






Diary Entry 1


May 27, 2025 17:48



These past two months have gone by so fast. I still have that irrational fear that I'm running out of time. I saw a post on Threads saying that a man was 25 years old in the year 2000. That very same man is 50 years old today. I'm in my mid-twenties. Is this fear really so irrational? How has time gone by so quickly?



I need to take time to slow down. I'm aware of that. I ask myself at times why I'm in such a rush when I'm not entirely sure what I want to be doing with my life in the long run. Meanwhile, as I ponder such thoughts, time is passing me by. I had told my best friend that I simply need to enjoy myself right now. I'm in no rush. I'm not responsible for anyone besides myself, and that's a good thing. I will admit it's lonely at times, but then I think of all I've been through, and I realize I deserve this time. And how fortunate am I to have so many options that I often face decision paralysis. I don't mean that to sound sarcastic because it's true. I'm very fortunate, especially to have a family that supports my decisions and trusts that I know what's best for myself. Not that I actually know what's best, but it's my life. It's my choice and I will stick by them or I'll change my mind. Nothing in this life is permanent. It's a lesson I learned early on. It's both a blessing and a curse, one that makes me more appreciative of the good times. I don't know how long they'll last.



I hope you take this as a sign to slow down and appreciate all you have. It's cheesy, but you never know when it will all be taken from you. Take the risks. Color your hair or chop it off. It'll grow back. Love harder, even if your heart breaks. Believe in yourself so deeply that you live out the life of your dreams. These are things I tell myself. Or as my best friend tells me, "Do it for ✨THE PLOT✨" But also don't abandon your long-term goals, your values, and character. In all you do, be true to who you are.



Love,

B



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