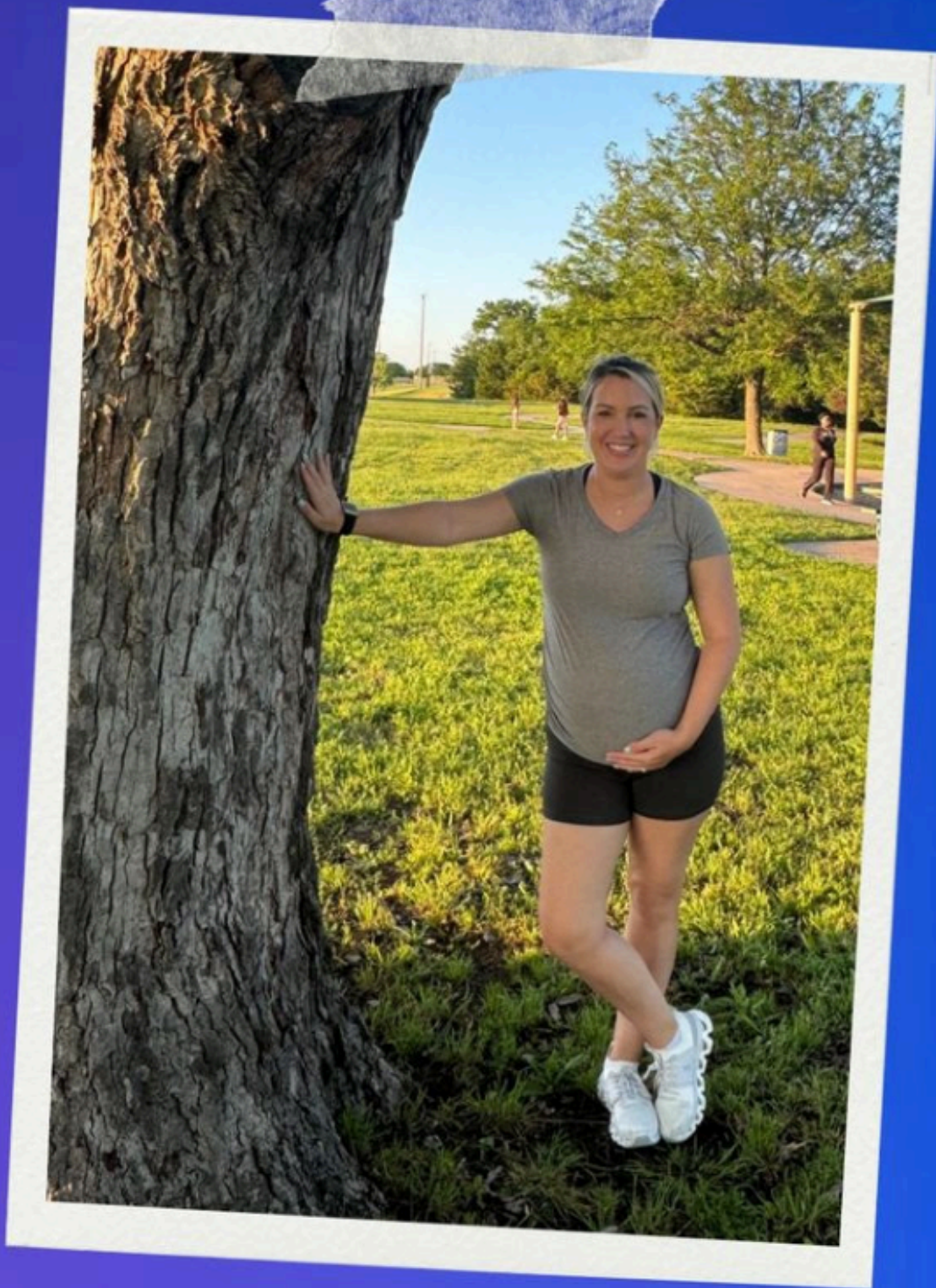
**Tell us a little bit about yourself?** - I am a full time registered nurse and mom of a 2.5 year old girl and expecting a baby boy in October! I am married to my wonderful husband of 8 years and we live in Rowlett!

**What encouraged you to try our Zumba classes?** - I saw Daniel's post on the Rowlett Facebook page back in 2022, and at the time I was 6 months postpartum and knew I needed to find an exercise that I actually enjoyed. I've tried lots of different types of workout classes and exercise programs but never really found one that I loved until I tried Zumba with Fit with Daniel.

**What's your favorite thing about our Zumba classes?** - My favorite thing about this Zumba class is that the moment the music starts my mood just elevates! I always leave Zumba feeling great, it is not only good for my physical health but my mental health as well! It is truly my weekly therapy and my "me time" as a busy mom!

# MEMBER SPOTLIGHT!

May 2024 Nominee



Mary Niedwiecki  
Member since 2022

## HAVE YOU VOTE YET FOR FIT WITH DANIEL? VOTE NOW!

Fit with Daniel and Daniel Cabuya have been nominated by Dallas Modern Luxury for **Best Personal Trainer** and **Best Gym** for the **2024 Best of the City Award!**

To vote, click [HERE!](#)

- Scroll down to the **Best of Fitness** category
- Enter "Daniel Cabuya - Fit with Daniel" under **Best Personal Trainer**. Enter "Fit with Daniel" under **Best Gym**.
- Click **Submit**.

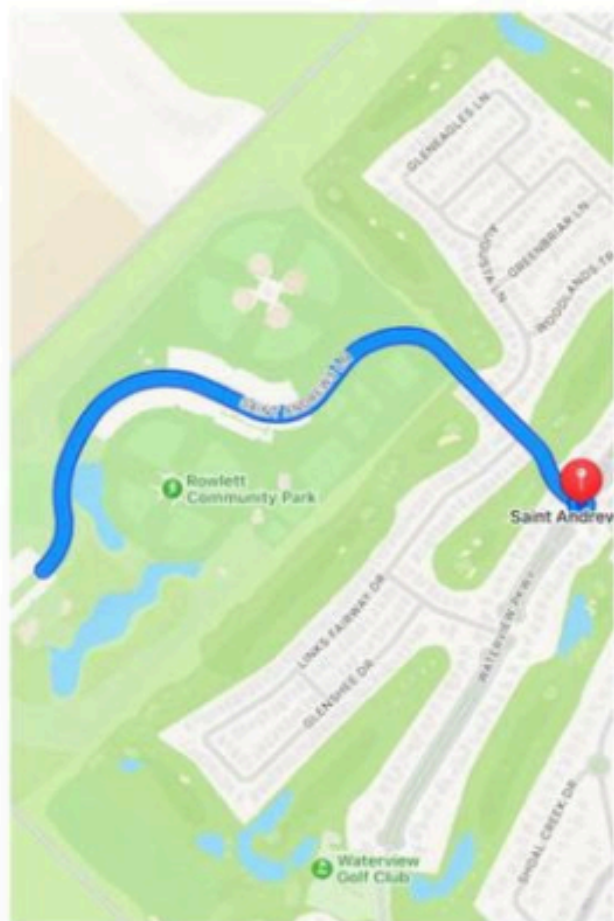


## FIT WITH DANIEL ADOPTS A ROAD IN ROWLETT!

Fit with Daniel has officially adopted St. Andrews Ln. in Rowlett from [Keep Rowlett Beautiful!](#)

There will be an official ribbon cutting ceremony along the new road signs on Saturday June 1, 2024 at 7:30AM along with the first clean up event!

This is a momentous accomplishment which marks the first time in the city's history a fitness club has adopted and will have two road signs at the start and end of their road



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## **FIT WITH DANIEL CELEBRATES 2-YEAR ANNIVERSARY IN STYLE!**

Fit with Daniel has officially celebrated its 2 year anniversary as a business in Rowlett, TX. With over 70+ members in attendance, we broke the record for the largest outdoor Zumba class in the area!

Thank you to all our members who continue to support our business and drive in from all over the metroplex to enjoy our fitness classes!



## **2025 FIT WITH DANIEL CRUISE - BOOK NOW!**

It's official! Fit with Daniel is sailing away once again in 2025 - this time on a relaxing seven (7) day cruise to the western Caribbean onboard Royal Caribbean's Harmony of the Seas!

Check out all the cruise information on our new **2025 Fit with Daniel Cruise** webpage by clicking [HERE](#).



## **UPCOMING MEMBER MILESTONES!**

The following Fit with Daniel members will be celebrating their anniversary with Fit with Daniel in May!

**2-Year Anniversary** - Celina Rhodes, Susan Truett, Christina DeLeon, Claudia Ramos, Beatriz Cano, April Bell.

**1-Year Anniversary** - Heather Lasek, Franci Crockett, Jennifer Gomez, Carolina Espinoza, Glenda Smith, Cindy Johnson, Rincy Thomas, Monica Bloodworth, Rosa Sanguino.

**6-Month Anniversary** - Martha Gonzalez, Priscilla Garcia.

Congratulations! Please join us on Wednesday, May 29th for a small celebration right after class!

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## **WELCOME NEW MEMBERS!**

Fit with Daniel continues to grow with new members joining us weekly! Here's a special welcome to the following members who purchased their membership in the last month:

Cindy Bryant, Lily Greaves, Rosemary Hawkins, Wendy Gomez, Rosalinne Uroza, Rani George, Mercy Chacko, Esperanza Sanchez, DeAngela Denise, Karen Daugherty, Hannah Burleson, Jessica Aguirre, Bianca Moreno, Shivika Panjattan.

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